Men in uniform
10 per cent discount at Sauder-Lippert stores 3-12-tf

A special business meeting of the Princess of Wales Chapter, will be held on Thursday afternoon. Mar. 13th, at 3.30, 310 Weber Chambers. All members are asked to be present. 3-10-2t.

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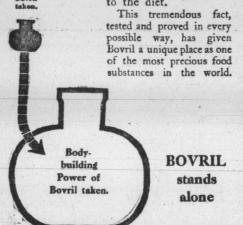
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Proved by World-Famed Scientist stigation of British Government Department

The great body-building power of Bovril does not admit of argument. It is proved, just as the circulation of the blood is proved,

or the law of gravity. The independent experiments carried out by an eminent physiologist under the most complete scientific control, proved the notable body - building powers of Bovril. The experiments were conducted with human subjects, on a standard diet, and the increase in weight was never less than 10 (and it actually in some cases reached 20) times the amount of Boyril added

to the diet.



YOU NEED NOT TOLERATE the inconvenience of a cough, when a few doses of

Syrup of Tar with Cod Liver Oil Compound

will give you almost instant relief. It heals the rawness of the bronchial tubes; stops the annoying tickling that leads to spasms of coughing; and soon restores the throat to its normal condition. On account of its pleasant taste, children take it readily. Keep a bottle always in the house.

Sold by all good Druggists-35c. MANUFACTURED BY National Drug and Chemical Company of Canada, Limited.

### Watch Your Little One Smile

Cascarets clean the clogged-up places, Bring joy to cross little faces. Sell for a dime-"work" every time.



MOTHERS! You can always bring back the jolly smile of health with Candy Cascarets. When a child's tongue is white or if breath is feverish and stomach sour, remember a Cascaret to rid the liver and bowels of bile, nasty fermentations and constipation poison, is all that is needed. Children love this pleasant candy cathartic which never gripes, never injures. Cascarets never disappoint the worried mother. Give Cascarets to children aged one year old and upwards. Each 10 cent box contains full directions.

# You Cannot Work Always

You will not always have your present producing power. Prepare for the day when it begins to wane. Save while earning A Savings Account in the Bank of Toronto is a fortification that will stand between you and want. One Dollar opens an interest-

THE BANK OF TORONTO King Street East. E. W. LAMPREY, Mgr.

North Ward Branch, F. J. ROONEY, Mgr.

P. J. WRIGHT, Mgr.

## CITY AND DISTRICT

ALL THE LATEST LOCAL AND DISTRICT NEWS

Don't miss the fine programme at the Star tonight:—"Tell it to the Marines"—"And Still a Small Voice."

Electric Repairs.

Motors, appliances etc. Properly done at the house of service. Ellis & Howard Ltd.

Observing I.O.O.F. Centennial The Oddfellow Centennial is generally being observed to-day. This evening, Grand Union Lodge, No. 97, is holding a fitting event.

Only routine business was before the City Planning Commission yes-terday afternoon. The session, there-fore, was a short one.

only routine business was before the City Planning Commission yesterday afternoon. The session, therefore, was a short one.

Dietitian Engaged

Miss Robina Monigomery, of Peterboco, was engaged as dietitian at the local hospital ast evening upon the recommendation of the bouse committee. Only routine business was before the Board.

The Ind. Labor Party meets Wednesday evening, 12th, T.&L. Hall. Workingmen please come.

Woodmen of the World Attention Special Joint Meeting Thursday, 13th. Danee at 10 o'clock. Everybody welcome. J. W. Plowman, Deputy.

Again Given Opportunity.
Only one case was before the Police Court today That was that of Jack Thiel again, who is charged with non support of his wife and family and who has been ordered to seek work. The Magistrate again gave the defendant two day's grace within which to secure a position.

MR. W.D. EULER M.P. SPOKE M.P.

