

Liquor and Tobacco Habits

A. McTAGGART, M.D., C.M.,
75 Yonge St., Toronto, Canada.

References as to Dr. McTaggart's professional standing and personal integrity permitted by:
Sir W. R. Meredith, Chief Justice.
Hon. G. W. Ross, ex-Premier of Ontario.
Rev. N. Burwash, D.D., President Victoria College.
Rev. Father Teefy, President of St. Michael's College, Toronto.
Rev. Wm. McLaren, D.D., Principal Knox College, Toronto.
Dr. McTaggart's vegetable remedies for the liquor and tobacco habits are healthful, safe, inexpensive home treatments. No hypodermic injections, no publicity, no loss of time from business, and a certainty of cure.
Consultation or Correspondence invited.

Eyesight Restored

Eyeglasses May be Abandoned

A Wonderful Discovery That Corrects Afflictions of the Eye Without Cutting or Drugging.

There is no need of cutting, drugging or probing the eye for the relief of most forms of disease, as a new method—the Actina treatment—has been discovered, which eliminates the necessity of former torturous methods. There is no risk or necessity of experiment, as many people report having been cured of failing eyesight, cataracts, granulated lids and other afflictions of the eye, after being pronounced incurable.



R. W. Brooks, Bauchene, P. Q., Canada, writes: "Owing to having severely strained my eyes writing and checking at night, my eyes became very painful, and I could not bear the light. After using 'Actina' less than four months, I can read and write as well as ever."

Amanda G. Dumphy, Narhwaak Village N. B., Canada, writes: "I have used 'Actina' as directed and I can truly say it has done more for my eyes than I expected. I wore glasses for five years and suffered much pain. Since using 'Actina' I can sew or read without glasses and my eyes do not pain me."

Mr. Harry E. Hendryx, Whitneyville, Conn., writes: "One of the leading eye professors told my wife that she would never see with her left eye again. But Actina has restored the sight, and it is now as good as the right one."

Hundreds of other testimonials will be sent on application. "Actina" is purely a home treatment, and is easily used. It will be sent on trial, post paid. If you will send your name and address to the Actina Appliance Co., Dept. 848, 811 Walnut St., Kansas City, Mo., you will receive, absolutely free, a valuable book—Prof. Wilson's Treatise on Disease.

Send Us 75c. Receive by return mail post paid this beautiful little dress.

Its made with a little waist joined to a full pleated skirt. The side of the waist and belt are trimmed with fancy pointed strapings inlaid with dark red saten. Fancy trimmed breast pockets and cuffs. The whole dress is elaborately trimmed with brass buttons. The material is soft, warm dress goods in a dark blue and red plaid pattern. It comes in sizes from 4 to 12. It is worth double what we ask. To introduce our dresses we make an ad of this number and send it by return mail for only 75c and 10c postage. Standard Garment Co., No. 10, Coote Block, London, Ont.



CAN YOU DRAW?

Our Graduates Are Filling High Salaried Positions.

EARN \$25 TO \$100 PER WEEK

In easy, fascinating work. Practical, Individual Home Instruction. Expert Instructors. Superior Equipment. 12 yrs. successful teaching. Financial Returns Guaranteed.

12 Separate, Complete Art Courses

For pecuniary profit, or pleasure only, as desired.

FREE ARTIST'S OUTFIT of fine instruments and supplies to each student.

Write for particulars and Home Art Book.

School of Applied Art

1750 FINE ARTS BLDG., BATTLE CREEK, MICH.



Temperance Talk.

Which?

(By Minnie Pike, in the War Cry.)
I laid my boy in the coffin,
I closed his sweet blue eyes,
I folded the hands so snowy
As the flower that in them lies;
With a heart that was almost broken
I gazed on that little face.
Farewell! On a bright to-morrow
I shall meet him, by God's grace.

But what of that other mother,
Whose boy is strong and tall?
She has seen him grow to manhood;
He was her joy, her all.
To-night, as she prays by her bedside,
He revels with comrades fine;
When he staggers home drunk in the morning
Whose heart will ache most—hers or mine?

Away in the graveyard yonder,
In a cold and narrow bed,
They had laid my little daughter,
The birds sang o'er her head.
Ah! the day they took her from me,
And laid her 'neath the snow!
But I'll clasp her to my bosom
In the home where I mean to go.



Fort Garry, 1846.

And to-night there's another mother,
With a girl so bright and fair,
She has grown to be a woman
'Neath a mother's love and prayer.
She's the belle of balls and parties,
The brightest of all to shine,
If mother sees her go "not ready,"
Whose heart will ache most—hers or mine?

Oh, ye who bend over small coffins,
And treasure bright curls of fair hair,
Think not that your hearts are the saddest,

Or your cross the hardest to bear!
For in the bright fields of fair Eden
Your flowers are blooming above,
Go, pray for the drunkard and outcast,
Who once shared a dear mother's love.

The Effects of Alcoholism on Future Generations.

Medical schools of Charlottenturg and Paris have of recent years been devoting special attention to the psychic reasons which underlie the craving for alcohol in certain human subjects, and have, as a result of experiments carried out in a regulated series of cases, come to the conclusion that those beings who come of stock which at any period in the ascending line given to the abuse of alcohol, are certainly not of the order

of humanity which is to evolve the long-expected Superman. In other words, two highly respectable schools of medical thought and science practically assure the world that there is but a small per-millionage of mankind that holds the power of transmitting greatness to posterity, and that their being able to do so depends upon their abstention from alcohol in all forms while they live.

