

MEN OF MIDDLE AGE

Need Rich, Red Blood to Maintain Good Health.

After passing the age of forty every man has reason to grow anxious about his health. This time of trial, with its attacks of faintness and fits of depression, its often violent headaches and back pains is rightly dreaded by women; but if reasonable steps are taken to safeguard the health, no serious ill-effects will arise. At this turning point in life Dr. Williams' Pink Pills have given a helping hand to thousands of suffering women who were fighting a hopeless battle against poor health and waning strength. The very best help for any woman of middle age is the health help given by Dr. Williams' Pink Pills. These pills reinforce the blood supply, enriching and purifying it. In doing this they nourish the starved and overtaxed nerves and give new strength vitality to the whole system. By natural process Dr. Williams' Pink Pills completely dispel all pains and weakness, and a better, happier condition of health and spirits arises. Every woman of middle age should take advantage now of the wonderful health-help of Dr. Williams' Pink Pills. They are sold by all medicine dealers or will be sent by mail at 50 cents a box, by The Dr. Williams' Medicine Co., Brockville, Ont.

Gambling With Ice Cream.

In nearly all the small towns in Spain the buying of ice cream from a street vendor is made the opportunity for a gamble. On the top of the zinc pail that holds the cream is a small wooden plate above which is poised a revolving stick. Round the edges of the plate, which is gaily colored, graded numbers from ten to one hundred are painted. The intending purchaser pays the vendor a penny, which entitles him to one twist of the stick. If the pointer indicates a number higher than that made by the stall-holder, the winner is entitled to an ice cream free of charge and another twist of the stick. With luck, and provided the game is played fairly, one can have a succession of ice cream for the original penny. If the vendor wins in the first instance the penny is lost and the customer receives nothing. These barrows are a source of interest to students, who spend most of their spare cash in attempts to defeat the ice cream man. The vendors also sell a very popular drink. For a penny one can obtain a glass full of a white liquid resembling milk. It is made from water, sugar, crushed almonds and orange juice. When served it is icy cold and makes an excellent "cooler."

If a window rattles, take an ordinary clothes peg and break off one of the prongs. The prong left makes an effective wedge when slipped between the window and the frame.

CREAM

We are satisfying hundreds of shippers with our cream prices, tests, grades, daily payments. We are paying today: Special, 35c; No. 1, 34c; No. 2, 31c. We pay Express Charges. Ship us your Cream.

SWIFT CANADIAN CO. LIMITED
WEST TORONTO.

SIMONDS SAWS

Their teeth are of a toughness which makes them hold their keen cutting edge under every usage.

SIMONDS CANADA SAW CO. LTD.
MONTREAL
WANGCHEE ST. CORNER, N.E. TORONTO

TOURIST CAMPS

Tourist Camps and Refreshment Booths along the highways and roads of Ontario are now inspected by the Department of Health and each proprietor who maintains his premises and the necessary equipment in a sanitary manner is granted an Approval Sign. When you are motoring, look for this sign:

MOTOR TOURIST CAMP APPROVED
Ontario Department of Health

It will help you to locate water safe to drink and proper accommodation for rest and camping. A way from home, you cannot afford to take chances with your food and drink. An attack of typhoid fever following the use of infected water or milk or swimming in a polluted stream will certainly spoil the effect of the happiest holiday.

Milk: "Know your Milkman"—at least try to secure pasteurized milk. The next best is milk that is milked clean and kept clean and cold. Meat: Buy meat kept on ice. You wouldn't think of eating "hot dogs" which has been heated and reheated for a week, if you were home—then insist on having your wieners taken off the ice and boiled fresh for you.

Water: Secure your drinking water at Approved Camps and Refreshment Booths; they have safe water supplies.

Bathing: There are plenty of safe places to swim. Bathe only in water which is free from contamination. "Safety First!" A little mishap in any of the above may mean sickness. Prevention is the best plan for motor tourists—get inoculated against typhoid fever before you start on your motor holiday. Vaccine is supplied free for use of Ontario residents by the Department of Health.

Radio in Canada.

Production in Canada of radio apparatus including sets, parts and batteries reached a total value of \$5,548,659 in 1925, according to a recent statement issued by the Canadian Government Bureau of Statistics at Ottawa. Six plants in Canada were engaged solely in the manufacture of radio sets and parts, nine other concerns made sets and parts in conjunction with the manufacture of other electrical apparatus and 12 of the manufacturers of batteries in Canada reported an output for radio purposes. Statistics for 1925 show a substantial growth in the radio industry during that year and also reveal a tendency toward the production of complete sets rather than the manufacture of separate parts. In 1925 the number of complete sets manufactured by these companies was 48,498 and the selling value, f.o.b. works, was given as \$2,196,024. Production of vacuum tubes amounted in value to \$1,299,854 and was double that of the previous year.