LORD'S DAY ALLIANCE ACTIVE

Very busy with the good work, but no more efficient than the old reliable Putnam's Corn Extractor, which cures, corns and warts in one day. Fifty years use proves the merit of putnam's Use no other, 25c at all dealers.

### **OBITUARY**

There died in Detroit Margaret
Diebold, widow of the late Anthony
Meyer, at the home of her daughter,
in her 73rd, year. Her husband predeceased her five years ago, Mrs.
Meyer had only been ill two days.
She is survived by six children, three
daughters, Mrs. Geo. Hunt, 23 E.
Ellen St., Kitchener, Mrs. Stephen
Weiler, Detroit and Mrs. Chas. Weinert, Detroit, three sons, Joseph Meyer
of Kitchener, Andrew and Noah also
of Detroit. There is also one sisted
of Mansolona, Mich, and John of
Web had come through many hard
brothers, Andrew of Bamberg, Alexander of Detroit, Lawrence and Michael
of Mansolona, Mich, and John of
Whitehead, Alta. The late Mrs. Diebold was born in St. Agatha. She was
a woman endowed with sterling qualities
and a genial personality. Her death

Secretary-Treasurer.
Kitchener, March 12th, 1919.

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Comfort, Gold, Surprise, P.&G.,
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3 Tapioca, per bar
7
Castile soap, large bar, reg. 45c 35c
Castile soap, large bar, reg. 45c 35c
Comifort, Gold, Surprise, P.&G.,
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3 Tapioca, per bar
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Castile soap, large bar, reg. 45c 35c
Castile soap, large bar, reg. 45c 35c
Comifort, Gold, Surprise, P.&G.,
3
3 Tapioca, or Sago, lb.
Home Grown small white beans, lb. I
Hote beat the very sear a a woman endowed with sterling qualities and a genial personality. Her death has occasioned a wide wave of sympathy the Marines"—"And Still a Small If you are growing hard of hearing to the Marines"—"And Still a Small If you are growing hard of hearing to the Marines"—"And Still a Small If you are growing hard of hearing the Marines"—"And Still a Small If you are growing hard of hearing the Marines"—"And Still a Small If you are growing hard of hearing the Marines"—"And Still a Small If you are growing hard of hearing the Marines"—"And Still a Small If you are growing hard of hearing the Marines"—"And Still a Small If you are growing hard of hearing the Marines"—"And Still a Small If you are growing hard of hearing the Marines"—"And Still a Small If you are growing hard of hearing the Marines"—"And Still a Small If you are growing hard of hearing the Marines"—"And Still a Small If you are growing hard of hearing the Marines"—"And Still a Small If you are growing hard of hearing the Marines"—"And Still a Small If you are growing hard of hearing the Marines"—"And Still a Small If you are growing hard of hearing the Marines"—"And Still a Small III and II and

Mat. Daily 2.30 p.m. Children 5c, Adults 10c.

Eve. 7.15 and 9.00 p.m. Chil. 10c, Adults 15c

TONIGHT

Jane and Katherine Lee

"Tell it to the Marines"

also

Henry B. Walthal in

"And Still a Small Voice"

COMEDY---Beans For Two

### SPRING OPENING APRIL 1st

Commence a really practical training by entering the Business College for the opening of the Spring term, April 1.
You can be prepared for an office position in from six to eight months at a comparatively small cost.
Write or call for particulars.

Guler

The Magistrate again gave the defendant two day's grace within which to secure a position

MR. W.D. EULER M.P. SPOKE Mr. W.D. Euler M.P. yesterday delivered a lengthy speech in the House of Commons at Ottawa, he dealing with three questions, Debt, Reconstruction and allaying of unrest. The speech in full will appear in tomorrow's issue

Office of Superintendent, Railway Mail Service London, March 11th, 1919 Please be advised that mails for the Siberian Forces will close as per the following:—
At Vancouver BC on Mar 45 for despatch via 8 S Katori Maru. At Vancouver BC on Mar 26th for despatch via 8 S Cyclops (transport At Vancouver BC on Mar 26th for despatch via 8 S Empress Russia At Vancouver BC, on Apl 10th for despatch via 8 S Empress Russia At Vancouver BC, on Apl 10th for despatch via 8 S Empress Russia At Vancouver BC, on Apl 10th for despatch via 8 S Empress Russia At Vancouver BC, on Apl 10th for despatch via 8 S Empress Russia At Vancouver BC, on Apl 10th for despatch via 8 S Empress Japan

Inspecting Schools.

