CHATS WITH YOUNG MEN

PENANCE Mortal! if e'er thy spirits faint,

By grief or pain opprest, Seek not vain hope, or sour com plaint,

To cheer or ease thy breast.

But view thy bitterest pangs as sent
A shadow of that doom,
Which is the soul's just punishment
In its own guilt's true home.

Be thine own Judge; hate thy proud

heart;
And while the sad drops flow,
E'en let thy will attend the smart,
And sanctify thy woe.

-Cardinal Newman

COURTESY TO GOD

"Punctuality is the courtesy of kings"—this has been attributed to Louis XVII. It is also the duty of a gentleman. We all have our opinions concerning the late comer to the theater or concert, the one to the theater or concert, the lights. who arrives just after the lights have been lowered and makes everyand an abundance of apologies, but the audience does not hesitate to pour out malediction on him just the same.

and from time to time making little ejaculations of petition, love or praise, or placing myself in spirit in the presence of God.

20. I will more frequently visit

The geese flew up in the air and a good stew for his dinner.

The geese flew up in the air and the same.

People seem to forget the law of reopie seem to forget the law of courtesy when it is a question of getting to Mass on time. The clocks all seem to run slow starting with Saturday at midnight. But the worst phase of the case is that they patron saints, etc. being there, but simply wished, as it were, to patronize Almighty God and play the part of a magnanimous soul. They imagine the Church is only too glad to have them present only too glad to have them present sould be like a father to my servants and employees, treating them generous and promoting theirspiritual and be and promoting theirspiritual and treating them.

are to be pitied if anything. They forget that they are the honored guests, that the Lord God of Hosts entertaining them, that He has invited them to unite themselves in the noblest and most sublime act that it is in the power of man to perform. Let them apply their rules of politeness then! Let them realize that, if it is considered a breach of etiquette to come late to ape those of when attending the social events of greater means. mere mortals, it is a thousand times more a lack of common decency, to the least, to habitually arrive five or ten minutes behind the hour (through their own fault) at this sacred event in which the angels of heaven and God's elect are participating. Let the dilatory Catholics, who, willingly and knowingly, always comes late on Sunday morn-ing, realize what their crime is. They are disrespectful to God, they are a distraction to the priest, and a cause of scandal to the congrega tion who cannot help but begin to know them after so many repeated Sundays with its same sad story. -Catholic Universe

PRACTICAL RESOLUTIONS FOR THE NEW YEAR

I will never let a day go by without giving at least a few minutes to the study of Christian Hast Thou a word of love for some

I will never sit down to eat or rise up from the table, wherever I may be, without making the Sign rade so fair. of the Cross and offering up a Within its heart is sad :

prayer.
3. I will do all I can to encourage and promote the practice of united But few are glad. prayer in my own household.

of sacred things, the most reverent and significant, language at my Oh! guide my willing feet

I will always lift my hat or 5. I will always lift my hat or the way, make the Sign of the Cross when Needs counsel sweet; Blessed Sacrament is reserved, and when I meet a priest or religious in With tenderness of Thee a public place.
6. I will always lift my hat or

make the Sign of the Cross, and at Bid sorrow flee! the same time say a prayer for the soul departed, whenever I meet a procession or pass a door hung with

funeral crepe.
7. I will set apart one-tenth of my net income for almsgiving and the support of religion.

will always have a crucifix on the walls of my bed-chamber, and, if possible, near my usual post in my office or workshop.

9. I will try to become more familiar with the Divine Office and the liturgy and ritual of the Church; especially the Ordinary of the Mass, the Recommendation of a Departing Soul, the Office of the Dead, and the Little Office of the

God's benefits.

13. I will always unite in spirit creation.

munion.

17. I will slways make the responses to the English prayers said after Low Mass, and all the responses called for in other popular devotions, in a clear firm voice, regardless of whether or not other regardless of whether or not other responses called for in other popular devotions, in a clear firm voice, regardless of whether or not other regardless of whether regardless regardless regardless regardless regardless regardless regardless rearly regardless regardless regardless regardless regardless regar members of the congregation are sufficiently intelligent and faithful

over prayers not indulgenced

have been lowered and makes everyone stand up to allow him to reach
his proper place, perhaps in the
middle of the row. Of course
there will be a profusion of excuses
and an abundance of apologies, but

Jesus in the Tabernacle.
21. I will assist at the Holy

are so indifferent about their tardiness. They saunter into church as if they really had no obligation of being there, but simply wished, as it were, to patronize Almighty God tweet were, to patronize Almighty God equals with courtesy and my infersion of one of their number. The thieving servant, indeed, didn't the following servant, indeed, didn't to contract the contract of a magnetic servant.

ly, and promoting theirspiritual and temporal interests, so far as I can without offense or officiousness.

