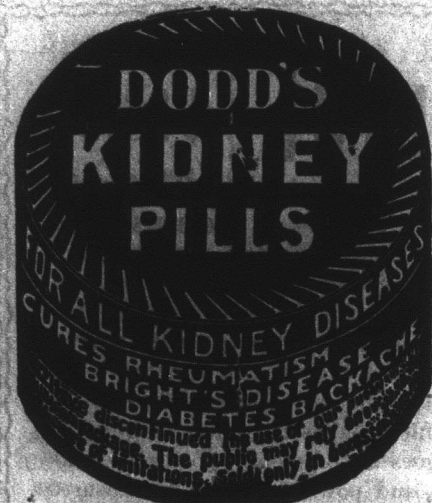




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VARIOUS SUBJECTS CLEVERLY TREATED

My Mother's Hands.

Such beautiful, beautiful hands!
They're neither white nor small,
And you, I know, would scarcely think,
That they were fair at all.
I've looked on hands whose form and hue
A sculptor's dream might be,
Yet are these aged, wrinkled hands,
Most beautiful to me!

Such beautiful, beautiful hands!
Though heart were weary and sad;
These patient hands keep toiling on
That children might be glad.
I almost weep, as, looking back
To childhood's distant day,
I think how these hands rested not
When mine were at their play.

But, oh! beyond this shadow land,
Where all is bright and fair,
I know full well those dear old hands
Will palms of victory bear;
Where crystal streams through endless time
Flow over golden sands,
And where the old grow young again,
I'll clasp my mother's hands.

Health Notes.

A very simple method of inducing sleep in cases of persistent insomnia, and one that has succeeded where many drugs have failed, is, simply administer a moderate amount of liquid food before the patient goes to bed. This diverts the blood from the brain to the abdominal organs, and takes away the cerebral excitement that precludes sleep.

Fill a bottle or common glass with your water and let it stand twenty-four hours; a sediment or settling indicates an unhealthy condition of the kidneys; if it stains the linen it is evidence of kidney trouble; too frequent desire to pass it, or pain in the back, is also convincing proof that the kidneys and bladder are out of order.

Too much cannot be said to warn mothers not to take babies out on the street in go-carts. The muscles of the back are not strong enough to support the body for any length of time, especially as the cart jolts over the unevenness of pavements, and until children can walk without tottering, they cannot help themselves with the foot rest.

On the Trail of the Kangaroo.

Hunting the kangaroo is a decidedly dangerous sport. It requires a man who has a good nerve, a fine eye and all those essentials required of one who has to ride at full speed through dense scrub, heavy timber, lumpy, rocky ground, where logs are to be found at every turn, fallen monarches of the forest hidden by an indescribable maze of other branches, semi-tropical growth, and rope-like creepers. It is all as hard work as riding to foxhounds in any country, while you have not only to keep a sharp eye open for what is before you, but that which is overhead or at your side. The horses have wonderful eyes and sense; so used are they to the bush that it is often better for an inexperienced hunter to give his mount his head, when he will swing around stumps, avoid trees, and take a log at the right place. While the rider is watching overhead branches and swaying thorn branches aside with uplifted arm, the nag is generally looking after what is underfoot. The Australian is a born horseman; he lives in the saddle. It is true that the wayback man is from childhood on the back of a horse, while even in the oldest and most important city in Australia—Sydney—today the postman in the suburbs delivers letters on horseback, the pillar boxes in the city are cleared by mounted men, and the lamp-lighter goes about his work in a like

way. All this is mentioned to emphasize the fact that the horse is part and parcel of the life of the often reckless, hard-riding and hard-sweating colonial of the Southern seas.

There are two kinds of kangaroo hunting; where the kangaroo dogs are used and where beagles are employed. The first named is the old style, while the latter may be only called into use in the case of the smaller kangaroos such as the brush-tail, that stands perhaps about three feet six inches, or at times four feet. In the old sport, we find the greater dash, for there is a great deal of difference in following a deer-hound that runs at sight and the small hound that puts his nose to the ground and gradually wears down his quarry. The kangaroo dog is a gaze-hound all out, and, running mute, he endeavors to catch by the aid of his limbs that which he can see with his eyes. Always running about the station and following the mounted hands, he is full of dash and muscle; his sinews are as of steel, while his feet are sound and tough enough for any ground—in short, he knows his work, and that is his occupation.

White Fly.

A white fly, scarcely larger than a gnat, has become troublesome among house plants in many sections. They are mostly found and propagate upon the under side of the leaves, and vacate as soon as the plants are disturbed. They are difficult to get rid of, as tobacco smoke or tea or emulsions have no effect upon them. The best remedy for the amateur to use is pyrethrum powder, which is dusted freely in the air and upon the under side of the leaves. That it may be effective the plants should be covered before applying to prevent the insects from escaping, and to concentrate the powder where it will do its intended work.

Pigeon-Toed Colts.

A correspondent writes: "We have a number of colts and some three or four are inclined to be a trifle pigeon-toed. I would like to ask whether we can straighten them permanently by rasping off the feet, or is it a case of heredity?"

In a great many cases this trouble can be averted by proper care of the feet, and we would advise our correspondent to treat these colts. The feet should be kept level and straight. Many careful horsemen examine their colts' feet at least four times a year, and in some cases oftener, and give them such treatment as may be necessary.

French Schools of Aeronautics.

So great is the interest in aerial navigation in Paris that recently there have been founded two schools which will be devoted exclusively to this subject, and will give instruction in the theory and practice of airships, their design and construction. One of these schools is to have its aerodrome on a site near the Porte Maillot, formerly occupied by the Columbia Theater, and its equipment will include captive balloons which can ascend to heights of from 1200 to 1500 feet, and be used for practical experiments by the students.

The latter, it may be said, will be comprised in a large part of amateurs interested in aeronautics, and every facility will be provided for teaching theoretical aeronautics as well as for original experimentation and the testing of new ideas and apparatus. As if this were not enough in the way of aeronautical instruction, there is also "The Normal College of Aerial Navigation," which has been sanctioned by the Minister of the Interior, and is designed for those desiring to qualify professionally in aeronautics and to make it their calling. In this school there will be lectures and examinations, as well as experimental work, and diplomas will be conferred which will render the holders eligible for membership in the Military Corps of Aerial Navigation.

Phlox Drummondii.

One of the best of all bedding annuals is the phlox drummondii. It surpasses almost everything else in dazzling brilliancy, and flower lovers who do not plant liberally of it each year miss a great floral treat. The plants are very easy to start from seeds in a hot-bed or window box, and transplant well and soon commence blooming. Some of my plants this year blossomed when only four inches high, and from that time until hard frost. One is sure of a wealth of bloom. The colors range from white to the deepest red, and the flowers are fine for cutting.

Making or Spoiling a Man.

One can but pity the child born with a nervous temperament, much as such a temperament is to be desired, if the parents do not know how to bring out the best that is in him. The future of no child is more absolutely in the keeping of its parents than is that of a "nervous" child, and his well-being and usefulness to the world is made or marred by the training he receives. Such a child is usually misunderstood by the average parent, and by injudicious treatment he may grow up a physical and moral wreck, even though the mentality may not be dwarfed or warped. A warped disposition will cause him to be a very Ishmael among his kind, at odds with everything he

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