

Mothers' Section

Continued from Page 58

Four years in college and two in the theological seminary, working my way and spending my vacations in earning money undermined my health. I had to give up the ministry, but I resolved when I entered business that I would carry with me all the ideals and principles that had been mine when I planned to be a minister of the gospel. All in all, I think it easier to practice than to preach; but I have had to modify a number of my theories, often very much to my sorrow.

"I started family life with daily worship and maintained it with increasing difficulty as the responsibilities and cares of business grew. Finally—and I confess it with sorrow—I gave it up. It was almost impossible to get the family together at any time in the day, and the hurried, perfunctory attempt grew wearisome and unprofitable, and I doubt if its value repaid the effort. I gave it up, and, although I am unhappy about it, I do not see a remedy."

A similar experience has occurred in many homes. It must be confessed that regular family worship is nearly obsolete, yet the custom involves much that is precious.

It may be true that the old-fashioned forms and methods of conducting family prayers are not well adapted to the modern home with its great variety of demands and interruptions; yet any home is blessed that can gather its members for even a quiet two minutes for a united upward look. A single verse of Scripture, a good thought upon it and a moment of united prayer would bless the family life of America and unify the higher interests of the home as almost no other one thing could do.

In the midst of so many interests that tend to disintegrate home life—the separation of the children into different rooms at school and into different groups of friends outside, and the diverging avenues of life open before the feet of the older members—every influence is to be cherished that daily unites all dwellers under a common roof in a moment of uplift and inspiration. If the morning meal could be preceded or followed by a few minutes of devotion, home life would gain a quiet and repose that would have vast value for bodily health, for poise of spirit, and for all that is best in character.

THE LAST SHIFT

By Mary Carolyn Davies

God did not finish the world He made,
but left to us the last;
Why should we cringe or be afraid, why
should we stare aghast?
See! it is work for a master hand, steady
and firm and sure,
Building a world that is built to stand,
to stand and to endure.

A man's work, a man's work, here, lend
a hand, you're needed.
What if a thousand men have failed
where one man has succeeded?
We're not the stuff for failures—bend to
the task again,
Thank God, He left us a piece of work
that is big enough for men!

There's need of many a toiling man, and
need of men who dream,
For dreamers are the ones who plan the
building, beam on beam;
Shoulder to shoulder, breathing fast,
eager and tense and glad,
Oh, thus, like the men in ages past, we
work for the Master, lad.

A man's work, a man's work, here in the
broiling sun,
Giving our muscle and brain to do the
task God left undone,
Shoulder to shoulder working on, till our
backs refuse to bend—
A man's work, a man's work, and a man's
wage at the end!

To Asthma Sufferers.—Dr. J. D. Kellogg's
Asthma Remedy comes like a helping hand
to a sinking swimmer. It gives new life and
hope by curing his trouble—something he has
come to believe impossible. Its benefit is too
evident to be questioned—it is its own best
argument—its own best advertisement. If
you suffer from asthma get this time-tried
remedy and find help like thousands of others.

The Kitchen

Meat with Macaroni

Chop two cupfuls of cold meat, add one tablespoonful of chopped parsley, the beaten yolks of two eggs, salt, pepper and powdered nutmeg to taste. Heat one tablespoonful of butter in a saucepan, add two tablespoonfuls of bread crumbs, one-half cupful of stock or water and the meat mixture. Divide into small greased molds or cups. Set the cups in a pan half filled with boiling water and bake in a hot oven for twenty minutes. Turn out on a hot platter and serve with nicely seasoned cooked macaroni and hot white sauce.

Bath Buns

Mix well together one pound of flour, half a pound of butter, five eggs, and half a cup of good brewer's yeast; set before the fire to rise: when risen add a quarter of a pound of sugar, one ounce of caraway seed, make in small buns, let them rise again for half an hour, then bake in a hot oven for half an hour.

Graham Bread

Scald a pint of milk; add half a pint of water; when lukewarm add one yeast cake dissolved in half a cupful of water; add a tablespoonful of molasses, a level teaspoonful of salt, and sufficient graham

flour to make a batter that will drop from a spoon; beat for five minutes; cover and stand in a warm place, 75 degrees Fahrenheit, for three hours. Add one pint of graham flour, beat again; pour in three greased square pans; cover and stand aside for one hour. Bake in a moderate oven for three-quarters of an hour.

One, Two, Three, Four Cake

One cup of butter, two cups of sugar, three cups of flour, four eggs, half cup of milk, a little salt, flavoring of lemon peel or lemon brandy, two teaspoonfuls baking powder. Method:—Beat the butter and sugar to a light cream. Break in the eggs one at a time. Mix the flour, baking powder, and salt together, and

Continued on Page 60

Elgin Watches



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The Railroad Man

"On time? Yes, sah, we ah right on de dot!"

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And all the while you slept, the mighty engine was rushing on through the night—the engineer checking his Time by his Elgin from station to station—and the conductor reporting "On Time" at every stop.

"On Time" spells achievement not only in railroading, but in every walk of life. Let the Elgin direct you.

Keep your appointments by The Elgin and you will always be on Time.

There is a Jeweler in your vicinity who carries a pleasing selection of Elgin watches—faithful guardians of Time.

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