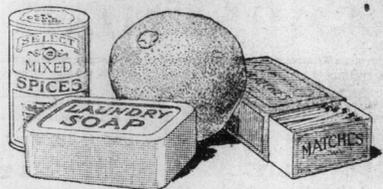


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## Enemies of Tea

If tea is left open near oranges, soap, spices, matches, etc., the tea will take on the flavor of any of these articles. In fact, tea absorbs odors as readily as does butter. This is because of the high temperature at which it is "fired" during the drying process, which makes the tea very sensitive. It thus quickly loses flavor and strength, and goes "flat" if left exposed to odors, dust or air.

### To Protect the Consumer

When you buy a package of Red Rose Tea at your grocer's you get the benefit of the great care we take to protect the consumer, as the sealed package is an armor that keeps out odors, dust and air. It keeps the tea pure, clean, fresh and full strength.

The price printed on the package protects you against overcharge. It is the lowest price for which a tea of Red Rose quality can be sold—a price which allows the grocer only a fair profit.

You will enjoy the distinctive flavor, rich strength and splendid economy of Red Rose Tea. TRY A PACKAGE.



Sold only in sealed packages

## LENTEN RECIPES FOR HOUSEWIFE

**Fish Pie.**  
 Butter a baking dish and sprinkle with crumbs. Place in it a layer of haddock, boned and skinned and cut in small pieces; season with salt and pepper, then lay on enough oysters to barely cover, and crumbs, then more fish and oysters, and so on. Let the top layer be of crumbs. Pour over all a pint of half oyster liquor and half milk, in which 2 table-spoonfuls of butter have been melted. Bake in a moderate oven for 3-4 of an hour. Cover for the first 1-2 hour, then remove cover and let brown.

**Boiled Salmon.**  
 Take 2 pounds of salmon and roll it up in a piece of white cloth and boil 1 hour and a half. Then remove from the stove, and take the skin off. Then lay it on the platter, ready to serve. Boil 3 eggs hard, then slice them round the dish.

**Drawn Butter Gravy.**  
 A piece of butter the size of an egg, soften a little; 1 heaping table-

spoonful flour, 1-2 pint of boiling water; stir until smooth.

**Fishballs.**  
 Six potatoes, pared and cut in half; 3 onions, cut in pieces, put in with potatoes. Take codfish and pick in pieces (one cupful), put in with onions and potatoes; cook all together till done. When done, drain and beat in 1 egg and piece of butter size of egg, little pepper. Fry in hot lard till brown.

**Boiled Bloaters.**  
 Take 2 or 1 bloater, put in cold water, put on stove, boil a few minutes; serve with baked potatoes; excellent for supper or breakfast.

**A Pretty Kettle of Fish.**  
 One quart, stewed tomatoes, 4 pounds fish (any kind), 2-3 cupful butter, 2 onions (sliced thin), salt and pepper.

While the tomatoes are stewing cut the fish into square pieces; have the butter in a deep kettle on the fire; when hot put in the sliced onions and fry them; then add the fish, rub the tomatoes through a colander, rejecting only the seeds, and pour them on the fish in the kettle; add the salt and pepper and cover the kettle close; cook for 1 hour, being careful not to let it burn; when done, the fish will be tender and will look red. Its name exactly describes it—"A pretty kettle of fish."

## Just One Bite

off a PATERSON'S BULK SODA BISCUIT and back comes your Childhood appetite

## And---

there is only one way for you to know how delicious they really are and that's by asking your Grocer for

## Paterson's Bulk Sodas

"Fresh From The Ovens"

## OUR DAILY PATTERN SERVICE

Valuable Suggestions or the Handy Homemaker—Order Any Pattern Through the Courier. Be Sure to State Size.

### GIRL'S DRESS.

By Anabel Worthington.



Fashion surely plays fair with the junior in giving a design like this in a dress. The separate bolero is the feature that counts—perhaps there is none more successful than this style among the models offered for growing girls.

The waist is very simple, cut with a rather high, round neck and with fastening at the back; over it the separate bolero is worn. A ribbon girdle is draped negligently at front, after covering the joining of the waist to a one-piece gathered skirt. The sleeves are set in with a slight fullness and reach to the wrist, where deep, round cuffs of material finish them. Velvet, satin or other fabric, in a shade that will blend with the general tone of the dress, may be used if one wants to add to the effectiveness of the model.

For the edges of the bolero, neck and sleeve cuffs build is the chosen trimming—it looks well and is very stylish. It will depend upon the service the frock is to give whether it will be developed in serge, wool poplin, wool plaid or gabardine—or velveteen, duvetyne or similar fabric. If you are one not posted as to the saving and satisfaction that a pattern makes possible, begin with this simple design and be convinced.

