

The Country Homemakers

Conducted by Francis Marion Beynon.

DON'T FORGET THE WOMAN'S CLUB NUMBER

Last issue we announced our intention of having a Woman's Club number for October, and asked every woman's organization in touch with The Guide through any of its members to send us a brief report of their work and plans for the future.

But if any of you who are members of any woman's club will mention this to the society to which you belong and see that we get a report of your work before October 4, we will be deeply grateful, as it is our ambition to make this number representative of all the women's organizations of the West, including Women Grain Growers, Homemakers, Home Economists, Women's Institutes and Suffrage Societies, if there are any.

HOW YOU CAN HELP IN YOUR CHILD'S EDUCATION

Yesterday I visited the Household Arts section of the Kelvin Technical School just at closing time. A class of girls had been cutting out hats. One of them came to the teacher, when the class was dismissed and, with genuine tears in her eyes and a trembling lip, assured her that she couldn't do it.

The teacher, who, of course, has a natural aptitude for hand work, calmly informed her that she could and must.

It may have been that this particular girl was only indolent and needed compulsion to make her do good work, but again it was perhaps a case of having no natural aptitude for hand work and of having her energy directed into the wrong channel. It seems to me that in the new enthusiasm for technical work we are apt to let it become just as great a tyrant as the old scholastic education ever was.

Far be it from me to say that children should study only such subjects as they like, for with our present system of education it would be very little any of them would learn. But I do think that children would like their school work far better if they could see any relation between the program of studies and life. In my day we looked upon what we learned at school as something quite outside our daily lives that grown people had arbitrarily decided we had to learn.

This same system of teaching is still in vogue today in most schools. If it exists in your school why not supplement it by a little home tuition.

Suppose, for instance, that you try to make your children see the reason for the study of geography by taking the daily or weekly paper and getting them to hunt up on their maps all the places mentioned in the world's news and tell them what happened there.

If, when we were tiny tots, our teacher had read us a fascinating story out of a book and made it clear to us that by learning to read we would be able to discover endless stories for ourselves I am sure we would have applied ourselves with renewed zeal to our uninteresting recital of "It is a dog." Suppose you try it with the wee one who is backward in reading. Then, if you were to ask that fourteen-year-old son who is, perhaps, a poor writer and speller and not too good at composition to answer one of your business letters you might help to show him the use of application to business when the teacher is trying to improve his writing, spelling and composition.

Again, take this same boy into your confidence and ask him to figure out some problem in wheat returns or weight, or payment of wages and you will have helped materially to make him see the relation between mathematics and life.

Almost every issue of the larger newspapers has some reference to historical events. Talk them over with your children and ask them if they have read about them in their histories. It is the only way to save them from thinking, as we did, that history was all dead and gone and of very little account.

By these and a score of other methods which may occur to you mothers

who read this page you can help your children to realize that education is a preparation for life and has a direct bearing on everyday affairs.

If you can make your children want to learn you have made the teacher's task easy and done the little folk an inestimable service.

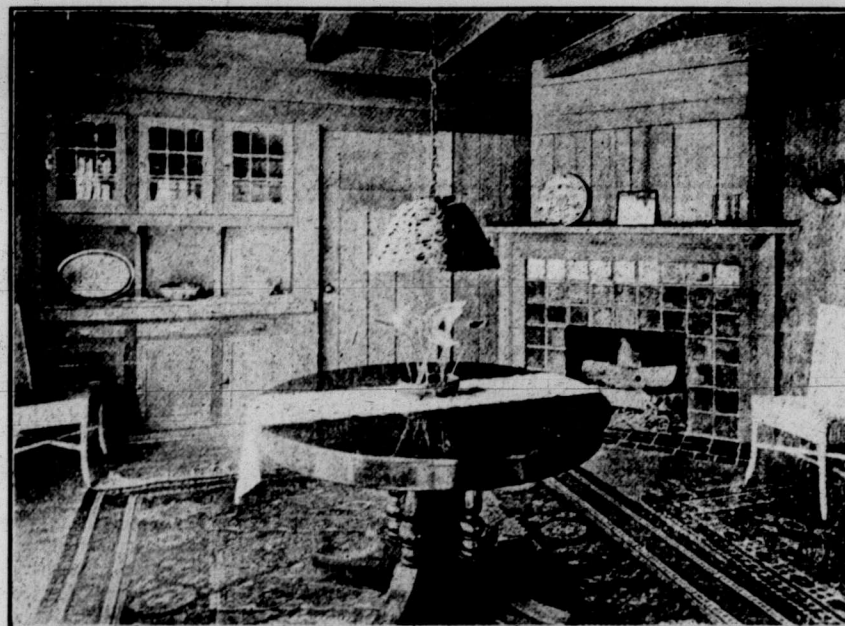
FRANCIS MARION BEYNON.