24. If I am a servant or emany words at all, but a guilty construction.

ployee I will make my em-ployer's interests my own, and serve him as faithfully in his absence as when he is overseeing

my work.
25. I will dress in accordance with my state of life, and not try to ape those of a higher position or

I will subscribe to a good Catholic paper before I do to any daily newspaper, and to a good Catholic magazine before I do to any secular magazine.

27. I will never purchase success by dishonest practices or by a denial of Catholic principles. 28. I will do all I can, by prayer

and personal labor, within the limits of discretion, to promote the conversion of sinners to God and of separatists to Holy Unity. - Catholic

OUR BOYS AND GIRLS "WHAT WILT THOU HAVE

ME TO DO" Hast Thou, my Master, aught for me to do

poor soul That mine may say

made so fair, Thousands are lonely, thousands

I will always use, in speaking But which among them all is mine

To some poor soul, that, fainting on

I pass a church or chapel where the Or into some sick room where I may speak And showing Who and what Thou art, O Christ!

Or unto one whose straits call not for words-

To one in want-in need : Who will not counsel, but would take from me A loving deed.

Surely, Thou, hast some work for me to do;

Oh! open Thou mine eyes,
To see how Thou wouldst have it And where it lies.

THE WILD GEESE OF WEDUNA

When one remembers that all wild animals were tame before the Blessed Virgin.

10. At Mass I will always beat my breast thrice in token of contrition and humiliation before God, the contribution and the little Office of the second that the contribution and the little Office of the littl at the Confiteor and the Domine non sum dignus.

11. I will always cross my forehead, lips and breast at the reading of the Gospel.

The Confiteor and the Domine non sum dignus.

The Confiteor and the C 12. I will always unite in spirit with the celebration in offering the Holy Sacrifice of Colvary for my own sins and those of the whole world, and in thanksgiving for all Cod's benefits.

Trol over Deast and Dird and Insn. Enough to start any young fellow off in fine shape, eh?"

"I should say so," agreed Harry.

"I should say so," agreed Harry.

"A nickel is a small coin, too," said Mr. McIntyre. "But let's do

in the prayer for the living just after the Preface and in that for the dead just after the Elevation of the dead just aft the Chalice.

14. I will make a Spiritual Communion whenever I cannot make a real one—communing in spirit with Jesus offering myself to Him and inviting Him to enter spiritually invitation invitation invitation invitation in the total your abou

into my soul by His grace and the gifts of His Holy Spirit,

15. I will always make a real away. The princess told him to dropping on one knee, when I enter or leave my seat in church, and whenever I pass the high altar or that at which the Blessed Sacrament is reserved. whenever I pass the high altar or that at which the Blessed Sacrament is reserved.

16. I will always kneel upon both knees and bow my head in adoration for an instant, whenever I enter a church or pass an altar where the Blessed Sacrament is exposed, as during the Forty Hours, or at Mass between the first Elevation of the Host and the end of the Communion.

17. I will always make the re-

> Now, not one of the wild fowl Now, not one of the wild fowl used its wings; but, like so many unfledged chickens, they marched before Roslyn, with their necks bent down as if in shame. Arrived at the palace, they were turned into an enclosed yard and kept captive until the following morning. Then the princes went to ing. Then the princess went out to them, and, bidding them not to return to the fields, gave them leave to fly away. A servant of

apparently took stock of their numbers; for, instead of departing, they kept flying all about the princess' house, making a great noise as if complaining of the loss of their comrade. The sky was covered with their scattered forces, and it would appeared that they tion of one of their number. The thieving servant, indeed, didn't have any doubt about it; he felt quite sure they were saying: "What is the reason, lady, that one of us is kept prisoner, when out of the kindness of your heart you have

Of course the geese didn't use any words at all, but a guilty conscience can translate even sounds. Anyway, St. Wereburg went out doors, and, after listening to the clamour for a minute or two, seemed to understand what it was all about. She summoned her servants, and demanded to know who had detained one of the geese. The guilty fellow confessed, and brought the bird to the saint, who at once set it free to join its companions.

Whereupon the immense flock, substituting honks of joy for their previous cries of complaint, sped away. And never afterward, it is said, were the fields of Weduna touched by any of these marauders of the sky .- Ave Maria.

