agonized for deliverance, because I knew it dishonored God, and kept me powerless. Nine years ago I learnt the secret, that it is a life to be lived and not an experience to be maintained. Now begin by telling your enemies to God; make a business of it and never rest till God gives you deliverance. I tell you He will make you strong in the very weakest point of your character. It doesn't matter what your enemy is, Christ is such a wonderful Saviour from sin. He saves to the uttermost all that come unto God by Him.

I am not teaching sinlessness, but I can give you every hope that God can, and will deliver you from every sin you are conscious of. But there is no use telling you about it unless you yourself come to God and have real dealings with Him. Having then this deliverance, we are able to "serve Him without fear." Constantly yielding to sin makes you feel like a hypocrite, so that you have fear, and a lack of confidence before God, and are unable to do His glorious work.

We must live such consistent lives that our children and our servants shall know that it is not our own nature that is lived out, but that we are controlled by the mighty unseen power of God,

who is "able to subdue all things unto Himself."

Then we read, "In holiness and righteousness." Holiness is the beautiful life which Jesus Christ puts into us, and lived (ut by the power and energy of the Holy Ghost, so that it is "not I, but the grace of God which is in me." This life is absolutely sinless, because it is His own nature, but along with it we still have our old sinful nature, which will always make it possible for us to sin as long as we are in the body.

Next, righteousness is the outward result of this inward holiness, the "working out" of the salvation which God has given us, for "it is God who worketh in you both to will and to do of His own good

pleasure."

Now turn to I Thessalonians 5: 23. (This fifth chapter is a blessed holiness chapter, you can take it on your knees before God, and read and pray over every verse). And I pray God your whole spirit, and soul, and body be preserved "blameless" before Him. (Luke I: 75). It is an easy matter to appear blameless before men and yet be a backslider in heart in God's sight. "Faithful is He who hath called you, who also will do it;" and we must let Him do it. We can't make ourselves holy; ch. give up your own efforts at once, for all these attempts are sure to end in defeat. Has Jesus Christ called us to a life of holiness? Or,