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March

HIGH BLUFF

The High Bluff Home Economic Society held its regular monthly meeting in the Orange Hall, on Wednesday, June 28th, at 3 p.m., with over forty ladies present. The president, Mrs. G. F. Morrison, presided over the meeting. The

girls and the boys, too, about nature and her great plan. Mothers must not sacrifice themselves, however, in their love for the children but take time for

The club's Red Cross work showed 10 flamel shirts and 4 pairs of socks finished, which were to be sent through the society in Govan. To secure funds for

Isabel Currie, Sec.-Treas., Govan.

meeting was opened by singing the National Hymn, followed by a splendid paper on "Hot Weather Menus," by Mrs. R. W. Lytle. The least cooking done as possible, was her motto.

All arrangements were made for a demonstration in dressmaking and millinery the first week in July, with Miss Smith as demonstrated.

linery the first week in July, with Miss Smith as demonstrator.

Mrs. A. Riddell favored the society with a solo entitled "My Ain Folk," which was appreciated by all.

The ladies have collected \$228.50 towards the calendar scheme which will be devoted to Red Cross and other needy purposes. Besides sending 1 quilt, 1 dressing gown, 1 dressing jacket, 2 shirts, 2 pairs pyjamas and 3 dozen handkerchiefs, also 25 boxes to boys at the front.

After all the business was transacted a demonstration on ice cream making

After all the business was transacted a demonstration on ice cream making was given by Mrs. W. Metcalfe assisted by Mrs. G. F. Morrison. The ice cream was most delicious.

The meeting was closed by the usual ten cent tea catered to by Mrs. J. Crookshanks, Mrs. J. Owens and Mrs. R. Wilkins. The proceeds which amounted to \$6.00 will be given to Red Cross work.

WHITE HEATHER HOMEMAKERS'

WHITE HEATHER HOMEMAKERS'
CLUB
The club met on Wednesday, May 3rd, at Sunnyside, the home of Mrs. A. J.
Currie. Though the weather was unfavorable, there were 22 ladies present and 2 names were added to the membership roll. Mrs. W. Greentree and Mrs. G. J. Bent were appointed delegates to attend the annual convention at Saskaattend the annual convention at Susska-toon in June. An enjoyable programme was given. Solos by Mrs. P. Crearer, piano solo by Mrs. W. R. Fansher and a reading by Mrs. H. Maber were follow-ed by an excellent paper on "The Neces-sity for Recreation," by Mrs. (Rev.) C. H. Cross

H. Cross.

The next meeting will be held on June
7th, at Westhall Farm, the home of Mrs.
H. Maber. Mrs. J. Bradley will give a
demonstration of salad making and the
roll call will be a favorite salade recipe.
Isabel Currie, see. Govan.

VALLEY RIVER

Our society met at the home of Mrs. Parker in April. After the usual pre-liminaries, Mrs. J. W. McQuay reported the answer she had received from the postal authorities, co nail delivery in this district, to the effect that it would be established as so as soon as could be

that it would be established as soon as the necessary arrangements could be made with regard to the boxes.

The possibility of having a few practical demonstrations on home nursing from a trained nurse was discussed, with the result: Miss Grant proposed, and Mrs. Hayes seconded, that the matter be left in the hands of the secretary. An interesting paper on "Spring Diet" was read by Mrs. Watson, which was followed by an article on "Dishwashing," by Mrs. Parker. After the business meeting had adjourned, we exchanged ideas in an informal way, and partook of the "cup that cheers," which was supplied by our kind hostess.

Our May meeting was held at the home of Mrs. Hawkins.

It had been arranged to have a lecturand demonstration on home nursing, but this being a busy time of year, the executive was the stable of the stab

this being a busy time of year, the exe this being a busy time of vear, the exe-cutive agreed that, in all probability, the attendance might be small, and, therefore, it was thought advisable to cancel the arrangement for this month. We are hoping to have the plan carried out at our June meeting.

One of our members had visited and other H.E.S. near Portage, where a charge of ten cents was made to everyone



PURITY FLOUR More bread and better bread"

JAKERS

the society in Govan. To secure funds for more material for work, a social even-ing was arranged to be held in the Sund-wall school on Friday evening, March 2th, with programme and refreshments. At close of business session a dainty lunch was served by Mrs. Phillips and the girls of the school with Miss Elsie Latta at the tea-table. The next meet-ting on April 5th will be held at Willow Range Farm, Mrs. C. A. Puffer's home. The subject for discussion will be dom-setic science in school, the roll call, and school lunches.

HIGH BLUFF

Mrs. A. Green, Corr. Sec.

High Bluff, Man.