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the bath, he should take one or two doses of the composition tea, with the addition of either No. 2 or No. 6, or both of them. While steaming, in all cases the internal heat must be higher than the external, by repeating the above named doses, this prevents faintness, and renders the operation both safe and easy to the patient. Should faintness take place at any time while under the operation of the steam, after giving a sufficient quantity of hot medicine, the external heat must be let down by washing the patient's face with a little cold vinegar, should this be ineffectual, apply a little to the stomach, and the faintness will subside. The patient may continue over the steam from fifteen to thirty minutes, or as the case may require. The steam may be raised or let down at pleasure, by immersing small hot stones in the water over which the patient is placed; the water should first be made boiling hot and the steam raised high enough to bring on a free perspiration, with the help of the hot medicine, but not so high as to burn the patient. When done steaming the patient should be lightly washed off with cold spirits, vinegar or cold water; this closes the pores of the skin, prevents the danger of taking cold, and refreshes the patient very much. When the above-named hot medicines cannot be had, others may be substituted in their places, such as red pepper, summer savory, and the like.

The way a steaming stone is prepared is by heating a stone in the fire till nearly or quite red hot, then immerse the stone in cold water till it quits hissing, take it out and wrap it in three or four folds of linen cloth wrung out of the water and one fold of a dry flannel cloth wrapped over the whole. The stone should be about the size of a man's head, and while one or more is applied to the patient, more may be heating, if necessary.

A REGULAR COURSE OF MEDICINE.

First, give No. 2 and No. 6 in a tea of the composition powder, or in a tea of No. 3, then steam; after steaming the patient must be put in bed with a steaming stone at his feet and take a dose or two more of the hot medicine; then take the emetic, No. 1 and repeat as occasion may require to cleanse the stomach; this will also assist in keeping up the perspiration. When the emetic is done operating give an injection according to directions, (see directions). When there are nervous symptoms, or nervous affections, or spasms, add half a tea-spoonful of nerve powder to each dose, and into the injection. In the intermediate times of vomiting the patient should drink milk porridge, chicken broth, or the like.

This operation will be sufficient for once and may be repeated every second, third or fourth day, as the case may require. In