Education with the help of high technology earn a degree using telephone and TV

by NANCY PHILLIPS ong distance education through teleconferencing will be available in Ontario's north this year. A Master of Social Work degree will be offered in Sault Saint Marie, and a French undergraduate women's studies course will be offered through TV Ontario.

A proposal presented to the faculty of graduate studies by the graduate social work department states, "There are no opportunities for graduate studies in social work in northern Ontario. Social workers practicing in the north with a BSW degree can only pursue an MSW by relocating at considerable inconvenience and expense to one of the major urban centres in the south. It is also difficult for social service agencies in

the north to attract social workers with MSW degrees. The result is that agencies in areas like Sault Saint Marie, characterized by significant social problems and needs have relatively few professionals with graduate degrees."

Director of the graduate program in social work Patricia Evans said she received letters from 10 social agencies in Sault Saint Marie requesting the program, as well as from the local branch of the Ontario Association of Professional Social Workers.

A two year pilot project, which will start in September, was set up with a \$31,000 grant from the university. A grant from the Ministry of Community and Social Services is also expected.

Evans said 20 applications have

T-shirts help the China Relief Fund

ou can help the China Relief Fund (CRF) by buying a tshirt in Central Square.Starting on June 17 the Chinese Students' Association will be selling the \$10 shirts, which come in both French and English, said coordinator of the CRF Joseph Twan.

Five dollars from each shirt will go to either the Red Cross, Amnesty International or the Ontario Chinese Students' Association which helps Chinese students who are not going home.

The CRF has already donated

Exquisite Cantonese

\$10,000 to the Red Cross, said Twan

The shirts are being distributed across Canada through the Canadian Federation of Students. The CRF is also trying to sell them in the United States and in other countries printed in different languages, said Twan.

The shirts are also available from the Bethune College Council, said Council chair Chia Yi Chua, as well as in the CYSF office at 105 Central Square.

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been received for the five available spaces. She said, "Our courses on the York campus will be connected by speaker phones to a classroom in Sault Saint Marie." Also, a TA, who will be a member of the full time faculty, will go to Sault Saint Marie from time to time so the students can have some face to face assistance, added Evans

Students will have access to library facilities at Algoma University College, which will be supplemented by inter-library loans from York, states the proposal.

Lorraine Gauthier, the coordinator of Glendon's women's studies program, has arranged for the half course "La femme et la violence" to be on TVO as of January 1990, and "La femme et la politique" to begin in January 1991. She said there is a real need for French language education for Franco-Ontarians. Many people don't have access to French higher education because of the

distance of universities that offer French courses, she said.

Gauthier said there will be 13 half hour lectures broadcast, along with one and a half hours of teleconferencing every week for those enrolled. There will also be a monthly conference in various locations with a professor.

Gauthier's department is currently writing the scripts and getting ready for filming. Applications will be accepted some time in the fall, she added.

security Questionnaire will help security determine community concerns

by NANCY PHILLIPS hat do you think about

York Security? A questionnaire by the Security Advisory Committee will be distributed in the fall to find out.

Committee member Cora Dusk said new and returning students, along with staff and faculty, will be polled to find out how well informed the community is about security, and how safe people feel on campus. The Committee wants to know, among other things, if people are aware of the escort service, whether they want more external lighting, or if they know that parking attendants are not security officers.

The questionnaire will also try to find out if people have changed their behaviour in any way because of concerns about personal security. For example, said Dusk, some people may feel nervous and not change their ways, while others may take some precautions such as not using the library at night.

Dusk said the survey will help security set its priorities by evaluating the main concerns of the community. Likely, students in first year and other large classes will be polled, and the Committee may consider handing out questionnaires in line-ups during registration.

The survey is being done, said Dusk, because, "One always hears that people are concerned about the campus. We want to know what those concerns are, and address those concerns."



security

was found outside the IDA Gallery in the Fine Arts Building June 29, the eve of the visit of President Herzog of Israel. The painting was confiscated by Security.

Couches were defecated and urinated upon in the Senior Common Room in Winters College on July 5. Security responded to an intrusion alarm at the Servery and while attempting to gain entry into the Common Room, an intruder was seen escaping through the rear exit. Damages were estimated at \$500.

A briefcase including all its contents was reported stolen in the Scott Library on July 10. It was soon recovered and it appeared that the complainant had simply forgot where he had placed it.

Two machine loads of clothing were stolen from the laundry room in the residences on Assiniboine Road. The loss was estimated at \$100.

An oscilloscope valued at about \$10,000 was missing from the Behavioural Sciences Building sometime in January, at which time it was assumed that it had merely been borrowed. As it has not yet been recovered, the machine shop supervisor reported it as a theft on July 10, as the feeling now is that it may have been stolen.

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counselling for shopaholics

hopaholism is on the rise in Canada, though few people recognize it as a personal problem, says a Vancouver therapist.

Lisa Barnes, a recent graduate of the University of British Columbia counselling program, defines a shopping addict, or shopaholic, as a consumer who consistently spends far beyond his or her earning capacity - "someone who is always in debt, who has more than one credit card that is never paid off," she says.

These people frequently use shopping as a 'coping technique.' "They use that good feeling - the high - that comes from making a purchase to overcome a poor sense of self-esteem or deficits in their personal life. Perhaps they're lonely or isolated or not getting what they need in their personal relationships," Barnes explains.

Shopping becomes truly addictive when the buyer gets home and faces the bills, says Barnes. The depressing guilt and remorse

felt at this point drive the person back to the stores for another high, and the shopping cycle beings anew.

Barnes says shopaholism is on the rise, citing as evidence the growing mountain of consumer debt in Canada. She also notes that the number of personal bankruptcies is as high now as it was during the 1982 recession.

"In the United States, where there are groups like Overspenders Anonymous and Spender Menders, the '80s have witnessed a brand new phenomenon second and third bankruptcies." she savs

Barnes says that it seems the majority of shopping addicts are women, and most of their purchases are clothing. "The men who get into this situation spend differently; they like to buy the big-ticket items - cars, stereos, vacations."

Women are more likely to be shopaholics and buy clothes because they are socialized to

think that looking good is important, both for their self-esteem and as a route to social fulfillment, and that this can be done through their wardrobe, Barnes says.

As a first step in overcoming shopaholism, Barnes insists that shopping addicts cut up their credit cards. Therapy then progresses to a discussion of the personal problems that led them to use shopping as a pick-me-up.

"One rule of thumb I often use is to suggest that the client do volunteer work. Doing something for someone else takes your mind off yourself and your problems."

Though Barnes has recently been featured in numerous newspaper articles and radio programs, all this exposure has prompted only one person to call her for help. "People will recognize a shopping addiction in someone else, but not in themselves. In our society, we talk more openly about our sex lives than we do about money," she savs (Canadian Science News)