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### OUR TEACHERS IN CONVENTION.

#### The Inspectorate of Lanark East and Carleton West.

The annual convention of the Lanark East and Carleton West Teachers' Association was held in the Assembly Hall of the Ottawa Normal School, Oct. 22th and 23th, with one hundred and twelve teachers in attendance.

In the absence of Rev. Capt. Thompson, the Thursday a.m. session was opened by Rev. Capt. McInnis, chaplain for the 30th Batt. Miss E. Hogan, Vice-Pres., was in the chair, and gave a short address. The most of the morning was spent in hearing reports of the various committees. Among the communications, a telegram of greeting was read from Lieut. R. G. Entwistle, of the 240th Batt.

Miss Ida Paul, delegate to the O.E.A., gave a very interesting and comprehensive report of the Convention.

Mr. R. J. Robertson of Carleton Place, gave an address entitled "The Lazy Teacher." Mr. Robertson believes the greatest teacher is the one who makes each child decide that in after life he or she will be "somebody." With a lengthened school day which would give more time for personal supervision in the class-room and do away with homework and final examinations, much good would be accomplished. Some "pupil-teacher" system of valuing the child's work would help the pupil to appreciate his own and the teacher's work. After a discussion of Mr. Robertson's paper the meeting adjourned until 2 p.m.

The afternoon session opened with an account of "The Summer Art Course of 1916" by Miss M. Smith, Almonte. Miss Smith enjoyed her course very much and would advise any teacher who is fond of Art to take the summer course in Toronto.

Mr. Chisholm, of the Peterborough Normal School, addressed the Convention on "Geographical Nature Study." The course in geography, as outlined for the junior forms, is altogether observational. Mr. Chisholm suggests taking this work as Nature Study. What the pupils actually see will be more easily remembered and will be of greater use in the work of the senior forms.

The next address, "The Measurement of the Child's Knowledge and Ability," was delivered by Dr. White, principal of the Ottawa Normal school. The usual mode of measuring the child's knowledge and ability is the final examination. This is hardly fair as different teachers have different standards. Dr. White suggested various methods of testing the child in various subjects. In "How to be Happy—Though a Teacher," Miss Laura Grant advised the teacher to enter into church and social activities in her school section. This interest in outside affairs helps her to be interested in and enthusiastic about her school work and anyone who is doing her best work will be happy.

At eight p.m. Mr. R. J. White of Ottawa, took the chair. His address, "The Emigration from Farm to City," showed how thoroughly interested the speaker was in bettering farm conditions and in keeping the boys and girls on the farm. Mr. White thought this emigration might be prevented if the child's school life were a real preparation for his life work. This is being done to some extent in the Nature Study and Agriculture of rural schools and in the school fairs.

A very interesting address, "Superstition and the Stars," Prof. John Mathewson, of Queen's, showed how many of the old superstitions originated. He also told us how the idea of the stars exerting an influence over one's life and action had grown to its present importance.

The educational side of the evening session was relieved by musical numbers, a vocal solo by Mrs. Sanders, and a violin solo by Miss Molly Bonar.

Friday morning's session was opened by Rev. W. A. McIlroy. "Systematic Correction of Errors in Spelling," was ably dealt with by Mr. Moore, of Carp. Mr. Moore would have a record of the child's errors kept from Form 2 to the entrance class and have special attention given to these words of the child's vocabulary.

Mr. Chisholm again favored us with an address on "Nature Study—Its Uses and Abuses." In this he showed us how many teachers do all their nature study work inside the school room, losing many of the advantages of actual study out-of-doors. Nature study may be so co-related to many other subjects of importance in the child's later life that its value is very great.

Miss Laura Wilson gave a very interesting and instructive account of her first attempt at school gardening in S.S. No. 3, Pakenham. The address was

accompanied by plans and pictures showing to some extent what had been accomplished. The value of a school garden can be estimated only in the training it gives in arithmetic, agriculture and fair play. The child's competitive spirit aroused and he tries to do his best to have his plot in the garden as good, if not better, than his neighbor's.

"Special Problems of Teaching in a Rural School" are usually seatwork and proper supervision of the playground. In her address Miss Garvin gave some suggestions for seatwork for primary and older pupils. Some of these suggestions were new, all were practical and of benefit to many. The supervision of the play ground may be left to older pupils who are responsible to the teacher. This helps the pupils to realize that the teacher is a friend and that all are working for the common welfare.

Mr. Millar, of the Almonte High School, discussed briefly the "Entrance Examination of 1916." This discussion helped us to understand the most common mistakes and would be of most help to teachers having Entrance classes. Some of the mistakes can be traced to lower Forms, and so now, all may guard against such errors.

At 1:30 p.m., the last session opened with Miss E. M. Cowell's address on "Moral Training." Next to the home the school is responsible for the morals of young Canada. The problem is sometimes a difficult one for the teacher when parents have neglected their duty. Many times a good teacher's influence will help the child in reforming bad moral habits.