Radio licenses were issued by the Department of Marine and Fisheries during the twelve months ending March 1926 to 134,486 persons. Ontario led all provinces with a total of 60,110; Quebec was next with 21,141. Registrations in the other areas were as follows: Saskatchewan, 15,944; Manitoba, 14,503; British Columbia, 9,494; Alberta, 7,152; Nova Scotia, 3,288; New Brunswick, 2,612; Prince Edward Island, 292; Yukon, 23; and the Northwest Territories, 17. Licensed broadcasting stations, not including amateurs, numbered 55, distributed as follows: Ontario, 24; British Columbia, 10; Saskatchewan, 7; Alberta, 6; Quebec, 4; Manitoba 2; New Brunswick and Prince Edward Island, 1 each.

CHOLERA INFANTUM

Cholera infantum is one of the fatal ailments of childhood. It is a trouble that comes on suddenly, especially during the summer months, and unless prompt action is taken the little one may soon be beyond aid. Baby's Own Tablets are an ideal medicine in warding off this trouble. They regulate the bowels and sweeten the stomach and thus prevent the dreaded summer complaints. They are an absolute safe medicine, being guaranteed to contain neither opiates nor narcotics or other harmful drugs. They cannot possibly do harm—They always do good. The Tablets are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Game of "What O'clock."

In the game of "What O'clock is it?" two of the players must be in the secret. One of the two is sent out of the room, and while he is gone, the company fix upon some particular hour. When he returns, the other boy or girl in the secret must ask the question. Now the secret is that the one who remains in the room reveals to the one who was out the hour fixed upon, by means of the first letter of the word used in the question. "A" stands for one o'clock; "B" for two; "C" for three; "D" for four; "E" for five, and so on down the alphabet to "L," which stands for twelve o'clock, being the twelfth letter. For instance, if the question was: "Be so kind as to tell me what o'clock it is?" the answer would be: "Two o'clock"; or if the question was: "Do you know what o'clock it is?" the answer would be: "Four o'clock," or "Everybody wants to know what o'clock it is," the answer would be: "Five o'clock," and so on. "Let us know the time, please" which would bring the answer "Twelve o'clock."

AGENTS WANTED

Men and women wanted in unrepresented territories with sales ability and good community standing to represent a most extensive range of famous goods sold direct from manufacturer: Dress, sport suits, sweaters, bathing suits, silk lingerie, hosiery, underwear and woollens, equal to the highest grade imported lines. All lines made completely in our own factory from raw materials. Liberal commission; sales orders; willing staff supplied. Financing and profitable; satisfaction guaranteed. Our representatives make good and stay with us. Write for full particulars at once.

BRITISH KNITWEAR COMPANY,
Stimosa, Ontario.

Surnames and Their Origin

CAMBRIDGE
Variation—Camford.
Racial Origin—English.
Source—Localities.

These two family names, Cambridge and Camford, are not, strictly speaking, variations of each other, but they do fall easily together for purposes of discussion and comparison, both being illustrative of the manner in which a certain old Saxon word, obsolete to-day except in the discussion of mechanical subjects, has had an influence on our nomenclature.

The average person would see no connection between the word "cam" and the name Cambridge, even if he dug a little into the origin of surnames; for it would become clear to him that the family name of Cambridge originally indicated a residence in the town of that name. Likewise the family name of Carford traces directly back to the town of that name.

But how did these two place names get the element of "cam" in their formation? It's easy to see where "bridge" and "ford" came from, because these are both words which have survived the centuries and are in use to-day. "Cam" conveyed the meaning of winding. And the word is used to-day to denote a mechanism that produces an irregular or winding motion. If we translated these two names into modern phraseology they would be "Windingbridge" and "Windingford."



Tetanus:
Lockjaw is something we have all feared since the days when as small children we were warned to tell mother every time we ran a rusty nail into our foot. And the fright the whole family got if any one cut his hand between the thumb and first finger!

