

The meat the Jews consume from the beast or the fowl must be killed in a certain way, and with a certain instrument, not according to the vulgar custom by striking on the head, by a rude knife, or in a coarse and violent way that would mangle or lacerate the body, which might produce instant inflammation and probably blood poison, thus making it unclean and unfit for anybody to consume.

The killing of the beast as well as the fowl must be by bleeding through the jugular vein. Prior to the killing the animal must be well rested, and its respiration normal. There must be no broken limbs; their lungs must be blown up to the trachea and if it does not expand it is soaked in water twenty-four hours, when if it does not expand, the animal is unclean.

The veins and arteries must be dissected from the animal; this is done for no other purpose but to ascertain whether there are deep-seated abscesses or not (such abscesses being generally found about the arteries and veins) that would make the animal unclean. The blood of all animals is prohibited as the consumption thereof is dangerous to human life as all animals are subject more or less to scrofula or other blood diseases. According to Drs. Buchner, Kerner, Dunn, Horn, Shuman and others, poison has developed in sausages made of blood and to which they have given the name of Allantotoxium.

Therefore the Jews do not eat meat, either of the beast or fowl, unless prior to eating it has been well soaked and salted. Their mode of preparing is first to soak it half an hour, then it is well rinsed off with clean water, and salted on both sides, placed upon a board slanting, there to remain from twenty to thirty minutes, then again it must be rinsed three times before its use is proper. The prohibition of the use of *chazir*, swine, for food among the Jews it is unnecessary to dwell upon, as its effects are but too well known to the laymen as well as to the

physician. Not only from the danger of trichinæ but of all other diseases that the hog is inherent to. The hazard from the use thereof and its importation have of late years become national issues in all civilized governments. It should not only be an issue where it is to come from, but its use should be entirely eradicated. Mountains would sink down from the dead caused by the use of this miserable brute. Fish without scales and fins, *dagim balæ snapir wacash-cashet* are also prohibited among the Jews. This stands to reason, as frightful poisons are found in many kinds of fish, not to say that all fish without scales and fins are poisonous, but all poisonous fish are without scales and therefore they must be dreaded. Naturalists have declared that fish live upon their kind, that is to say fish without scales live only upon such as have no scales, etc., so they are liable to be poisoned from others.

All *sharatzim*, creeping things, or reptiles or food containing the same is strongly prohibited and the use thereof is considered a great crime by the Jews.

Water, vinegar, and other liquids suspected of foreign bodies must be strained through a cloth. All vegetables subject to vermin, such as parsley, caraway, lettuce, green onions, peas, mushrooms, berries, cherries, and all vegetables whatsoever must be picked and examined leaf by leaf, kernel by kernel, and grain by grain.

All fruits such as apples, pears, cherries, citron, apricots, peaches, oranges, lemons, nuts, etc., that are decayed or mouldy, the use of is prohibited; the seeds thereof are always considered as unfit for use. By this it can be seen the ancients have already feared the germ of disease.

All Wines such as *yayin mesech*, drugged wines are interdicted, as such wines might influence or propagate gout or cause other afflictions.

Even the manner in which food should be cooked and prepared is laid down, for example the Talmud asserts that an egg