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DLIER & CO. Dame St., Montreal, ess of it all! What

at serfdom to Maminted name of Jedearth and sinfulat is mindless and the leaders in the God of culate renown! ic Church is above

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CANADIENS-

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s, que le vrai me et partage emble pour le ouvée.

# Are. You Poisoning Yourself?

HURSDAY, MARCH 17, 1910.

THE bowels must move freely every day, to insure good health. If they do not, the waste is absorbed by the system and produces a self blood poisoning.

Poor digestion, lack of bile in the intestines, or weak muscular contraction of the bowels, may cause Constipation.

•Abbey's Effervescent

Salt will always cure it. Abbey's Salt renews

stomach digestion — increases the flow of bile - and restores the natural downward action of the intestines.

Abbey's Salt will stir up the liver, sweeten the stomach, regulate the bowels, and thus purify the blood.

Good in all seasons for all people.

Abbeys

#### Echoes and Remarks.

The Christian Church began at Nagareth; and, even from the beginning it was divinely committed to the care of St. Joseph.

Another small Canadian bank in trouble. Is it not very strange that such things are still bound to

Oklahoma has taken measures to fight the "White Slave Traffic" in effective way and successful manner. Chicago is fighting as well, against its well-acquired world-dis-

Buffalo is, seemingly, a Mecca of the prurient stage. Of course, New York,-as long sas some of its daidies last,-will welcome what Boston contemns. Honor is on Bosion's side, however.

\$33,000,000,000,000 125,000 persons; \$23,000,000,000 owned by 1,375,000 persons. That in the United States. One-eighth of the people own seven-eighths of the wealth. Yet preachers will, in allcalm, dwell on our "modern civiliza-

One per cent. of the one-eighth own ninety-nine per cent. of the seven-eighths of the country's whole The figures in both our paragraphs are from the "Encyclopedia of Social Reform," quoting Dr Spahr's "Present Distribution

In many things we are ahead of our mediaeval forefathers. Our civilization is based on the income and the outcome of the "Almighty Dollar." It is no wonder we are witnessing social unrest. The preachers, however, ought to be ashamed of defending our modern methods. of civilization.

Parson Amaron is opposed to the civic grant towards the Congress fund. But why did he betake himself to the papers? Surely everybody is aware of the fact that Chiniquy's disciples are opposed to Catholicity and Catholicism. Parson Amaron takes himself too seriously.

More children have been lost through shameless pictures than the world can imagine. Bill-posters from the theatres have already done untold evil. We are glad our Inalong without any of the rot that bad theatricals purvey.

The police might be well employed rounding up bad characters in St. Lawrence Main street, after 8 P.m. How is it young boys and igirls are permitted to gather on its sidewalks so freely and so unconcernedly after dark? How is it, too, that so many questionable "trades" ply their busy methods, in next to all security, in the same street?

The death is announced of Wilfrid Wilberforce, an English Catholic journalist, who was a brother of the late saintly Father Wilberforce, iof the Dominicans, and a nephew marriage of Cardinal Manning. Wilis a good name, especially and all the more ever since the Oxford Movement began. We shall miss the dead writer and his admirable pages of the Catholic World.

Five additional clerks have bee added to the clerical force of the Prussian Ministry of Worship, in order to accommodate those who wish to withdraw from the state church. The number of such withdrawals has now reached the extraordinary figure of 800 a day. England and Russia have shared a like fate, especially the former. Briand's irreligion is multiplying in France.

The spasm of indigestion that characterized the resolution drawn up by the executive of the American Federation of Labor, condemning the execution of Ferrer is explained John Mitchell. At the time the country had heard only one side of the story. He says had the men known then as much as they do now passed. The preachers are furious the truth is out.

If, as Bishop Ingram says, the Anglican Church of to-day is identical with the Church of England before the Reformation, where does the Reformation itself come in? Can the poor bishop not read a word history aright? Ask a Jewish, Chi- Christian sermons of their preachers nese, Japanese, or Hindu scholar, ask any independent witness of worth and learning, and what shall denied in what are supposed to be he say? It is dreadful to hear a Christian pulpits. Then little uniowned by prelate talk as Bishop Ingram does

> Dr. Talmage, the famous preacher, was once asked where the Protestant Church was before the Reformation. He answered asking where man was before he was washed. Clever answer his biographer thinks; but we can find a place for the soap suds, and water. Surely a steamer does not become a wheelbarrow just through the process of a scrubbing !