ONLY A PENNY

"You dropped a coin, my boy!" Twelve-year-old Harold laughed. "Only a penny." "It is worth picking up," said Mr. McIntyre, as he secured the penny, using his cane for support.

Harry's face registered disappointment, even disillusionment.

"You think I am a tightwad, Harold, because I bothered to pick up that one-cent piece," Mr. McIntyre said. "That's the way I got my start saving pennics. I'll got my start saving pennies. I'll have to tell you about my fifth

possession. In time, this became a habit, and when I began to get nickles I saved every fifth nickel, and then every fifth quarter, and so on. I'll never forget what I did with these small accumulations, Harry. I bought a runt pig for a dollar, fed him for three months on the same of the same dollar, fed him for three months on slop, with a little chop, and lots of weeds, and sold him for five dollars. I immediately invested one of the dollars in another runt pig. I really feel that the holding out of every fifth penny started me on the road to financial success. You know that old saying about great oaks-'

Harry was visibly impressed. He knew this old friend of his father's was easily worth half a million. That was why the lad was so astonished when he had bothered to pick up a

mere penny. 'So you see sonny, I treat pennies with a little more respect than the average person. It isn't that I'm tight or miserly, or anything like that. Simply a sort of tribute I pay to our smallest unit of cur--because I know so well what it has done for me and can do for

Mr. McIntyre balanced the onecent piece on the end of his finger. "It is a small coin, so small that it has never been counterfeited. Have you any idea how many are lost every twelve months? Harry shook his head.

"Between five and ten million. Enough to start any young fellow

their dealings with the animal a bit of figuring. Say you spend creation.

it. He began by saving the one-cent pieces, the nickels, and such other small coins as he could spare. He bought a bond with his first \$50.

He bought a bond with his first \$50. Then he began to gather another \$50. Today he holds \$50,000 worth of goodbonds! You see, when he had accumulated \$10,000 in 5% bonds, the interest alone would purchase another \$500 bond each year."

"If you don't mind," said Harry, "I'd like to have that penny. I'll keep it for a good-luck piece."

Mr. McIntyre laughed as he handed him the copper coin. "Peace be with thee, my boy; and please don't hold the pun against me. Now go to it. Only takes a me. Now go to it. Only takes a hundred of them to make a dollar. And a hundred dollars—well, you know what that means, and what

The boy tucked the coin carefully away in one of his trousers pockets. "You must watch me go," he said, and striding off manfully down the street waved a cheery good-bye.-St.

CANADIAN PACIFIC

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In connection with the Eastbound sailings of the Canadian Pacific S.S. Montrose on January 23, and the S.S. Montcalm on January 30, a through standard sleeper will be operated by the Canadian Pacific from Toronto direct to the ship's side at West St. John as follows Leave Toronto January 22 and 29,

9.00 a. m.; arrive Montreal 5.40 p.m. Leave Montreal 7.00 p. m.; arrive West St. John (ship's side) 12.20 p. m. January 23 and 30. This direct service it is confidently expected will prove a great convenience to travellers to Great Britain.

Meekness, humility, charity, chastity are the roots of gentleness. They are the fruits of religious training, just as their opposite vices are the fruits of schools that banish God.



Answers for last week. Upper penny."

Harry looked interested, and Mr.

McIntyre continued: "When I was small I seldom got my hands on anything larger than a cent. My covered with pall with patten in anything larger than a cent. My covered with veil, 5 cruets (not covered with veil), 5 cruets (not covered with veil, 5 cruets (not covered with veil, 5 cruets (not covered with veil), 5 cruets (not covered with veil), 5 cruets (not covered with veil, 5 cruets (not covered with veil, 5 cruets (not covered with veil), 5 cruets (not covered with veil, 5 cruets (not covered with veil), 6 cruets (not covered with veil), 6 cruets (not covered with veil), 6 cruets (not covered with every fifth one that came into my curates as one boy said!) and towel,



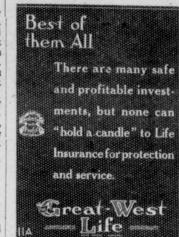
The first seven of these little pictures all come under the same heading. What is it, and what are they? Picture 8 is the scene where What is it, and what are

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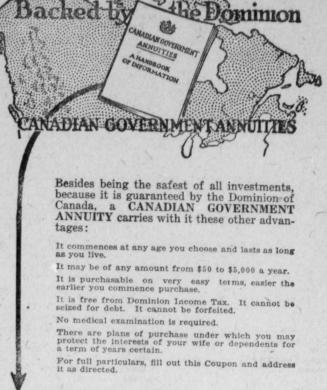
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