few hours. Coloured or varnished, the result will be a permanent *objet d'art* (perhaps).

Drawing and Painting and Photography

Not everyone has the gift to draw and paint well, but everyone should make sure he lacks ability along these lines before rejecting this hobby. A trial may bring pleasant and astonishing results. I have seen coloured sketches of Northern scenes by untrained artists which really were works of art.

Photography of course is the old standby. Nearly everyone takes a camera North, but how many learn to use it properly before they leave civilization?

Wood-craft

This field includes carving, fretwork, whittling, toy making. Certain tools and material are needed, but its scope is boundless. Get some practical instruction and some good books on the subject. After two years in the Eastern Arctic, one man brought out a huge box of toys

which he had made in his spare time. He gave them to the Red Cross and was thereby "twice happy".

Leathercraft

This is a most useful hobby. It is easy to learn how to make small purses, hand-bags, pocket-books, cigarette cases, wrist and wrist-watch bands, gloves and many other articles. When one becomes more skilful he can go in for colouring.

Plant and Animal Life

The study of local flora and fauna and the collecting of specimens is not only interesting but instructive. Persons in the Far North can render a service to science by carefully investigating their territory and recording what they find. Their reports add to the sum of knowledge already available and are always welcomed by the Department of Mines and Resources. Some members of the Force have contributed valuable information of this nature to the government.

To say that there is a considerable amount of plant life in the North is

