

- Ventilation, manner of performing, 83, 129.
 lying-in room, 235.
 thorough, 18, 35, 129.
- Visitors in a lying-in room, 236.
- WALK before breakfast, 28.
 in frosty weather, 13.
- Walking glorious exercise, 9.
- Warm ablutions after labour, 243.
 baths for infants apparently
 still-born, 230.
- Water-brash, 149.
- Water poisoned by drains, 153.
- Waters, "the breaking of the," 204.
- Ways of her household, 79.
- Weaning, 291.
 an infant, the method of,
 293.
- Weed or milk-fever, 261.
- Wellington, the Duke of, 49.
- Westmoreland and Cumberland poor
 women, 228.
- Wet compress, 290.
- Wet-nurse, selection of, 297.
- Wet-nurse's and mother's milk, 274.
- Whining and repining, 77.
- "Whites" during pregnancy, 169.
 cause miscarriage, 98.
- Wife, a domestic, 67.
 educated to be useful, 72.
 instructing servants, 75.
 the mission of a, 3, 49, 85.
 the profession of a, 72.
 young, 1.
- Wine, abuse of, 43.
 bibbing causes barrenness, 30,
 41.
 drinking of, 35, 36, 47.
 in France, 42.
 during pregnancy, 39.
 on children taking, 39.
 much, injures complexion, 45.
 should be genuine, 36.
 during suckling, 268.
 sometimes no wine, 36.
- Woe to the idle, 5.
- Womb, bearing down of, 245.
- Wordsworth's description of woman
 86.
- Work, a cure for many ailments, 76.
- Wormwood on nipples in weaning, 294.
- To wean mother in England, 81.