A paper of vital interest and importance, "How to Secure Good Writing," was read by Miss M. Hodgins, of Ashton. The secret of success is that eternal vigilance on the part of the teacher, which allows no lapses at any time. There are many things to master in the art of writing and these things, taken one at a time, will at last be mastered by patience and perseverance and a hearty co-operation between teacher and pupil.

The reports of the various committees were heard and commented upon, new officers were elected and the meeting adjourned. The next annual convention will be held in Almonte.

The officers elected were as follows: Executive—Hon. Pres. W. C. Frosts, M.A., B. Paed.; immediate past pres. Mrs. M. McVeitty; president, Mr. R. L. McDonald; vice-pres., Miss Ida Paul; sec.-treas., Miss M. Mattock; committee—Misses Ida Fife, Annie Anderson, Laura Wilson, Myrtle Pierce, Mabel Smith and Mr. Fred Mason; delegates to O.E.A.—Mrs. McVeitty, Miss E. Hogan; alternatives—F. G. Willar, Miss E. McLaren.

### FIRST PUBLIC SCHOOL PUPIL OVERSEAS.

Norman Williamsen Writes a Short Letter to Principal Robertson.

Sandling Camp, Oct. 8, 1916.

R. J. ROBERTSON, Esq.  
Dear Sir,—As I have an opportunity to write I think I will drop you a line or two. I suppose you know that I am in England now. We left Valcartier on the 23rd of Sept. for overseas. We were nine days in coming over. Of course there was four other ships beside ours. We landed in Liverpool safe and are now in Sandling camp.

England is some country, believe me. Quite a difference from Canada. Of all the pretty country I ever saw it is over here. If you get up on the hills you can see miles of country. I only wish I had brought my kodak so as to get some snapshots.

How are the Cadets getting along. I suppose all your old ones are in the High School now. If they were only here they would get a little training, through rain, snow or sunshine. The other day we were kept out in the rain and would not be let to get our grey coats. Of course we are not Cadets now but soldiers of the King.

Well I guess I have said enough for now so I will close hoping to hear from you in the future.

Sincerely yours,  
PTE NORMAN WILLIAMSEN,  
C Co. 130th Batt.,  
West Sandling Camp,  
Kent Co.,  
England.

Major John J. McDonald Mowat, of Kingston, was wounded in the leg during an early attack on October 7th. He continued to command, however, in spite of his wound, until a shot killed him in the act of rallying his men during a counter attack by the enemy in the afternoon. Major Mowat went overseas in the 62nd Vancouver Battalion with Capt. P. J. Moran, but to get to the front both reduced their ranks and went into France as officers of the 4th Battalion.

### CARLETON PLACE MEN WOUNDED.

In the casualties published during the past week three Carleton Place names are mentioned, two wounded and one missing.

Pte. Harold McDiarmid, son of Mr. and Mrs. Wm. McDiarmid. A letter to his parents, written after the mishap, brought assurance to them that his injury was not serious.

Pte. John M. McGonigal, kin at Carleton Place, reported missing. He is a brother of Mrs. W. McGonigal.

Pte. John Phillips, wounded. He is better known to the boys as "Teddy."

### The 240th Battalion on Trek.

The men of this new Counties Battalion have entered upon the fourth week of their trek, having tramped across country from Renfrew to Perth, where they spent Sunday, and are still in camp. They go to Smiths Falls from the County town, and thence to Franktown where they hold a meeting next Saturday evening. On Sunday morning they expect to reach Carleton Place, in time for church service, when squads will be detailed to each of the churches. In the afternoon a public meeting for women will be held in the town hall, and in the evening a public meeting will be held in the town hall after the church services. The object of the officers is to fill the ranks with recruits, and at each point where the soldiers make a halt public meetings are held to make known the needs of the battalion.

### Married at Smiths Falls.

A very pretty wedding took place at the home of Mr. and Mrs. James O. Church, Wednesday, Oct. 11th, when their youngest daughter, Edith May Pearl, was united in marriage to Mr. Peter G. Stewart, of Carleton Place. The ceremony was conducted by Rev. A. L. Fraser, while the bride stood under an arch of autumn leaves. The bride wore a gown of white duchess satin draped with marguerite crepe and trimmed with rosebuds and a veil caught with orange blossoms. Miss Reta Lyle played the wedding march and Florence Perrin, niece of the bride, was flower girl. Many beautiful and costly presents were received by the bride who was well known about the town, as well as in Carleton Place, where she taught school for some time. The bride, wearing a suit of brown panne cloth and brown turban, left for Carleton Place by motor, where they will reside.

### Magnificent Work of the Carleton Place Red Cross Society.

Report of shipments made by Carleton Place Branch of the Canadian Red Cross Society from Oct. 1st, 1915 to Sept. 1st, 1916:

1513 hospital pads,  
181 convalescent robes,  
4055 triangular bandages,  
2991 surgical dressings,  
161 feather pillows with covers,  
1076 night shirts,  
518 suits pyjamas,  
296 rest pads,  
167 fomentation cloths,  
8 sheets,  
4 dusters,  
791 handkerchiefs,  
1 blanket,  
8 cases old linen,  
273 pairs socks,  
2 comfort boxes,  
338 face cloths,  
185 head bandages,  
65 pairs ward slippers,  
48 linen sponges,  
13 tray cloths,  
33 pillow cases,  
63 eye pads,  
5 quilts.

