

The Home

Conducted by MARY FORD

HOMESTEADS FOR WOMEN

Dear Mary Ford:—Why should women be allowed to take homesteads? Principally, because it is the women, not the men, who are making this great West a country of homes. Any honorable member of Parliament who has ever taken a drive through the country, cannot help but admit the truth of this statement. Surely it would be only common justice, to give a woman who is dependent upon her own exertions to make a home for herself, the same chance as her brothers. It would encourage the woman whose husband is obliged to be away six months in the year, earning the necessary money to prove up on his homestead, and it would be the salvation of the woman whose husband is a ne'er-do-well, for she would be sure of a home, at least.

Under the present system, mixed farming can scarcely be carried on successfully on one quarter section, and we are being continually advised that unless we keep cattle we are robbing the land. It is only a difference of a few years till the man who raises grain exclusively must have at least two quarter sections in order to have some land summer-fallowed.

There is another class to be considered—those who through their ignorance of existing conditions, bad luck or bad management have failed to make good (and there is no use denying this has often happened) would be given another chance. If a young woman would only prove up in order to sell out, which I doubt, ten chances to one she would sell to some relative, a resident of the country, instead of mortgaging the place to the limit and leaving it, or selling to some Eastern Speculator, as a great number of the bachelors do.

I will circulate a petition, and get as many signatures as I possibly can, if the words "of British birth" be eliminated. I could understand a clause barring a woman whose husband has more than the average of this world's goods, but I can only explain that clause as being the result of prejudice—and surely truer words were never written than that the "slave of prejudice is ten times a slave." The Canadian government could not make a greater mistake than to grant the petition as originally worded, for what have women of British birth done that entitles them to the land more than the thousands of women of other nationalities, and why—oh why use or rather waste so much time and energy asking for something that is not exactly what we want? Let us be consistent, and not let the men have a chance to accuse us of being narrow-minded. Canada boasts that it offers a home to men of every nationality, with equal rights to all. Can we expect our children to grow up with a feeling of respect for the government which deprives their mothers of privileges granted to other women because they were born in different countries?

MRS. L. DORAN.

Ponoka, Alta.

MY FIRST ATTEMPT AT PAPER BAG COOKERY

A Young Housewife's Experience

I am very fond of cooking, and anything new in recipes or in the method of cooking interests me intensely. Thus it came about that when I read about the marvellous results obtained by using paper bags instead of the ordinary kitchen utensils, I became quite excited and determined at all costs that I would prove for myself how far this new method was applicable to the needs of those who like myself have to combine efficiency with economy. As my housekeeping money is strictly limited, I cannot afford to risk spoiling a joint. However, I determined to prove the possibilities or limitations of the paper bag method, and when I saw an announcement in the local paper that paper bags were on sale I determined to obtain a sample outfit. Reading carefully all the instructions I found that first I must give the bag a good lining inside of oiled butter, or good beef dripping serves just as well in most cases. Then I placed the beef to be cooked inside the bag, folded over the

mouth of the bag and securely fastened it with wire fasteners. The bag with its contents was then put in the oven and placed on the grid, which was really an ordinary toaster made of woven wire. When the time came for the meat to be cooked I took my scissors and on opening the bag found the meat deliciously browned, but not quite cooked through. Since then I have cooked haricot beans, rice pudding and last but not least the Christmas turkey, and I was very proud indeed when my husband said to me "What a delicious flavor this turkey has; how did you do it?" He was considerably astonished when he was informed that it had been cooked in a paper bag.

Sample Bag

If any reader would like to try the experiment of cooking in paper bags, they could have a sample bag by enclosing ten cents and writing to Mary Ford, Grain Growers' Guide.



7266 Blouse Closing in Front, 34 to 42 bust.

BLOUSE CLOSING IN FRONT, 7266. WITH OR WITHOUT STOCK COLLAR.

Sections that are overlapped and sleeves in kimono style that are stitched to the blouse are two of the latest features and this model shows them both. It is closed at the front, also, which is a practical as well as smart feature. Altogether the design is a most satisfactory one. It will be found equally desirable for the separate waist and for the entire gown and it is suited to a great many different materials. This one is made of the new satin duchesse that is so soft and pliable and is finished with a frill of lace. The model is just as good for broadcloth which is a favorite of the season and for the light weight serge and other materials of the kind as it is for silk and it can be utilized for lighter and thinner materials, such as crepe de chine, and fabrics of the kind. The sleeves can be made in three-quarter or full length. When long they are plain while the three-quarter ones are finished with shaped cuffs. The blouse is made over a fitted lining. It consists of front and back portions and of the separate sleeves. The sleeves are attached to the lining and the armhole edges and under-arm edges of the blouse are finished. The back is lapped over the front and held into place with buttons. Both lining and blouse are closed at the front. When the stock collar is wanted it is joined to the neck edge at the right side and hooked into place at the left.

For the medium size will be required 3 1/4 yards of material 27, 3 yards 36, 2 1/4 yards 44 inches wide with 3/4 yard of lace 7 1/2 inches wide for the frill.

The pattern, No. 7265, is cut in sizes for a 34, 36, 38, 40 and 42 inch bust measure, and will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents.