> Rhode Island abolished capital punishment in 1852, and is now proposing to revert to it. Maine and Rhode Island are two states in which capital punishment is not inflicted; and they have nearly twice as many murders to record as the neighboring States where the penalty is still in force. Iowa and Colorado were forced to revert to the old method. Even France tried to escape, but, alas! what a mess!

In 1909, \$451,540 of United States pension money came cto Canada, \$99,540 went to Germany, \$78,951 to Ireland, \$63,685 to England, \$27,461 to Mexico, \$12,368 to Scotland, and \$10,470 to Switzerland. In the course of a year \$863,607 was paid to 5047 pensioners living in sixty-four foreign countries. Uncle Sam, however, is not depressed: his heart is generous to a degree; he doesn't play the miser. It is not in him to do so

After the Nelson-Wolgast battle, the former's blood, preachers should non-Catholics. Malthusianism fries-Johnson fight in kindly awaited in our civilization circles. If a Mexican could see the crowds gathered to witness the performance, Prof. MacBride might make a few more believe some men have descended from the monkey.

Several Catholic papers have denounced Ralph Connor's "The For-The novel cannot eigner." worth much, since, as the Buffalo Union and Times remarks, a big newspaper has secured control over it. No truly great book surrenders

its legitimate market trade to newspaper. We have no fight with the Weekly Star, but we regret and resent its insult to Catholics.

The United States is going give the Philippines a divorce court. That is one of our Anglo-Saxon appendages of civilization. In meantime, it might be well for our neighbors to "remember the Maine." What of the bones that lie one hundred feet under water? Surely the United States cannot refuse to bury its dead? That is a more sacred duty than is the granting of di-

One of the most noble figures in lead in the the Oxford Movement is that
Thomas William Allies. What sa- Freemasons!

crifices he made for the sake of conscience! What a difference—an ocean of difference-between the noble converts to our Church and the noisy perverts whom the sects admit and Respectable Protestants ought to be ashamed of recognizing the accessions! Newman, Manning, Allies, Faber, Maturin, Benson, Sargent, etc., etc., with Chiniquy, Slattery, Bartoli, etc., on the other side!

An Anglican minister in England book against the Church, from Po- are giving us and are always pleas drecca's foul "Asino." Necessarily many decent Anglicans are shocked; but it is just such doings that prove the final test of heresy's hold on thinking men. Protestantism has ful. We remember the kind-heartalready lost millions on account of edness of the truly Catholic French Montreal, there are many unchurched Protestants who lost faith in have stood for Ireland's right to Christ by reading the anti-Catholic justice, and the gratitude is in our books and pamphlets the preachers offer for sale and reading.

Parson Amaron is, perhaps, guileless poor soul, after all. He really believes that Chiniquy's prooffer the hand and heart of frie paganda has worked wonders in the Province of Quebec, even if French Protestantism has as much influence upon the province as a nail in a loaf can have on the bread. The good ly proved a friend to the "dear Litpreacher does not want to see dollars from honest sources cut off. He is no friend of the Catholic colleges, and believes we are living a tion or standard. the resolution would never have been life of slavery. He is in a desperate state of mind. If his last utterance in the Daily Witness were worth the answer we should gratify his longing.

It is evident, even from correspondence in the Daily Witness, many staunch Protestants in Canada are growing disgusted with the anti-Preachers even are rebuking preach-It is too bad to see Christ versity students want to reform Christ and His Gospel, in the bargain. They are acquiring "a little learning," and seem to be unmindful of the fact that it is "a dangerous The universities, with their thing." philosophy, are unchurching false hundreds to-day. A neutral university is no place for a Catholic for any man who has respect either for his brains or his soul. Some university student-sages need Castoria more than anything else.

