

## VEGETABLE COMPOUND HELPED HER AND BLOOD MEDICINE HELPED DAUGHTER

"I was run-down, nervous and had headaches all the time and pains in my back. I was very thin and pale and used to have dizzy spells and could not sleep and was so downhearted I did not care if I died or not. Some one told me that Lydia E. Pinkham's Vegetable Compound had done them good so I thought I would try it myself and I got the Blood Medicine for my daughter at the same time. The Blood Medicine did her good and the Vegetable Compound has helped me and I am ever so much better now."

MRS. ALFRED CLARK,  
Kentvale, St. Joseph's Island, Ontario.

### "I READ ABOUT THE GOOD EFFECT"

"I took Lydia E. Pinkham's Vegetable Compound for disorders of the female organs and it helped my troubles and has been of great benefit to me in other ways. My nerves are better, I have good appetite, sleep well and do all the work in the home. I read about the good effect the Vegetable Compound has on other women and now I recommend it myself."

MRS. ARTHUR LAVOIE,  
1740 Maisonneuve, Montreal, Quebec.

### "FEEL MORE ENERGETIC"

"I have taken several bottles of Lydia E. Pinkham's Vegetable Compound for general disorders of the nerves and sleeplessness and have found it has helped me wonderfully. I feel more energetic and am able to work every day. I still tire easily although I seldom lie down and I am getting stronger as I continue the medicine. I am a farmer's wife and I do all my own housework. I heard different women telling about the Vegetable Compound so I thought I would try it as the medicines I had been taking seemed to do me no good. I recommend the Vegetable Compound highly and hope this letter will help some one to better health. I am willing to answer letters from women asking about this."

MRS. A. P. WHITING,  
Box 99, Qu'Appelle, Saskatchewan.