We are still anxious when a little foot has a rusty nail run into it. Why? Because we are afraid of what may happen—meaning poisoning of the whole system and perhaps death. We have particular reason to fear any wound which has touched any cultivated soil or road dust. The chief reason for our fear is that the spore of tetanus, or the germ causing lockjaw, might have entered with the soil or dust in which manure was present at some time. This is true, too, of any injuries from fireworks, firearms, etc. When, therefore, any one in your family is suffering from a wound into which there is the slightest chance that this germ of lockjaw may have entered, take no chances—ask the doctor to use tetanus anti-toxin, which is a sure preventive. Tetanus anti-toxin is supplied free for use of persons living in the Province by the Department of Health of Ontario.

To An Empty Nest.

Who knows what far, uncharted pathways claim
The guest who hovered here? What sky has flung
Its blue enchantment over him who came
As serenading when the year was young?
Who listens now to that soft-throated hymn
That stayed the twilight in the fading west,
Or walked in lyric ecstasy the dim
Uncertain throbbing of a troubled breast?

Fireplace Constructed to Use When Needed.

What if a fireplace isn't usable all year round for heating? It deserves a place in your home just for the times and occasions when it is used. But did you ever stop to realize that there is no better means for ventilation at all times than the open fire? It helps to keep your house cool in summer because it encourages the circulation of the air in the room. Don't let the question of fuel deter you from enjoying the comfort, cheer and beauty of a fireplace in your home. The French peasants, for whom the fuel problem is much more serious than with Canadians, think so much of their fireplaces that in order to get backlogs they save all their waste paper, sweepings, orange peels and such, pile them on a newspaper, which they then lightly roll up, twist at the ends and tie with a string and call a backlog. And they love its warmth and cheer!

The Wonder of Water.

The wonder of water. . . Think of it as the source of all the changefulness and beauty which we have seen in clouds; then as the instrument by which the earth . . . was modeled into symmetry, and its crags into grace; then, as, in the form of snow, it robes the mountains; then as it exists in the form of the torrent, in the iris which spans it, in the morning mist which rises from it, in the deep crystalline pools which mirror its hanging shore, in the broad lake and glancing river; finally, in . . . the wild, various, fantastic, tamed unity of the sea; what shall we compare to this . . . universal element for glory and for beauty?

There is hardly a roadside pond or pool which has not as much landscape in it as above it. It is not the brown, muddy, dull thing we suppose it to be; it has a heart like ourselves, and in the bottom of that there are the boughs of the tall trees, and the blades of the shaking grass, and all manner of variable pleasant lights out of the sky.—Ruskin, "Modern Painters."

Paris Perfume.

In this old street, as in a world apart, The little flower-maker piles her art, Like some rare cameo in a jeweled setting— The flight of time and seasons quite forgetting! The heaped-up shining silver of her hair Crowning a face most delicately fair. Her cheek has caught the bloom of her rare roses, Her hand the grace of what it oft incloses; The lovely symmetry of bud and flower Are here immortalized, as hour by hour Her beauty grows by what her skill has wrought. Her vision broadens as she dwells in thought. Upon the joy her artistry will give Unto a world which has forgot to live As simply and as patiently as she— Turning the prose of work to poetry, Loving the labor rather than the gains— It buys her flowers—their perfume here remains! —Amy Smith, in Christian Science Monitor.

A Visitor.

Look now, at this new companion of his. In the perfect stillness of sea and sky and land, and while his eyes are far away, some quick movement near at hand tells him that he is not alone. A small rabbit, the very tiniest of baby rabbits, a ball of brown fur, has come quietly along, all unconscious of his presence until it is within three yards of him. It trots here and there, with a leisurely, ungainly tripping, nibbling the grass now and again, never looking up. And then suddenly it stands still; and the fat little ball of fur has great staring eyes—staring with observation, not fright, for very likely it has never beheld a human being before. The big, flat, gray eyes regard him unflinching; there is no movement. Then, with a little forward jerk of the head, up go the long ears; and again the motionless staring. Then up goes the baby rabbit itself on its hind-legs, the fore-paws comically drooping; and again the steadfast stare at this immovable strange creature seated on the rock. Then by some accident he inadvertently struts a hand or foot—the eighth of an inch will do it—and at the very same instant the earth is left empty; there is only a glimmer of white disappearing into the brackets a dozen yards away. —From "Shandon Bells," by William Black.

Improve Your Aim.

"I see you have a sign in your store, 'We Aim to Please,'" remarked the irritated customer. "Certainly," replied the proprietor, "that is our motto." "Well," retorted the I. C., "you ought to take a little time off for target practice."