AN ENTERPRISING WOMAN GRAIN GROWERS' ASSOCIATION

Dear Miss Beynon:—Since The Guide has declared the fact that it is interested in the reports of the meetings of the Woman Grain Growers' Auxiliary, we will be glad to write and let others know of our success along the line of club organizing.

The Woodlawn Women's Club was formed very shortly after the Congress in Saskatoon. Those who attended became enthused over the project of having a worth-while social club, and others readily caught the enthusiasm. A successful entertainment was held in March to raise funds for the club.

At the combined meeting in March the following officers were elected: President, Mrs. Ed. Sparrow; Vice-President, Mrs. Geo. Milne; Treasurer, Mrs. Will Doig; Secretary, Miss Erma



A Splendid Example of the Beauty of Simplicity, of Which I Wrote Last Week

Stocking; Directors, Mrs. Colin Campbell, Mrs. Pollock, Mrs. Gilpin Milne, Mrs. Woods, Mrs. Lloyd, Miss Scott.

The executive officers met at the home of the president and arranged the following program:

May—Gardening. Leader, Mrs. W. Doig.

June—Picnic.

July—Suffrage Discussion. Miss Moore.

August—Health Hints. Miss Stocking, Dr. Grey.

September—Literary Meeting. Miss Irene Moore (Saskatoon Journalist).

October—Bread. General.

The April meeting was a combined meeting of the members. Dr. Henry, District Director from Milden, addressed the meeting and gave a most interesting lecture on the history, work and ideals of the association. He expressed his pleasure in speaking to both men and women, that being the first meeting he had addressed at which both attended. An appetizing lunch made a pleasant diversion from the usual men's meetings. Mrs. Geo. Milne entertained the club at the May meeting. Mrs. Wm. Doig very ably handled the subject of gardening. Her paper was helpful and interesting, and caused a bright discussion of methods in general for raising vegetables. Tomatoes seemed to be the desire and despair of all. Songs were interspersed through the meeting and snapshots were taken of members. A pleasing lunch was served, after which all left, feeling that the first meeting had been a success in many ways.

A picnic was held in June in a grove on "Prairie Grove Plantation," the home of W. S. Stocking. A very large number attended and enjoyed the opportunity of meeting old friends and making new ones. A table was set and ice cream served with the lunch. Sports helped to enliven the day. Fruits and candies for a booth were supplied at cost and a good sum was made to add to the funds. A petition for votes for women was circulated and greeted with general favor.

The ever-interesting suffrage question was taken up in July at the home of Mrs. Wm. Doig. It was agreed that it is unfair to have no control over laws that pertain to the welfare of one's self and child; that questions which pertain to both men and women should be looked at from the points of view of men and women; that, with the broadening of woman's scope of thought an increased brain capacity will be given to succeeding generations.

An appetizing lunch put all again in good humor. There was a pleasant feature of the meeting.

Miss Stocking was hostess at the meeting in August. Dr. Grey, a local physician, lectured on the subject of health. The topics he had chosen were

pleasure of seeing. Yet I know a number of people who are, or were, personally acquainted with yourself when living in this part of Manitoba. It is almost needless for me to say how much I enjoy the "Sunshine" page, and also "The Country Homemakers." Most every sister who writes mentions how much those are appreciated. According to my way of thinking The Guide's pages are all good, and much good is being done throughout these provinces by what is written each week in The Guide. I trust that ere long many of its teachings will take deeper root and bring forth the fruit so much needed in these Western Provinces.

