The

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THE

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Disease a defined as anything less than perfect health, Chiropractic locates and removes the cause of disease by hind adjustment. A weak child will not be a strong adult if it carries its weakness while growing, Many school child-ren have defects which are prejudicial to health. Some have impaired hearing, others defective eyesight, and some have organic heart disease, which affects the blood and whole muscular system. Chiropractic will prove a great help to many such cases and no harm to any, It costs you nothing for an examination or for consultation,

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Insurance in all lines placed in the Strongest Companies, thus you get **SECURITY** which is the chief reason for taking out Insurance,

HAIL INSURANCE should be attended to at once, Don't lose that crop—SECURE IT.

E. N. Barker - Cardston

# STOPPED HER

Years Of Suffering Ended By "Fruit-a-tives"

112 HAZEN St., St. JOHN, N. B. "It is with pleasure that I write to tell you of the great benefit I received from the use of your medicine "Fruit-a-tives", made from fruit juices. I was a great sufferer for many years from Nervous Headaches and Constipation. I tried everything, consulted doctors; but nothing seemed to help me until h tried "Fruit-a-tives".

After taking several boxes, I was completely relieved of these troubles and have been unusually well over since". Miss ANNIE WARD. 50c. a box, 6 for \$2.50, trial size, 25c.

At all dealers or sent postpaid by Fruit-a-tives Limited, Ottawa,

#### Calgary Branch Notes

Several visi ors were in attendanc) at the Calgary Branch services on Sunday May 22nd. Bros. Whitehead and Frank of the Travelling High Council were to a good start, for the kind of ball we are going to have this year will be regulated largely by the way good instructions Stake Chor ister Sylvester Low and Bro. Win der of Ca daton were visitors and always been behind the team—speckers at the afternoon services Cardston will have good ball again speakers at the afternoon services

Miss Agnes McCune and Miss Mettie Hansen who have been attending the Garbutt Business College Fre leaving for Cardston where they will take up positions. We regret very much to see these young laties leave for they have endeared themselves to all in the Brauch during their stay in our city. We extend our heartfelt thanks for their willingness to help in what-ever capacity they have been called upon and we also wish them success in their business

Mr. Chauncey Snow is pacticing Law with the firm of "Barron & Law with the firm of "Barron & Impounded in the municipal Barron" in this city and is a region, Cardston, kept by R. Rasalar attendant at our services.

Mr. Snow is a welcome addition to branded —A7 right ribs, our branch for he is a very interesting speaker.

Mrs. Wm. Matkin is visiting with Mr, Matkins mother at Leavitt Alts, for a few weeks,

Mr Victor Thelin is a patient at underwent an operation, He is west, fully modern. What have you to offer? Write or phone the General Hospital where he to be out in a short time,

Born to Mr. and Mrs. Berg, Ellingson on the 1st May a fine baby girl. All concerned doing well and Berg's smile is broader Registered Hampshire Pigs.

Mrs. Wilford Woodruff of Munson, Alta, was a visitor in the city last week and while here was a guest of Mrs. Edward Downes.

Our Presiding Elder Bro. Hen ry Downes is very much improved in health.

Bro. and Sister Bennett of Magrath have moved to our city and have joined the Calgary Branch.

Mrs Williams of Cardston is visiting her daughter Mrs. Irvine Obristenson who was formerly Miss Mabel Williams.

Our Mutual Course "The Vital Problems of Life" which has been carried on under the Class Leadership of Bro. Edward Downes and Sister Mary E. Downes, 18 al mest finished for the season, We have decided to carry on the meet. ings throughout the summer but it has not been decided yet what study we will take up. Sister Eva Ellingson and Sister Minnie Downes have charge of the Bee Hive girls and they have a very strong swarm here and are progressing wonderfully well for the short time they have been taking this work. Bro. Irvine Christen sen is the teacher for the junior! boys and altogether we feel that we have had a very successful season in this work.

The new place of meeting at the Nolan Hall is much more satisfact ory as it is much quieter. We are not disturbed by the noises from the street.

#### spring Louiee wins first Game Of Season

The baseball season opened at Spring Coulee on Tuesday, May 24th, when Cardston suffered defeat at the hands of the localites by the score of 8--5, It was a splendid game all through except for the one disasterous innings; he unlucky 5th, From then on Spring Coules was held scoreless, and although Cardeton made two more tallies the handicap was too great to overcome,

The Spring Coulee boys are certainly a fine aggregation, which includes the young war horse, Jimmy Mercer, and a new pitcher by the name of Weider, and they will give Cardston a hard game here next Wednesday.

The Cardston team, though starting late, are getting well into shape, and they have a lot of good material this year, some of which is new to the Cardston diamond. They will give a good account of themselves in the coming game next Wednesday at 6:15. Everybody must drop work for this the fans turn out. With the supthis year,

#### For Rent

Two rooms on Main St, suitable for residence or business,—Apply D. D, Spencer,

#### For Sale or Trade

Two Grey Dorts and one Grey Cheyrolet Touring Car,—Apply D. D. Spencer,

#### Hospital Hours

Visiting hours at the Hospital are from 2 to 4 in the afternoon, and from 7 to 8:30 in the evening, Visitors kindly take notice.

#### For Sale

Seven head of Milk Cows, apply Ernest Anderson (ierrace opposite Temple) Cardston,

#### For Sale or Trade

Lyle Holland, Spring Coulee

#### For Sale

Grade Brood Sows, also some Apply H. L. Tuttle, Raley. Phone R107

#### Farm For Sale

One mile from Cardston, 162, acres, 50 acres broken (25 acres of which is in wheat, two good aprings, cross fenced, barn Only \$30.00 an acre. Your own terms. Interest 7 per cent. Apply C. E. Snow. Phone 30.



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Plenty of the Best and freshest. Vegetables and Fruits are always to be found at our store, You'll admit it when you see the splendid stock we carry,

## Groceries

We know that our Groceries are as good as it is possible to obtain. Our prices are certainly lower than equal quality could be purchased for elsewhere.

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LANG GET-PROPRIETOR

First Class Meals at all Hours

A Special Prize of \$10 First and \$5 Second

will be given at the time of the Local Fair for the best aver age production of any herd tributary to the Cardston Creamery between May 15th and August 15th.

Now is the time to get your cows in shape to win the money. Keep the manager informed as to the number

> Cardston Creamery Association S. W. Low, Mgr.

# Buys a Suit

Mens Suits, 3 piece in Black, Brown & Mixed Colors 3 Button Régulars.

These are a few Specials we are offering this next week. Prices ranging from \$1900 up to \$45.00.