The dress pattern, No. 8,139, cuts in sizes 6-12 years. To make in size 8 requires 3 1/2 yards 36 inch material, 2 3/4 yards braid and 2 yards ribbon. To obtain the pattern send 10 cents to the office of this publication.



### THE SPID ED KING

This is the tale of the furry Spider who ate fairy milk and honey and grew so big that one of his legs cast a shadow like a tree. You know and I know that he built a cobweb castle with turrets and towers and firely lanterns, cobweb hammocks and a cobweb clock tower in which his friend, the Owl, sat and hooted the hours, but do you know that his castle spoiled him dreadfully and put all sorts of notions in his spider head? Oh, my, yes. It was just after the Owl had hooted three o'clock one afternoon from his tower that the Spider, looking up said:

"Who is more important in this fairy forest than I, friend Owl?"

"I," said the Owl at once. The Spider looked amazed.

"You," he jeered. "You! you haven't a castle. You're not so big that one of your legs casts a shadow like a tree."

"I could be," said the Owl, "and easily, too, if I cared to stuff myself with fairy milk as you did. But I don't care to be clumsy. I prefer to be small and wise."

"You're small," said the Spider, "but as for being wise, I have my doubts. You can't even see your way in daytime."

Now this was a sore point with the Owl and he said nothing at all, just sulked, and presently the Spider spoke again.

"I," said he, "am going to proclaim myself the King of the Fairy Forest, and from everywhere came running elves and fairies and sprites, and dear knows what, to have a look at the King."

"Who is more powerful than I?" cried the giant Spider, and never a fairy, never an elf, never a spider answered.

And that very minute along came the Wind with a mighty rush and, not liking at all the boasting way the Spider spoke, he cried out:

"I am more powerful than you!" "Prove it!" cried the Spider. "Prove it!"

And the Wind did. He blew down the cobweb turrets. He blew down the cobweb towers. He blew down the clock tower, and the Owl had to flutter to a tree branch to save his neck.

And when the Wind was through the Spider had no castle. He couldn't King and he had to admit that the Wind was more powerful than he.

"Pape's Diapensin ends all stomach distress in five minutes."

You don't want a slow remedy when your stomach is bad—or an uncertain one—or a harmful one—your stomach is too valuable; you mustn't injure it with drastic drugs.

Pape's Diapensin is noted for its speed in giving relief; its harmlessness; its certain unailing action in regulating sick, sour, gassy stomachs. Its millions of cures in indigestion, dyspepsia, gastritis and other stomach-overs.

Keep this perfect stomach doctor in your home—keep it handy—get a large fifty-cent case from any drug store and then if anyone should eat something which doesn't agree with them; if what they eat lays like lead causes headache, dizziness and nausea; eructations of acid and undigested food—remember as soon as Pape's Diapensin comes in contact with the stomach all such distress vanishes. Its promptness, certainty and ease in overcoming the worst stomach disorders is a revelation to those who try it.

## NEWS NOTES OF ST. GEORGE

(From our own Correspondent) Miss Farquharson of Paris was the week-end guest of her brother.

Mrs. W. Lawson has returned after visiting relatives in Orangeville.

A number of young men from the three local Sunday schools attended the Boys' Work Conference in connection with the Y. M. C. A. held in Paris last week.

Mr. H. Leach spent a few days of last week in Toronto.

Rev. Mr. Brandon attended the funeral of his brother at Wingham this week.

Miss Anna Patten is visiting relatives in Mildmay.

On account of the shortage of coal the services of the Baptist church were conducted in the school room last Sunday.

A patriotic meeting was held in the Library Hall on Monday afternoon to organize a branch of the National Patriotic League. Addresses were given by Rev. G. A. Woodside and Mr. Watt of the Imperial Bank, Brantford. There was a local committee elected with Mr. John Malcolm as chairman. The committee will proceed at once to lay plans for a vigorous campaign in aid of the object promoted by the league.

Miss Muriel Patterson and Miss Mackay spent the week-end in Brantford.