It is proper to cheer the hearts of freethinkers in Canada when they remember that, in some Normal Schools and Institutes, young aspiring teachers are given courses psychology that is based on infidelity, and taught by polished pagans of the hour. If the preachers are really in earnest bent on keeping belief in Christ and His Gospel pure and unrestrained, why are they so willing to endure lectures on anthropology that are altogether subversive of Christianity and ite tenets? If a professor were to dare teach his narrow concepts of the world as opposed to the doctrine of God's Church, in one of our schools, would soon earn his "graduation"

Down in Connecticut, although the Catholics constitute but one-third of the entire population of the state, the birth-rate figures amongst them are double and triple, even, in some with both "sluggers" covered with parts, what they are among the in any more jeremiads. The Jef- Even preachers are taking a hand in the nefarious propaganda, They, or their children, shall wake up to the truth of uncomfortable realities before another quarter of a century, if they continue in the path of racesuicide and perdition. But, such things are part and parcel of our methods of civilization, leading features in our programme of social and domestic betterment.

> Strange men with strange ideals are getting into our higher educational circles, thanks to weakness on the part of men in power who know better, want better, and mean better, but who, like Pilate, are ever ready to surrender, through fear and out of love of what Caesar holds in store for them. It is plain, however, that Catholics ought resist with all the strength of their heart and conscience against the encroachments made by semi-pagans on what constitutes our Catholic educational domain. We are not prepared to be the slaves of lunatics or infidels, no more than we are ready to pay tribute to Lucifer. This we must understand, before we are fully menaced with the inroads of infidelity. Let our Catholic societies lead in the work of rejecting the dictates of quacks, cads, and cheap

OUR FRIENDS OF OTHER BLOOD

While we Irish men and women rejoice on St. Patrick's Day, we do not forget that men of other standards are sharing our enthusiasm, and giving us manifest proof of their hearty well-wishes and congratulations. In turn, they know that even if we be refused this quality or that, men will never say that we have not hearts that are generous and grateful. They know that we are glad they are rejoicing with us has borrowed illustrations for his and thankful for the ready hand they ed to give us on each St. Patrick's Day.

We remember that France proved Ireland's friend, and we are thankthe anti-Catholic methods of war-fare adopted by preachers. Even in spend our thanks. We know that hearts. Nor do we forget to thank our valiant sons of Scotland who have fought for Home Rule. Spain and to Italy and to Austria, offer the hand and heart of friendship, in token of our good will and of our thankfulness. To the great Republic south of us we say thanks one thousand times! It has suretle Isle" of our mothers and fathers. Nor are we forgetful of our fellow-Canadians, of whatever sta-

Irish-Canadians mean to staunch and loyal citizens. We are ready to defend the liberties of our constitution. Our statesmen have been among Canada's best, and we are still able and willing to offer more. Canada knows that we easily fulfil the requirements of her standards of citizenship. We Catholic of creed and Irish in blood, yet our hearts are big enough, and our minds broad enough, to know and understand that others, too, have rights. These we have respected and always will, ways thank God!

THE IRISH IN MONTREAL.

The Irish of Montreal! We are not ashamed of the name. The story of our loyalty and fidelity to the Old Land is written in characters indelible on the record-scrolls of our na-We have always shared Ireland's trials and are willing to rejoice with her in all her triumphs. To our city did many of the exiles come, and they have given strong and clean and prosperous men, pure and loving and gentle daughters, to the great metropolis of our beloved Canada. Loyalty to Ireland, and love and respect for the ministers of God's Church have ever been virtues with us.

To-day in Ireland's battle for freedom, we stand on the right side, with the brave Nationalists, and under the command of the illustrious John Redmond. For faction and treason, we have naught but scorn. No foe to the blood and of the blood can, or may, reckon us in his grouping. We are thoroughly, undyingly, unswervingly pledged the ranks of Redmond. Sein-Feinism is synonymous, with us, madness or treachery. Faction

spells selfishness and rage. A brilliant pen lately wrote, in the Catholic Record, of London, Ontario, that the "True Witness is as uncompromisingly Irish as it is ge-uinely Catholic." The words cheeris ed and encouraged us. We mean to spector intends to control them effectively. Montreal can easily get pitying the Mexicans and Spaniards club and family outside the Pale. words faithfully tell what Mantreal Irishmen are, and have always been.

