

you have determined to try Red Rose Tea sometime; but have not remembered it when ordering because from force of habit you have thought of the old brand. Next time, just remember



Your Grocer Will Recommend It

veral meetings held at Walker-in favor of building a hospital.

**s. John Kalns, a well-known St.
uns lauy, is dead.

*y. F. W. Norton, pastor of the
dian Disciples' Church, has red and will enter commercial life
stroit.

ight spot. It is a great food for husky young ath-letes: satisfies the appetite: easy to digest: and delicious



THE BEST

For Women-Lydia E. Pinkham's Vegetable Compound





THE PEST OF INQUISITIVENESS.

THE PEST OF INQUISITIVENESS.

The matron had just moved into her new home, in the new neighborhood. The house was pretty, the scenery was inspiring and the matron commenced.

"My," said the first neighbor, "what a pretty curpet! Must have cost a lot. What did you say you paid for it? What? That's too much, you were cheated, Did you say your husband was a lawyer? Does he get any practice? This is a poor town for lawyers. Well, I hope you get on I must be going." ore; this is a poor town for lawyers, well, I hope you got on, I must be going.

As the first neighbor's ample back disappeared around the corner, the

DAILY MENU

BREAKFAST. 1 Apples. Cereal. C
Potato Omelette.
Corn Cakes. Coffee.

LUNCHEON. Parisian Salad. Sandwiches. Grapefruit. Chocolate.

Direct From Exclusive Parisian Dressmakers

Latest Models of Gowns and Hats Worn by Members of "The Pink Lady" Company, Posed Especially for The London Advertiser.

to the nails for about one-fourth of an inch down. Do you know how to make the skin grow to the nails? How can I add about 20 pounds of solid flesh to my weight?

I add about 20 pounds of solid flesh to my weight?

A.—I. Keep the nails elipped just a trifle shorter than the end of the finger; do not bite or pull at the edges; nor push cleaner far back under the edges. Cleanse with soap and water; at night, wear kid gloves after rubbing the lands with gloverin; this will soften the nailbed if anything will. 2. Exercise daily; eat plain solid food well chewed, such as bread and butter, vegetables, milk, cream, exgs and meat.

DELICIOUS TEA BISCUITS.

One quart of flour, one level teaspoonful of salt, two teaspoonfuls of baking powder, two table spoonfuls of butter or lard, milk or milk and water to mix (about one and one-half to two cumbuls). Stie teacher the flour As the first neighbor's ample back disappeared abound the corner, the second neighbor rang the doorbell.

"So skal to more you!" said the second neighbor. And I hope you take in the neighborhood. Two or three people moved into this hous, but they always get behind in their rang or something. I hope you will say, you had? Then your husband must be doing well. How many children have you? It's fine to have boys. I hope you have paid for it. Did you had? Then your husband must be doing well. How many children have you? It's fine to have boys. I hope your dight. I heard you were a clinical solution. Significantly, have you a familist? Methods!? What, then? Do you go to church regular? I am gind We don't him to have poddes people where the him to have poddes people where the him had the second neighbor assault to spread what she had by the time the third and the fourth called the history of the new family was pretty thoroughly known to everybody for idecks atound, and west a subject of discussion at every ten or seed in the community.

What shall I do about it? Said the matrie. Thaven't may more prevent may life. My neighbors are dear, sood becode, and don't realize the realization of their rudeness. Frobably many of the questions were asked carelessly and with no moderstanding of their rudeness, because everybody had replied to such questions a you don't be a right to question you about your personnal glatus, and the seconser you let them know it politely and firmly, the better it will be for all parties concerned, and the fewer heartness you will have.



The best Coffee costs but little more than the poor grades. You get the best that money can buy at moderate price when you use

Seal Brand



COSTS NO MORE THAN THE ORDINARY KINDS_ MAKES DELICIOUS HEALTH-FUL .WHOLE SOME FOOD... CONTAINS NO ALUM SOLD EVERYWHERE IN ALL SIZES _ FULL WEIGHT ONE POUND CANS 25¢

MADE IN CANADA.

E.W. GILLETT CO. LTD. TORONTO, ONT.



may cost a few cents more on the hundred pounds than other lump sugar. Good things always cost more than inferior quality.

However, ST. LAWRENCE "CRYSTAL DIAMONDS" are really the most economical Sugar, because they go further on account of their matchless sweetness due to perfect purity. To appreciate the superiority of St. Lawrence Sugar, compare it with any other sugar.



The St. Lawrence Sugar Religing Co. Limited



You Know the Signs

of biliousness—the out-of-sorts feeling, headache, dull eyes, dizziness, bad taste, sallow skin, sick stomach. Get rid of these as soon as they show and you will be happier and feel all the

are a natural, safe and remains corrective. A few small base of Beecham's Pills will prove their value to you—they will tone up your system, remove the signs of biliousness, help you out of stomach and liver disorders, leep your kidneys active and your bowels regular. Tried and always effective, Beecham's Pills are the family remedy which always

Should be on Hand Propered only by Thomas Beacham, Sr. Helens, Lencashire, England. Soid everywhere in Canada and U. S. America. In boxes 25 conta.

The model smart touch to a piece of salt. Surface and strain into the pinch of salt. Surface and together and the pinch of salt. Surface and the pinch of salt. Surface and strain into the pinch of salt. Surface and surface and

Without nui bbuuke MULDMUUNO GENUINE WORCESTERSHIRE SAUCE



HAPS and roughness of the skin are relieved by the use of Sanitol Pure Cold Cream. As a massage it cleans when soap will not. Applied before putting the hands into grease, or things that soil, it protects. It is antiseptically pure and snow white in color. Look for the the turquoise blue jar.

Pure Cold Cream

Is like an egg without Salt. Imported Absolutely! Cleanser

Its Safe on kitchen utensils



REMEDY The Steering Wheel

The formation of the property of the property

MISS STAIR

but with one fand, and I farwish to speck slightingly of your
eightors—but I fear I shall have
in necessary of falling from a stock.

Sashes of thin black material, pre
tree k axes from grid part of the grown in a grid the grid part of the gr

Latest Fashions