

THE  
**DOMINION BANK**  
PAYS SPECIAL ATTENTION TO  
**SAVINGS ACCOUNTS**

THE  
**HOME BANK OF CANADA**  
ORIGINAL CHARTER 1854  
QUARTERLY DIVIDEND  
Notice is hereby given that a Dividend at the rate of Six Per Cent. per annum upon the paid-up Capital Stock of this Bank has been declared for the three months ending the 28th of February, 1909 and the same will be payable at its Head Office and Branches on and after Monday, the 1st day of March next. The transfer books will be closed from the 14th to the 28th of February, both days inclusive.  
By order of the Board,  
JAMES MASON, General Manager.  
Toronto, Jan. 23, 1909.  
Head Office 8 King St. W., Toronto  
SIX OFFICES IN TORONTO

**The Pioneer Trusts Corporation of Canada**  
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GENERAL AGENT  
to those requiring a trustworthy and efficient medium to undertake such duties.  
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**Bank of Toronto**  
Head Office: Toronto, Canada  
Incorporated 1855

each little child is cultivating in the garden of the heart. Mamma had likened a spirit of love, gentleness, and modesty to the dear little violets, harebells and lilies of the valley, which are humble and delicate, seeking the shade. Kindly temper, helpfulness and cheerfulness, she thought, were like roses and heliotropes and verbenas or anything else bright and lavish of bloom, or of sweet perfume; while truth and perseverance and generosity are surely like grand trees of sturdy growth and widespread shelter.

But when she came to the weeds, what a dark list it was! Ill-temper, envy, self-will, pride, falsehood, selfishness, vanity—ah, me! No wonder

MADE IN CANADA  
**ROYAL YEAST CAKES**



Best Yeast in the World  
Sold and Used Everywhere

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the poor little gardener felt discouraged as mamma pictured the thorns and thistles and coarse unsightly roots choking and enfeebling the tender flowers. And the very saddest part of it is that these weeds seem to come up of themselves and thrive without a bit of care, in spite, indeed, of a good deal of stamping down. Sometimes they will spring up all at once when you think you have quite killed them out, while all the time the flowers have to be patiently and carefully tended.

Madge began jotting off on her fingers:

"Pride; yes, I know it's pride when I feel ever so much better than poor Nettie Gibbs because I get higher marks at school than she does, when all the time I know she has to help her mother and don't have so much time for study as I have. Self-will—that's when I think I know better than you, mamma, where I ought to go and what I ought to do and want to have my own way and not give up. Ill-temper—yes, that comes along with the self-will—when Missie can't have her own way! Vanity? Yes, indeed; I was pleased enough when I went to Sunday School this morning and saw that my new dress was finer than Lucy Rand's and that she thought so too. Falsehood—I don't tell lies, do I, mamma?"

"No, dear, you do not; but be sure not to let any little shoots of deception spring up about your studies or anything else, for they strengthen fast into vigorous habits of untruthfulness."

"I'll be careful, mamma; I have so many weeds growing I can't afford to raise any more, I'm sure. Then there's selfishness—oh, dear! I do like the best place at the study-table, and the biggest dish of berries, and I hate to divide my candy, and I hate to give up a comfortable seat and a good book to oblige any one. Nothing but weeds, you see!"

"Don't be discouraged, my dear little daughter. Any one so industrious at spying out her own weeds must surely find a way of rooting them out, and must have been, I think quietly cultivating one lovely little flower called Candor."

"Oh, mamma, how can I make all these flowers grow in my heart?"

"You can only do it by the help of the great Gardener, who alone can plant seeds of beauty and goodness there. He waits to hear every earnest prayer for help. He will water the tender plants with the dews and showers of His grace, and beam upon them with the sunshine of His love. But you must watch continually against the enemy, who is always on the alert to sow the seeds of all evil. It is a warfare which must go on as long as life lasts, for the soil of human nature in these poor hearts of ours is much better adapted to the growth of weeds than of flowers—to the fostering of evil rather than good.

When writing to or purchasing from Advertisers mention the Canadian Churchman

**The Stomach of the Child**

Is The Organ All Parents Should Protect and Keep Normal.

The stomach of a child is the organ above all others upon which the future of a child depends. Bodily development is fast in children, and the nourishment necessary to meet such development is the one essential demanded from a parent. Most mothers and fathers, jealously guard a child from the formation of bad habits, yet in this age our children early become the victims of wrong food, over eating and irregular meals.

It is most appalling to know the effect of stomach troubles among our children.

Most children who are nervous, irritable and cross, who dream, sleep restlessly, who tire easily and have no desire for child exercise, generally have stomach trouble, indigestion and dyspepsia.

Stuart's Dyspepsia Tablets are intended to thoroughly digest food and to place the system in shape to obtain all the nourishment it needs from such food.

These tablets mix with the juices of the system, enriching them and giving to the body the ingredients necessary to build up the rapidly forming brain and body of the young.

Stuart's Dyspepsia Tablets should be given to children after each meal and at bed time. They are made from pure vegetable and fruit essences and contain no harmful chemicals whatever. The use of these tablets will give greater vim to a child in its school work or at its play. They will produce appetite and soothe nerves, destroy abnormal cravings and will allay the bad effects of sweets and such improper foods as most children enjoy and will eat no matter what is done to prevent it.

It is due the child that his stomach be protected by the parent, and if Stuart's Dyspepsia Tablets are given after meals, the habits of the child will not tear down the stomach and destroy the digestive juices nearly so rapidly. Stuart's Dyspepsia Tablets are given to each and every degree of life. Any condition of the stomach welcomes them, from the strongest to the weakest. For sale by all druggists, price 50 cents. Send us your name and address to-day and we will mail you at once a trial package free. Address F. A. Stuart Co., 150 Stuart Bldg., Marshall, Mich.

When we trample down a vile weed, it will be sure to start up afresh—even if we tear out the very roots of some favourite sin or cherished indulgence some other will start up in its place.

"So there never will be any rest from pulling up, or trampling down, or tearing out, mamma?"

"Never, dear, till these flowers of the heart shall be transplanted to the gardens of the Lord, to bloom in the brightness of eternal day."

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