According to the argument, all the really great men who have appeared upon the earth, like Caesar, Aristotle, Shakespeare and Napoleon, came from a select series of ancestors to whom the use of alcohol was practically unknown. The fact, it is argued, that Napoleon's father may have been a tippler will not alter the case for our Superman, since the weakness of the father escaped the son by some unknown but none the less certain atavistic process, as in cases of epilepsy or insanity. It is held that by such a series of atavistic accidents the taint of alcohol has "skipped" every particular hereditary phase that goes to impress itself upon the ultimate issue, namely, the Superman, who thus comes into the world wholly free, in the matter of heredity, from the taint of alcohol.

The consequence of this is that he has

a perfect Will, and herein lies his power over all other men, who by accident of evolution from their forefathers, are, by far the greater part, of very imperfect will power. It does not matter if the Superman himself be a devotee of the bottle. He is provided with a perfect will, and only his progeny is likely to suffer from his abuse of strong drink.

Dr. George B. Cutten, the author of "Psychology of Alcoholism," likewise discusses will-power and the effects of alcohol upon it. Cutten disagrees with the view that there is such a thing as an especial area in the brain which "telegraphs the desired energy or motion to any particular part of the frame. On the contrary, he thinks that the human will is diffused over all the muscular parts of the body. In the course of evolution—especially where it is concerned with moral conduct—will was the latest comer, and as it is the latest and highest product of social development, and consequently the most complex, it is among the first activities to suffer injury and undergo dissolution, according to the rule—"Last to come is first to go; first to go is most to go. First to come is last to go; last to go is least to go."

Alcohol, as is well known, creates an artificial energy which lasts but a short while. A time eventually comes, however, when it ceases to exist. This is the "confirmed" stage of alcoholism, in

LAST YEAR

REAL ESTATE OWNERS IN

WESTERN CANADA

MADE

\$100,000,000

From the most accurate figures obtainable over ONE HUNDRED MILLION DOLLARS was made by real estate owners in growing cities and towns of Western Canada last year. This vast wealth was exclusive of improvements and represented actual increase in land values alone.

Original records gathered by the Winnipeg Free Press prove that in eight Western Canadian cities the value of land alone—not counting improvements—increased 562 per cent for the last five years—an annual increase of 112 per cent for each city during the last five years. These figures indicate that investments in live growing cities in Western Canada are as safe and sure as an investment can be, and that 100 per cent profit each year is almost a certainty.

THIS YEAR

They will undoubtedly make \$100,000,000 more

You have an opportunity now to participate in these immense profits by being one of the original purchasers of town lots in the Grand Trunk Pacific addition to the fast growing Western Canadian cities otherwise known as

Grand Trunk Pacific Railway
Division Points

WATROUS, MELVILLE,
WAINWRIGHT, BIGGAR

The Grand Trunk Pacific offers in these splendidly located, fast growing Division Points and in the town site of Tolsted an opportunity for the investor to share in the large profits that are sure to accrue as a result of the rapid and substantial growth that characterizes Grand Trunk Pacific Division Points and well located cities and towns in Western Canada.

The Grand Trunk Pacific does not offer town sites or additions so located as to make investments in them of questionable value. The object in selling these lots at the low prices at which they are offered is to encourage the upbuilding of these cities from which the Grand Trunk Pacific will derive vastly more benefit than from the sale of lots.

Now is the time to buy. Choice lots range from \$100 upward, on easy payments of 10 per cent cash and 10 per cent a month. You make your purchase direct and secure title from the Grand Trunk Pacific Railway Co. Write for literature and make your selection while the prices are extremely low and the possibilities unlimited. Address

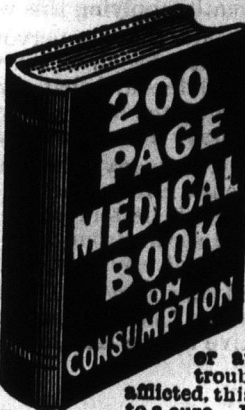
LAND COMMISSIONER

Grand Trunk Pacific R. R. Company

601 Somerset Bldg., Winnipeg, Man.

Or International Securities Co., Ltd., Selling Agents for G.T.P. Ry., 640 Somerset Bldg., Winnipeg, Man.

Consumption Book FREE



This valuable medical book tells in plain, simple language how Consumption can be cured in your own home. If you know of any one suffering from Consumption, Catarrh, Bronchitis, Asthma or any throat or lung trouble, or are yourself afflicted, this book will help you to a cure. Even if you are in the advanced stage of the disease and feel there is no hope, this book will show you how others have cured themselves after all remedies they had tried failed, and they believed their case hopeless.

Write at once to the Yonkerman Consumption Remedy Co., 1649 Rose Street, Kalamazoo, Mich., and they will send you from their Canadian Depot the book and a generous supply of the New Treatment, absolutely free, for they want every sufferer to have this wonderful cure before it is too late. Don't wait—write today. It may mean the saving of your life.

It's the Strength,
Body and Flavor that
the Families Favor

The
Flavor
of

'Canawella' Tea