Let us, then, continue in the sure path of true nationalism; but us be full-hearted Catholics, in the bargain, ever faithful to the Church, ever obedient to our Archbishop, ever true and loyal to our priests. We should be the best Irish Catholies in the world. There is nothing in the way to hinder us from de serving the name. Loyalty, then, to Motherland, with unswerving devotion to Holy Mother, unflinching submission to those in authority

#### The Seine Speaks.

There is an old saying: Every man has two countries, his own and France, People instinctively take an interest in the country the Most Blessed Virgin has signally favored. But the Government of France today is made up of the worst men to be found north of the Bad Place. Combes, Briand, Viviani, Clemenceau and the rest of the rats have cast defiance in the face of Heaven. Is the Seine trouble a warning? Perhaps it is only the foreboding of a series. France has scandalized the world, and a nation, as a nation, must be punished in this world. And yet we trust and pray God will spare the French people, in view of France's martyrs and missionaries,

in view of her exalted priesthood, her nuns and her brothers.

The following poem—"The Seine Speaks"—appeared in the Boston Transcript, over the pen of G. Hembert Westley. We commend it to our readers:

Ye thought ye had thralled me and chained me,
And had set the path I should go—
Ye forgot my power but I waited
my hour

And now at last ye know. I have glanced by your palace win-

dows,
I have sped by your halls and homes,

By your courts and quays and your galleries And your stately spires and domes.

I have looked on your toil and your sinning,
I have heard your prayer and your

jest,
And many a soul that was sick
with dole I have borne away on my breast.

I have sought with my changing

waters
To lave you and make you clean, But ye gave no thought to the things that ye ought And now at last ye have seen

I have called down the aid of hea-The storm to my voice has come; I have shown my might and now in affright

Helpless ye stand and dumb. For I and my mighty brothers, Though docile, ye cannot bar;
And our task is set, that ye may
not forget The puny things that ye are,

## The Priests' of Penal Days.

Twas in Ireland, hallowed Ireland, In the sorer days of woe, When the altars of our sireland Were o'erturned by greedy foe. That brave sons were born to mo

ther, Rich but with the wealth of grace Wealth that's richer than all other: With it nothing's bought that's

Called those sons were by their Maker
For the priest of God's career,

To be sharer and partaker To be sharer and partaker In Christ's blessed mission here; Grey-haired sages, too, 'd predicted That the youth should surely be Men to godly deeds addicted— Priests by Heaven's blest decree

From their studies, God-directed And in towns of gallant France, Sprang the outcome all expected, Should their calling's cause a

vance; Pupilled by the world's best teachers Were their necessary features Virtue solid, science sound.

Went they back to Erin cherished, Back to Erin's suffering shore, E'en if by the foe-hand perished Men that 'd done their work before. Priests of God they'd been annoint-

Heroes ready for the fray, Gainst their class foul swords were

pointed; Still their God they would obey! Mong their people did they labor,

Sharing dauntless brethren's toil, Ministering to their grief-struck neighbor— Satan's planning thus to foil; In the sanctified recesses
Of our country's native hills,
Preached they Him who truly blesses
Him who bore all mankind's ills.

Strong with strength of sainted martyr,
Braved they tyrants' fire and spear
With a faith that knows no barter
For the passing goods of fear;
On the altar quaint yet holy, Oft 'neath roof of frowning rock, Offered they, for sinners lowly, Christ, the Shepherd of the flock.

For 'twas treason then in Ireland Catholic worship God to pray; reason for the priests of sireland To enjoy the light of day! Hunted down as felons dreaded: Marked their head for traitor's fee Even tortured, burnt, beh

Thus the land from priests to free! Priestly heroes ne'er can falter: Ne'er can share a coward's sha But their love for God and altar E'en on scaffolds can proclaim! Such the heroes, such forever, True to God unto the last, And in torture true as ever,

Like the martyrs of the past!