No. Size.
Name.
Address.

THE STRENGTH OF INFANTS

The myth of the infant Hercules who strangled two serpents in his cradle may not be a myth at all, but a fact. Modern science has proved that it is a possible feat. The new-born babe is relatively much stronger than a full-grown man, according to the result of medical tests. The muscles of the forearm are surprisingly strong. A few hours after birth a baby suspended by its finger to a stick or to the finger of a person can hold itself in the air for ten seconds, and in the case of particularly strong infants for as long as half a minute. At four days old the child's strength has increased, and the time is two and a half minutes for ninety-eight per cent. of babies. The maximum is attained at a fortnight. Few infants can hang on for more than one and a half minutes, though one exceptional young Hercules remained suspended for two minutes thirty-eight seconds by his right



7265 Long Coat for Women and Misses, 34 or 36, 38 or 40 bust.

LONG COAT IN RUG STYLE, 7265. PERFORATED FOR TWO LENGTHS, INCLUDING THE PATTERN OF THE BAG.

No more useful garment can be found than such a coat as this one. It is ideal for traveling and for motor wear. It is available for general use and it can be made from various materials. In the illustration the entire coat is made from a white reversible rug finished with fringe on the edges, but any cloaking material can be used. Double faced cloths are admirable and if plain cloth is used the collar and cuffs can be of another material. The lines are straight and fashionable. The coat is comfortable and satisfactory to wear and the whole effect is smart in the extreme. In addition to all this it is really very easy to make for there are only the shoulder seams in the coat proper.

The coat is made all in one piece. The front portions are fitted by means of darts near the shoulders. The big collar finishes the neck edge. The sleeves are made in one piece each and are elongated, finished and rolled over to form the cuffs. They are without fullness at the shoulders and joined to armholes of comfortable size. Bags to match the coat are exceedingly smart this season. This one is simple and can be made from the material without any difficulty.

For either size will be required 2 1/4 yards of material 56 inches wide or one rug 2 yds. long and 1 1/4 yds. wide.

The pattern, No. 7265, is cut in two sizes, 34 or 36, 38 or 40 inches bust measure, and is adapted to misses as well as to women. It will be mailed to any address by the Fashion Department of this paper, on receipt of ten cents.

No. Size.
Name.
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hand. After that he hung on with his left for fifteen seconds longer.

THE WEEK IN SCHOOL

Monday's Adenoidal Day—
Bring bandages and salve.
For Doctor Jones will cut away
The adenoids you have.
No doubt you will be overjoyed,
When Doctor Jones is through,
To know no fretful adenoid
Again will trouble you.

Tuesday will be Tonsil Day—
Of that please make a note;
For Doctor Brown will cut away
The Tonsils from each throat.
Bring cotton, lint, and vaseline.
This class meets sharp at ten.
And tonsils will be snipped off clean,
Nor trouble you again.

Wednesday is Appendix Day
For classes A and B,
When Doctor Smith will cut away
This superfluity.
Please don't forget the day, as said—
The classes meet at ten.
Bring needles and a spool of thread,
To sew you up again.

Thursday's Antitoxin Day—
So kindly be prepared;
Bring gauze and antiseptic spray
All right arms will be bared,
Or left arms, if you so elect.
Be punctual, pray do;
For Doctor Puncture will inject
The serum sharp at two.

Friday's Vaccination Day
For fall and winter terms;
Those who have fresh scars will stay
For anti-typhoid germs—
Half a billion's the amount!
Classes meet at four.
Doctor Green will make the count,
Doctor Grey will pour.

Saturday's Reaction Day—
Thermometers at three;
Bring Stethoscopes, and Doctor Grey
Will make blood-counts, to see
How science triumphs o'er disease,
How antitoxins rule.
Now mark the weekly program, please,
And don't be late for school.
—Saturday Evening Post.

BITING THE NAILS

"My friend is always biting her nails, and wants to know how she can stop herself, and what she can do to make them grow," says "Constant Reader."

Ans.—The only cure for biting nails is exercising will-power, but your friend might paint her nails with bitter aloes, which will serve as a reminder every time she begins to bite them. The nails will not grow the proper shape if she is constantly biting them, although, if she can break herself of this habit, the nails will grow again, although they will take some time.

WHY DON'T YOU?

Why don't you answer your friend's letter at once? It will have double value if written promptly, and will take no more time now than by and by.

Why don't you make that promised visit to that invalid? She is looking for

NEW PATTERN SERVICE

We are giving our readers a new and improved pattern service beginning with this issue. For this reason we ask our lady readers to state the date of the paper in which the pattern appears, so that there will be no confusion. This will only be necessary for a few weeks. To secure any of the patterns published in The Guide, all that is necessary is to send 10 cents to the pattern Department, Grain Growers' Guide, Winnipeg, and state the number of the pattern, giving bust measure for waist patterns, waist measure for skirt patterns, and the age when ordering patterns for misses or children. It will require from ten days to two weeks to secure these patterns as they are supplied direct from the makers. They are accurate and perfectly and plainly marked. Full directions for making are given with every pattern you buy; also the picture of the finished garment to use as a guide. Our new patterns will surely delight the women on our Western farms.