WHY WOMEN CANNOT SLEEP."



he highly organized, finely strung-rous system of women subjects them-errors of nervous apprehension which man can ever appreciate.

man can ever appreciate.

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take great pleasure in recommending. Pierce's medicines; they are all that commended of them."—Mrs. MAR-TREVANT, 87 Park Ave., Chatham.

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s Worm Powders can do no in-he most delicate child. Any infant in the state of adolesence fested with worms can take this on without a qualm of the stom-will find in it a sure relief and a ection from these destructive nich are responsible for much and great suffering to legions of LEONARDO'S STYLE OF ART.

"Mona Lisa" Is No Mystery, According

to Kenyon Cox. Leonardo da Vinci was a tireless student of all kinds of natural phenomena, and of many things he had learned a great deal that has been rediscovered only in our own time. Among other things, as his notebooks prove, he had studied effects of transmitted and reflected light, understood the difference between diffused daylight and sunlight with its crisp edged shadows, saw the blue shadow which has been introduced into modern painting by the impres-

sionists and knew the reason of it. He attempted none of these things in painting, and he tells us why. These things, he says, after a long description of the effects of sunlight upon foliage—of the color of the sky in the high lights, of the yellow light where the sun shines through the leaf and the interruption of this light where the shadow of one leaf falls upon another these things should not be painted "because they confuse the form."

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The Florentine ideal in art was the utmost realization of form. Leonardo was a true Florentine, and he introduced into painting just so much of light and shade as should assist in this realization, no more. It is his use of modeling that is his most personal contribution to art.

Much rhapsodical nonsense has been written about the "Mona Lisa" and her enigmatic smile, and there have been endless speculations as to her character and the meaning of her expression. It is all beside the mark. The truth is that the "Mona Lisa" is a study of modeling, little more. Leonardo had discovered that the expression of smiling is much more a matter of the mod-eling of the cheek and of the forms below the eye than of the change in the line of the lips. It interested him, with his new power of modeling, to produce a smile wholly by these delicate changes of surface, hence the mysterious expression.

will give lear, though to thinken years of needless suffering may be prevented by using this wonderful remedy at the first warning of trouble. Its use is simple, its cost is slight and it can be purchased almost anywhere. Poets may find "La Gioconda" a vam-pire or what not. To artists with a sense of form her portrait will always Careful wives who habitually make up be a masterpiece because it is one of their husbands' minds refine the process until they attain the most satisfactory the subtlest and most exquisite pieces of modeling in existence

Our Government. We customarily speak of this republic as a new nation, although our senate has been in continuous existence as a legislative body since 1789. How many nations have maintained unchanged a system of government for a longer period? What a distinction it would be-for a republic-to present the oldest structure of government on earth, and we are well in the forefront of that race now. Look over the nations and see.

Modern Improvements.
Patient—Doctor, I'm having an awful lot of trouble with the gas in my Doctor-Yes, yes: I know, stomach. Those old fashioned fixtures are giving people a lot of unnecessary trouble these days. Just step into the next these days. Just step into the next room, and I'll have my engineer wire you for electric lights.

Playing For Bigger Stakes.
"Why didn't you accept the Browns" offer to take us in their car to the party?"

"I thought I'd wait. They have just an ordinary auto, and the Watsons have a limousine. They might offer to pick us up."

Also Think of the Advice He Had. "How did King Solomon get the repu-tation of being so wise?"

"Well, you see, he had a very great number of wives, and every woman does her best to brag about what an awful smart man her husband is."

Some Support. "Mr. Flubdub, I am a candidate for your daughter's hand." "Well, I'm unpledged, my boy. If a

ballot is taken you can have my vote." -Kansas City Journal. The eyes of a South American fish are divided into two parts, the upper being adapted for vision in the air and the lower for use under water.

Children Cry FOR FLETCHER'S CASTORIA FLAG OF THE MINUTEMEN.

The Banner Under Which the "Embattled Farmers" Fought.

Under what flag did the "embattled farmers" fight? There was no national flag then, no state or provincial flag even. But, says Peleg D. Harrison in "The Stars and Stripes and Other American Flags," there was a flag there nevertheless. The farmers of Lexington carried the

cornet or standard of the Three County troop. That banner was designed for a local company of cavalry raised in the counties of Essex, Suffolk and Middlesex, Mass., in 1659. The office of color bearer of this troop was a kind of inheritance in the Page family. The standard was carried in King Philip's war in 1676. When the minutemen were organized Nathaniel Page 3d of Bedford carried the old flag to the drills. At the midnight alarm Captain Page snatched up the standard and carried it with him to Concord, where it "waved above the smoke of that battle."

The flag is now preserved under glass in a fireproof safe of the Public library at Bedford, Mass., and can be seen by arrangement with the librarian.

The ground is crimson colored satin

damask emblazoned with an outstretched arm, in the hand of which is an uplifted sword. This representation is the color of silver, as are three circular figures that are probably intended to represent cannon balls. Upon a gold colored scroll are the words "Vince aut Moriture" (Conquer or Die). The flag is about two feet long by one foot six inches wide.

Opportunities. Thomas A. Edison said at a birthday

dinner: "What nonsense to declare that the trusts have gobbled up all the opportunities! Why, there are more opportunities than ever there were, but most of us are stupid and lazy and we don't grasp our opportunities. The successful man not only makes hay while the

sun shines—he makes it from the grass

that other people let grow under their

feet."-Exchange.

SAYS: "I have served in the British Army for 14 years, in South Africa India and France. In my occupa-tion of shoeing-smith I have met with a great many accidents, for which I have used various remedies, but never have I used anything that can begin to compare with Zam-Buk. As a healer and preventive of blood-poisoning Zam-Buk is in a class by itself. Every soldier should carry a box of it in his pocket."

The above is an extract from a letter received from S. McIllwraith, of the 2nd Argyll and Sutherland Highlanders.

For the many injuries incidental to a soldier's life Zam-Buk is certainly invaluable. Nothing so quickly ends pain in a cut, a burn or a sprain, and for chapped hands, cold sores, chilblains and blistered feet it cannot be equalled. All dealers, or Zam-Buk Co., Toronto. 50c.



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