Members of the Collegiate Board and the Advisory Industrial Committee left this mortling for London and Windsor to inspect the technical schools in those cities.

THE GRAND RIVER COUNTRY CLUB, LIMITED

Prominent Citizen of Galt Succumbs.

Galt, March 12.—The death Sunday ight from influenza and pneumonic of Andrew Newlands removes one of Galt's prominent manufacturers and 'a Much respected citizen. He was in high the misch respected citizen. He was in high the misch respected citizen. He was in high the was in high the misch respected citizen. He was in high the misch respected citizen. He was in high the was head of the firm of A. Wewlands respected citizen. He was in high the was head of the firm of A. Wewlands and Co., retiring two and half years ago. As a poultryman he was head of the firm of A. Wewlands and Co., retiring two and half years ago. As a poultryman he was head of the firm of A. Wewlands and Co., retiring two and half years ago. As a poultryman he was head of the firm of A. Wear

has occasioned a wide wave of sympathy among all friends and acquaintances. The funeral took place at nine o'clock this morning at St. Mary's Church and interment followed in It. Hope Cemetery.

Rev Mr Neighbor will speak to night on the subject "By Grace Through Fate—not of works" Tomorrow morning "Out of Parnalities into Spiritualities", study to Zst Carnthans 1 to 11

Racing:—Winter meeting at Jeffer-son Park, New Orleans.

Regal Shaker Salt, pleg. 16

If you are growing hard of hearing and fear Catarrhal Deafness or if you have roaring, rumbling, hissing noises in your ears go to your druggist and get 1 ounce of Parmint (double strength) and add to it 1 pint of hot water and a little granulated sugar. Take 1 table-spoonful four times a day.

This will often bring quick relief from the distressing head noises. Clogged nostrils should open, breathing become easy and the mueus stop dropping into the throat. It is easy to prepare, costs little and is pleasant to take. Anyone who is threatened with Catarrhal

who is threatened with Catarrhal Deafness or who has head noises should give this prescription a trial.

\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\*\* ALKALI IN SHAMPOOS BAD FOR WASHING HAIR

Don't use prepared shows Don't use prepared shampoos or anything else that contains too much alkali, for this is very injurious, as it dries the scala and makes the hair

dries the scale and makes the hair bri ... best thing to use is just plain mulsified cocoanut oil, for this is pure and entirely greaseless. It's very cheap and beats anything else all to pieces. You can get this at any drug store and a few ounces will last the whol family for months.

Simply moisten the hair with water and rub it in, about a teaspoonful is all that is required. It makes an abundance of rich, creamy lather, cleanses thoroughly and rinese out easily. The hair dries quickly and evenly, and is soft, fresh looking, bright, fluffy, wavy and easy to handle. Besides, it loosens and takes out every particle of dust, dirt and dandruff.

Matinee, 2.30 -10c and 15c. Eve., 7.30-15c and 20c. Eve., 7.30—15c and Saturdays and holidays, 3 sho 2.30, 7.00 and 9.00

WED., & THURS. From "No Man's Land" to New York City-Some Jumn!

Henry Walthall "The False

Faces"

Screen Magazine Burton

### THURSDAY EXTRA SPECIAL AT J. J. WELKER'S

Corner King and Cedar.