M. E. GALBRAITH, Sec.

### Sudden Death in Fitzroy.

One of Fitzroy township's old and respected citizens, Mrs. Patrick Woods, passed away on Sunday morning last. She had walked to the Methodist church, which is but a short distance, to attend the morning service and soon after entering the church she showed faintness and kind friends went to her but in a few moments the spark of life went out. She was carried to her home where a few moments before she had left though not strong, yet in her usual health. She was seventy-six years and six months of age. Her maiden name was Margaret Ann Dunfield and she was the eldest of a family of six sisters and two brothers who survive, except one sister. She leaves her aged husband and a family of three daughters and one son—Mrs. George Neilson of Appleton, Mrs. Wm. Stewart, Austin, Man., Mrs. J. W. Smith, Antrim and John R. Woods at Hurdman's Bridge. The funeral took place on Tuesday from her late residence. The service at the house was conducted by her pastor, Rev. P. L. Jull, assisted by Rev. T. A. Woods of Fitzroy Harbor, after which the cortege proceeded to the Presbyterian cemetery, Pakenham, where Rev. Wm. Brown conducted the burial service.—Arnprior Chronicle.

The Canadian Machine Telephone Company's exchange and plant at Lindsay were burned, causing \$26,000 loss.

### OTTAWA WINTER FAIR

Howick Hall, Ottawa  
January 16, 17, 18, 19, 1917

\$16,000.00 IN CASH PRIZES.  
Write for Prize List.

WM. SMITH, Pres.,  
Columbia, Ont.  
W. D. JACKSON,  
Secretary,  
Carp, Ont.

### THE SHADOW OF BROKEN HEALTH

Can be Quickly Dispelled Through the Use of Dr. Williams' Pink Pills.

When the shadow of poor health follows your life; when hope begins to fade and friends look serious, then is the time you should remember that thousands just as hopeless have been cured and restored to the sunshine of health by the use of Dr. Williams' Pink Pills. These pills actually make new, rich blood which brings a glow of health to anaemic cheeks; cures indigestion, headaches and backaches, drives out the stinging pains of rheumatism and neuralgia, strengthens the nerves and relieves as no other medicine can do the aches and pains from which womanfolk alone suffer. In any emergency of poor health give Dr. Williams' Pink Pills a fair trial and they will not disappoint you. Here is a case that will bring hope to many a weary sufferer. Mrs. E. C. Taylor, Ascot Ave., Toronto, says: "A few years ago I was so run down with anaemia that I could scarcely walk about the house, and was not able to leave it. I had no color; my appetite was poor and I was constantly troubled with headaches, dizzy spells and general disinclination to move about or do anything. I tried many medicines but none of them helped me, and my friends thought I was in a decline. One day a friend who was to see me asked if I had tried Dr. Williams' Pink Pills. I had heard of this medicine often, but had not used it, so I determined to give it a trial. I certainly got a pleasant surprise, for after using two boxes I could feel an improvement in my condition. Continuing the use of these pills I began to regain my health, the headaches and dizzy spells were disappearing, and I began to gain in weight. People began enquiring what I was taking and I was not slow to give Dr. Williams' Pink Pills the credit. I took the pills for less than two months, and completely regained my old time health and strength. I hope my experience may convince some doubting person as to the great merit of Dr. Williams' Pink Pills, as I certainly have cause to be a firm champion of them." You can get these pills through any dealer in medicine or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

The heroic Bishop of Arles was decorated by the French Government.

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anything from a plain Gold Band to the choicest Diamond. See our display.  
Prices to suit every pocket-book.

Having taken a special course in Optics, I am also prepared to test your eyes and fit you with glasses to suit your vision. No charge for examination.

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**Underwear at last year's Prices**  
Having anticipated ahead and placed orders accordingly.

Infants' Button Front Vests	Girls' Heavy Vests and Drawers in Natural and White.
In Union at ..... 25c	Union at... 25c. All sizes.
60% Wool at ... 40 and 50c	Wool at ..... 50c to \$1
All Wool at ... 80 and 75c	

**Women's Combinations**, sizes 36 to over sizes.  
Fine Union Rib, White..... \$1.00 to \$1.50  
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Women's Separate Vests and Drawers.	Over Size Women's Vests and Drawers
Union Ribs .... 25 and 50c	Union Ribs... .. 50 and 75c
60% Wool Rib..... 75c	Wool Ribs..... \$1.00
All Wool Rib \$1.00 to \$1.50	

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Penman's all wool Cashmere Hosiery at..... 50c, 65c	Penman's Over-size Cashmere Hosiery..... 75c
Sizes 8½ to 10.	"Dependon" Rib Hose for Boys, double knee at... 60c
Union Cashmere Hosiery at 35 cents	Girls' Fine Rib Cashmere Hosiery, Cream, Tan, Sky, Cardinal, Black, 30 to 50c

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