PSORIASIS, ECZEMA and Other Skin Troubles

yield to this new, scientific skin treatment. It is a combination treatment of ointment for external use and tablets for purifying the blood. In the ointment, the active ingredients of SOREMA are combined with an ointment base that is readily absorbed into the third and fourth layers of the skin with gentle rubbing. It is in these under layers of the skin that the disease germs work. Thus, SOREMA attacks skin troubles at their source.

SOREMA the New Skin Remedy

is the discovery of a Canadian Druggist of thirty-five years' experience, who was, for fourteen years, a sufferer from Psoriasis. After all the usual treatments (including X-ray) had failed he began experimenting with various combinations of drugs used in cases of Chronic Skin Diseases and developed a formula with which he FREED HIS SKIN OF THE DISEASE SOREMA has, since, been used with equal success in a large number of long-standing cases of Psoriasis, Eczema, etc. Numbers of enthusiastic users testify to its amazing results. SOREMA is sold at your Druggist's or write us direct. SOREMA Ointment, \$1.00 per box; SOREMA Blood Alterative Tablets, 75c per box.

FLASH PRODUCTS, LIMITED
1104 BAY ST. TORONTO

Genuine ASPIRIN

Proved safe by millions and prescribed by physicians for

Colds	Headache	Neuritis	Lumbago
Pain	Neuralgia	Toothache	Rheumatism

DOES NOT AFFECT THE HEART

Safe

Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monacastic-acetic acid of Salzkirch (Austria) Salzkirch A.G., "A. S. A.," whose it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."

The First Step to Success

Elliot School and employment departments have started thousands on the road to success. You too may succeed. Take your first step by writing Dept. "B" for a copy of our catalogue to-day.

ELLIOTT Business College
Yonge and Alexander Sts., Toronto

Satisfactory Settlement.

Hollingsworth had just run into and everlastingly smashed a wagon-load of eggs, butter and other farm produce. "I am terribly sorry about this," said he as he helped the farmer scrape the butter and eggs off his clothes. "Now I am in a great hurry, and I'd like to settle with you right here and now. Will fifty dollars cover the damage?"

"I think it will," said the farmer, as Hollingsworth counted out five crisp ten-dollar bills and handed them over. Then, after a moment's hesitation, he added, "Coming back this way?"

"Yes. To-morrow night."

"All right. I'll have another load ready for you on the same terms."

A Big Plan Book

Handsome illustrated with plans of moderate priced homes by Cassius Architects, MacLean Builders' Guide will help you to decide on the type of home, exterior finish, materials, interior arrangement and decoration. Send 25c for a copy. MacLean Builders' Guide 245 Adelaide St. West, Toronto, Ont.

CORNS.

Remove the hard flesh and apply Minard's freely and often. Also splendid for bunions.

MINARD'S "KING OF PAIN" LINIMENT

Dragging-Down Pains Relieved

Woman Suffered Nearly a Year. Lydia E. Pinkham's Vegetable Compound Brought Her Health

Moose Jaw, Sask.—"I am going to try to tell you what Lydia E. Pinkham's Vegetable Compound has done for me. I suffered very badly with dragging-down pains and inflammation, also pains in my right side over my hip and down my whole side into my leg. I had it nearly a year when I went to a doctor and he said I would have to have an operation. But my mother said to take Lydia E. Pinkham's Vegetable Compound as it saved her life years before. I took two bottles and I found I was better, so I kept on taking it and also used Lydia E. Pinkham's Sanative Wash. I have had two more children since then and am perfectly well. I used to have to lie down two or three times a day, and now I do all my housework without trouble. I always keep the Vegetable Compound in the house as I find a dose now and then helps me. I am willing for you to use this letter any way you see fit and I will answer letters. If I can help any other woman I'd be only too glad to try." —Mrs. ESTHER HOUGHTON, 712 Athabasca W., Moose Jaw, Saskatchewan.

Lydia E. Pinkham's Vegetable Compound is a dependable medicine for all women.

For sale by druggists everywhere. ©

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Relieve Irritations By Using Cuticura

Bathe the affected parts freely with Cuticura. Soap and hot water, dry without rubbing, then apply Cuticura Ointment. For eczemas, rashes, itching, irritations, etc., they are wonderful. Use Cuticura Soap daily to keep your skin clear.

Sample Book Free by Mail. Address: Canadian Import, Toronto, Ltd., Toronto, Ont. (Incorporated in Canada). London, Eng. 1925. Cuticura Shaving Stick 25c.