25c Strictly fresh eggs, dozen .... 40c Lake Herring to fry, dozen .... 50c Fresh Labrador Herring, dozen 60c Boneless Haddie, very choice, lb. 23c Auto Salmon, worth 35c tin ... 20c 28c Auto Salmon, worth 45c talls ... 37c 20c Clover Leaf tall, reg. 50c ... 45c Clover Leaf tall, reg. 50c ... 45 37c 45c 30c 15c 15c | 20c | Clover Leaf tall, reg. 50e | 45c |
| 18c | Tip Top Salmon, reg. 40e | 30e |
| 25c | Sardines, reg. 10e, 2 tins | 15e |
| 18c | Sardines, reg. 20e, per tin | 15e |
| 25c | Sardines, reg. 20e, per tin | 20c |
| 25c | Sugar corn, reg. 25e per tin | 20c |
| 20c | Devilled Tongue, reg. 25e, 2 tins | 35e |
| 14c | Best Pastry Flour, 24 lbs. | \$1.5e |
| 15e | Best Granulated Sugar, 9 lbs. | \$1.4s |
| 25e | Seeded Raisins, reg. 18e, 5 pkgs. 50e |
| 30c | Seeded Raisins, reg. 25e lb. | 15c |
| 30c | Seeded Raisins, reg. 20e pkg. | 15c |
| 30c | Sweet Prunes, worth 18e, 2-lbs. 25e |
| 25c | Sweet Prunes, reg. 20e per lb. | 15c |
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25c Sweet prunes, worth 18c, 2-lbs
25c Sweet prunes, reg, 20e per lb.
25c Sweet prunes, reg, 25c per lb.
25c Guaranteed Lard, per lb.
25c Best Baking powder, 1 lb. tin
Macaroni, reg, 15c, per plg.
Macaroni, reg, 25c, 16 gz. net
Choice turnips, 4 for

nthians 1 to 11

THE GRAND RIVER COUNTRY CLUB, LIMITED

Notice of General Meeting
The annual General Meeting of the shareholders of . The Grand River Country Club, Limited, will be held at the Club House on Saturday afternoon March, 22nd 1919, at the hour of 3.35 o'clock, to receive reports of Officers and Committees, to the Circle Grand River and Committees, to the Circle River and Committees, to the Circle Grand River and Committees, to the Circle Carrots, fine stock, 6 lbs. Cabage, per head 50c Choice Cho 10c . 9c 25c 500

| 13e | Comfort, Gold, Surprise, 3 bars. 25e | Lux, reg. 15e, per plg. 12e | Gold Dutch Cleanser, reg. 15e tin. 10e | 50c | Babbit's Cleanser, reg. Se. 5e



\$10.00

by us with Dominion Groover Tread \$11.75 \$12.75 \$13.25

William Russel

"Where the West Begins"

2 Reel Big V Comedy

Selig World Comedy

## COLUMBIA

is the highest grade "MADE IN CANADA bieyele. Now

DOBBIN Garage and Electric

# Motorist

Reliable Welding Co.

## Lameras

A FULL STOCK OF BOX BUSTER BROWN FOLDING BUSTER BROWN VEST POCKET

FOLDING (Double Lens) (Symmetrica and Anastigmat

All Ansco manufacture

**GEIGER** Druggist.

King-corner Cecar. Phone 1413.

## High Class Housewiring

Electricity in the home is a necessity at none can afford to be without.

When installed by experienced men, quaranteed to pass every test and

This is safe wiring. Estimates free Ine Llectric Repair Co

"If its electrical bring 91 King E.

12.--ST. CATHARINE ag were James Long and mousie buildings for burglary of 1 ded much liquo returned to owner which was orde

I'll buy your rags

and pay 3 to 5 cents a pound. Highest prices paid for Rubbers, Iron, All Metals, Paper and Junk of all kinds. Phone 1084 and I will cal and pay you cash.

Barney Joseph 277 Victoria St., Phone 1084.

A large number of Oxfords made by Blachfords are to be seen at Dunbrooks.