Mr. and Mrs. Roy Collins of Brantford are moving out to the Collins' homestead west of this village. Mrs. Pirman Howell and little daughter have returned home after visiting relatives in Ingersoll. Mr. Chas. Durham of Norwich was the week-end guest of her parents, Mr. and Mrs. James Buckborough. The death of Stella May Kitchen occurred in Brantford hospital on

## BRITAIN CUTS DOWN IMPORTS

Which Do Not Contribute Directly to Prosecution of the War

PREMIER'S PROPOSALS Would Allow Only 25 Per Cent. of Imports of Certain Articles

London, Friday, Feb. 23. — The Times' Parliamentary correspondent writes: "The speech Premier Lloyd George in the House of Commons today will be an event of the first importance. It will announce not only the imposition of drastic new restrictions of imports, but the adoption of a big agricultural programme. Bulky imports which do not contribute directly to the prosecution of the war are to be cut down to the minimum. It is understood that in some cases only 25 per cent. of the existing importation will be allowed. It will probably be found that the articles rationed in this way will include fruit, paper, paper-making materials, silk, wine, ores and timber. These restrictions merely deal with one aspect of the national problem by saving every possible cubic foot of shipping space.

Speeding Up Food Production. In the face of the submarine threat another equally urgent problem is the encouragement of food production on the largest possible scale at home. The cabinet, it is understood, adopted bold measures under this head. Months ago Lord Milner's committee recommended that farmers should be guaranteed a minimum price for cereal crops for a term of years. This expedient will now be adopted. It is understood Lloyd George will announce that the government will guarantee the farmer minimum prices on wheat, oats and barley for a term of at least five years. It is also virtually assured that a minimum price will be fixed on potatoes, though for a shorter term.

The position of the agricultural laborer has not escaped the consideration of the cabinet. The Prime Minister is credited with bold ideas on the minimum wage question. Mr. Neville Chamberlain's voluntary National Service Commission guaranteed 25 weeks' wages to agricultural laborers. Some counties unfortunately have not reached this standard. It is understood that the Premier will make proposals removing the intolerable inequality.

The announcement of further restrictions in the use of grain in brewing is confidently expected. GOVERNMENT OVERCHARGED By Centre Leased Forces. Winnipeg, Feb. 22.—Octav S. Gibault, a former employee of the J. McDermod Company, the present contractors on the new parliament buildings, addressing a public meeting here last night, said the contractors had overcharged the government and asked for a royal commission of investigation.

Sunday afternoon. The news of her death came as a shock to everyone. The deceased leaves to mourn her loss two sisters, Edna of Brantford, and Mrs. Harkness of Bright, and two brothers, Wesley and Lowell, both living near this village. Miss Kitchen was an active church and Red Cross worker, and leaves many sorrowing friends to mourn her loss. The funeral took place from her late home on Tuesday afternoon to the Methodist cemetery for interment. Rev. A. L. Snyder of New Hamburg, conducted the services, and six of Epworth League associates were pall bearers. Joe Campbell, Wm. Taylor, Perry German, Earl Wait, Percy Smith and Osborne Sager. The floral tributes were many and beautiful.

Two sleigh loads of members of the B. Y. P. U. went out to Pappie's Sunday school on Friday evening to a social evening. The members of the village society supplied the program, and the members of Pappie's the lunch. A very enjoyable time was spent by all.

## Rich Yet Delicate—Clean and Full of Aroma.

# "SALADA"

is blended from selected hill-grown teas, famed for their fine flavory qualities. Imitated yet never equalled.

### Be Thrifty!

Good soap is an economy. It is a necessity in the laundry and for all household purposes.

NP SOAP is good soap — none better! N.P. Soap is economical — A big bar costs 15¢ N.P. Soap is thrifty soap!

Extremely Severe

# Dyspepsia

Halifax (N.S.) Sergeant in the C.E.F. Cured Completely by Dr. Cassell's Tablets.

When the war broke out I joined the CANADIAN EXPEDITIONARY FORCE, the Expeditionary Force and came to Europe (this home address, England). I had not been long there, however, when my old trouble returned, and I had to go to hospital. While in hospital a friend told me of Dr. Cassell's Tablets, and I decided to try them. The first box brought such pronounced relief that I continued to take them. To make a long story short, a complete cure was effected.



Sgt. MacNeil.

The above is the frank, clear testimony of a Canadian soldier. He has been cured of extremely severe dyspepsia, which even the healthful life of the training ground could not overcome, and he wishes to tell others that he owes that cure to Dr. Cassell's Tablets.

# Dr. Cassell's Tablets

FREE SAMPLE. On receipt of 5 cents to cover mailing and packing, a generous free sample will be sent at once. Address: Harold F. Cassell & Co., Ltd., 29, Abchurch-lane, London, E.C. 4, England. Sole Proprietors: Dr. Cassell's Co., Ltd., Manchester, Eng.

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Redpath has introduced to Canadian homes every successive sugar improvement from "Ye Olde Sugar Loafe" to the modern Redpath Carbons of Extra Granulated. Made in one grade only—the highest.

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2 and 5 lb. Cartons—10, 20, 50 and 100 lb. Bags. Canada Sugar Refining Co., Limited, Montreal.