When we women get the vote I trust we can help to make some changes for the betterment of mankind in this country. I must not continue to write, lest I weary you, and I have a request. I see you are the one to write to about those little books, "How to Teach the Truth to Children" and "The Most Beautiful Story in the World." I have a little boy who will be five years 18th of this month, and you may be sure he asks me many questions I am at a loss to know how to answer.

I trust you will not mind the trouble of sending ones mentioned and that they will help me to tell him what is right and best. As I have not given any help—only asking for it—I do not expect to see this in print, but if you have reason to refer to me in any way my old initials, L.E.R., should serve as a pen name.

L. E. R.

TASTY WAYS OF COOKING EGGS

Potato Omelet.—Take a large, freshly baked potato and scoop out the inside with a spoon. Beat this until smooth and mix with it half a saltspoonful of paprika or white pepper, one-half teaspoonful of salt, a desertspoonful of lemon-juice and the yolk of four eggs. A minute or two before the omelet is to be fried fold in the whites of the eggs, beaten to a stiff froth. Fry in a well greased, very hot pan and serve immediately on a hot dish.

Omelet Souffle.—The yolks of two eggs, one-quarter of a cupful of powdered sugar, one-half teaspoonful of vanilla, the whites of four eggs and salt to season. Beat the yolks until light. Add sugar, salt and vanilla. Cut and fold in the whites, beaten until stiff. Butter a baking dish, heap the mixture in it, sprinkle with powdered sugar and bake ten minutes in a moderate oven. Serve immediately. A fruit sauce made from raspberry, cherry, peach, pineapple, apricot or the juice of any fruit served with it adds to its daintiness.

Goldenrod Eggs.—Boil three eggs for fifteen minutes. Separate yolks from whites, chop whites fine, and stir them into a white sauce made of one tablespoonful of butter, one tablespoonful of flour and a cupful of milk. Season with salt, pepper and paprika. Cover the bottom of a platter with slices of toast, from which the crust has been trimmed. Pour over the toast the sauce and chopped whites of eggs, and then force the yolks through a potato ricer and sprinkle over the top. Cut two extra slices of toast into small triangles or "points" and on each lay a sprig of parsley.

Lyonnais Eggs.—Put into a frying-pan or the chafing dish two tablespoonsful of butter or olive oil. When hot add two tablespoonsful of minced onion and one tablespoonful of parsley and fry until the onion is light yellow. Add a tablespoonful of flour and one cupful of milk or good broth. When smooth and creamy add four sliced hard-boiled eggs, and serve on toast as soon as the eggs are heated through. A change in serving is simply to chop the whites of the eggs and add to the sauce; boil up once and garnish with the yolks or the eggs.

The comfort which poor human beings want in such a world as this is not the comfort of ease, but the comfort of strength.—Kingsley.

especially helpful to those living in prairie homes. His listeners became deeply interested and felt they were gaining ideas of value. A few of the topics touched upon were: Value of fresh air; care and food of infants; patent medicines; headache tablets; early treatment of children's deformities; antidotes for poisoning from such as formalin, medicine tablets, etc.; and diseases caused by secretions from fly. The members enjoyed and appreciated the lecture. Miss Stocking gave a short reading on "Health Through Right Thinking," bringing out the idea of the pre-eminence of mind over matter and of the power of thought.

Ice cream, frozen with home-grown strawberries, was served.

It was decided to hold the September meeting at the school house. The topic being "Literature," and of general interest, it was decided to make the meeting an open one. Miss Moore, society editor of The Phoenix, Saskatoon, will lecture.

The ideal set forth by the club has been that the meetings are to be for social intercourse and exchange of ideas, and this ideal is on the way to being realized.

ERMA STOCKING, Secretary,
Woodlawn Women's Club.

APPROVES OF GUIDE

Dear Miss Beynon:—I have often thought of writing the Guild, but just somehow I never knew what I would most like to say, for I am a poor hand to write to people I have never had the