Oft by sin-stained spies detected, While they helped the dying poor, (For such hell-bred preyers hovered Round each wood and fen and Seized with savage greed and fury; Hanged and drawn and quartered, too;

too; Without cause or judge or jury; Just as cannibals would do!

In the golden courts of Heaven, In the City of the Blest, Taste they joy that knows no leav-

# THE BEST FLOUR **—— 18** — Self Haising Flour Save the Bags for Premiums.

NOTICE is hereby given that the Beauharnois Light, Heat & Power Company will at the next session of the Legislature of the Province of Quebec, apply for an act amending its charter 2 Edward VII, chapter 72, as follows to wit: by (a) increasing its authorized capital stock and borrowing power; (b) extending the territory in which it may exercise its powers, (c) authorizing the enlargement and extension of the feeder mentioned in section nine of its charter and its continuation to one or more new junction points with the Saint Louis River or its replacement in whole or in part one or more new junction points with the Saint Louis River or its replacement in whole or in part by a new feeder, and if found necessary the changing of the course of a part of the said river; (d) increasing the company's powers of expropriation; (e) authorizing the company to engage in all manufacturing and other businesses using electric power, and to acquire shares and securities of other companies; (f) removing or modifying restrictions now existing on the exercise of its powers, especially those requiring in certain cases the consent of municipal or other corporations; (g) changing conditions under which stock and bonds may be issued; (h) authorizing the company to sell and supply for municipal or other purposes water taken from Lake Saint Francis can't to the state of the supplementations and the saint Francis can't to the repurposes water taken from Lake Saint Francis can't to the saint Fran or other purposes water taken from Lake Saint Francis, and to do that may be necessary to that end and authorizing municipalities to make arrangements with the pany to take water from it.
BEAUHARNOIS LIGHT, HEAT

POWER COMPANY.

By FLEET, FALCONER, OUGHTRED, PHELAN, WILLIAMS &
BOVEY. Its Attorneys.

Montreal, 22rd February, 1910.

Read a about better ceilings. Tells of two thousand designs for every FREE sort of structure from a cathedral to a warehouse-proves why Book kake our nearest office. The PEDLAR People Established Oshawa Montreal Ottawa Toronte London Winniped

Theirs, in God, a well-earned rest!
Hallowed e'er will be their story,
Ever blest their martyr-name;
Endless, yea, their stole-clad glory,
In God's Temple Halls of Fames

True-born men of Ireland's nation, E'er their deeds and death recall, In all hours of dread temptation, Well to guide you "lest ye fall" h Keep that faith, the faith of heroes:

For it priests and laymen died;
It has vanquished countless Neroes;
All their taunts and threats defied.
(Rev.) R. H. FITZ-HENRY.
St. Patrick's Day, 1910.

A story told last week at Irish Fellowship Club in Chicago, helps, in a humorous way, to fasten our recollection of a catechism teach-

ing:
"Father Healy, of Little Bray, and a Protestant minister, Dr. Peacock, both started for the same cock, both started for the same train. Father Healy took the lead and Dr. Peacock told him to walk slow as there was lots of time. He showed his watch to satisfy Father Healy. But the watch Healy. But the watch was slow, and when they reached the depot atter arguing along the way on justification by faith alone the train was gone. "I am sorry," said Dr. Peacock. "I had great faith in my watch. It was given me by my parishioners.") Father Healy replied, "Faith without good works is not sufficient." But the watch was slow

Luther made "justification by faith alone" one of the main doctrines of his revolt. The topic debated for many days in the Council of Trent, and the present teaching of the Church was there definitely stated.

Faith is necessary for salvation, but faith alone is not sufficient; faith must be perfected by charity—good works.—Catholic Universe.

Oshawa You can gain buying from use Fireproof everything in the line of Fire-proof Building Materials for Building Materials for Materials Catalogue for the asking. PEDLAR People of Oshawa

Past their labors, past their crosses;
Past the foeman's bloody glee;
What seemed then their earthly losses
Was their lasting gain to be!
Vain the spears, the blood-stained swords;
With the strength the foe they baffled
Which the help of God affords!

Mentreal Toronty Hallfax, St. John, Whith Past Week's issue will be published full reports

St. Patrick's of St. Patrick's Day sermons.