Young People

A Revolving Cage

e Ice Chest

made for almost

ke the place of a

g the baby's milk

h box can be used.

ot one way, a foot

nd it ought to be a

n of the box must

sawdust. On the

or pail of tin or

iches in diameter,

old a quart bottle

of the pail must

the sawdust must

little larger than

d around it. Saw-

ween the cylinder

oox. No sawdust

ween the cylinder

have the cylinder

the pail, as the ost to the top of

spapers is tacked

ing milk cool. A

l and cracked ice

gerator will hold

lk, or four eight-

than three cents

x with ice. If a

ot rust if a little

om four to six s, or cell-build-

wheat flour, but

tains from two

ne carbohydrate,

ment. This exwould seem to

aluable to the

heat bread, but

y the fact that

digestion than

n Russia three,

duced as wheat.

r, is coarser of

ad. and conse-

ve, and so may

et when one is

is also this adthe summer

hygroscopic-

e from the sur-

does not dry

nutritious than

eins and fats.

cent less car-

general favor

arly New Eng-

is to-day used

purpose. Bar-

change in the

ead, it is more

wheat bread,

ghtly laxative,

ons subject to

be careful to

ll quantity of

ke good a de-

barley flour.

lour added to

read improves

nd because of

ables the loaf

om which the

een removed,

ed by a me-

ns rather less

barley flour,

ge of carbo-

follow are as they are

advantage.

bread.

ice each day.

ttle.

This makes a

By Leonard Hatch

It all started because I was lazy. If I had done my work promptly and thoroughly, I should not have been ordered to stay on after the regular closing hour to finish it. If I had not stayed on working alone, it would never have occurred to me to-...... But I am anticipating the causes which stopped my dawdling for good and all.

I was working that winter in a big office-building as porter's assistant and general boy of all work. It was my business to keep the public corridors spick and span-to scrub floors, polish the brasswork round the stairways and elevators, and keep the office door-knobs

But instead of feeling pride in the huge office - building, with its many stories and honeycombing corridors, I had grown shiftless. I did just enough work to keep from being reprimanded. And to-day I had not even done that, for at dusk the head porter came to me and told me-with perfect justice-that my work had not been done thoroughly; that I was to stay on and work an hour over my usual time.

After the frequent manner of one who is in the wrong, I grew sulky and resentful. My fellow workers left one by one. Even the belated stenographers began to leave their empty offices. Finally the elevators stopped running. The big building grew still. At last I finished polishing all the brasswork, and might have gone home. But my heart was still filled with resentment. "I'll show him!" thought I to myself. "I'll show him whether I'm lazy or not!" I cast about for something extra to do. The new revolving door! I would scrub the glass in that.

This contrivance was new. It had just been set in place in the long corridor on the first floor. Complaints about the sweeping draft from the outer doors of the building had become so insistent that the owners had resorted to this means of cradicating the evil.

This door was built on the usual lines. There were two curving side pieces, between which revolved the door itselfexactly like a plus sign between two parentheses. You entered one side; the door turned on its central pivot; and you emerged from the other side. For the purpose of closing such a door the side pieces were hinged so that they could be swung inward, in which event it was as if the plus sign were encased in a close-fitting circle. All the parts were made of wood waist-high; above that was very heavy plate glass.

Such doors have become tolerably familiar now, and are hung on ball bearings, so that they turn easily when one pushes against them. But at that time they were new; and certain inventors had designed them to be run constantly by a motor, so that all human pressure was obviated. Later this form was found dangerous to children, and was abandoned.

But ours was of this type - motordriven. The motor which operated it was in the basement, connected with a dynamo which ran day and night, to provide power for the lights and elevators in the building. And this motor had not yet been properly adjusted. Twice that day, when it was thought to be disconnected, the gears had suddenly meshed and started the door, to the annovance of workmen who were putting in a few final screws. Every employe in the building had been given peremptory orders not to touch the door, but in my present bitter and cock-sure mood I felt a supreme indifference to the order.

I went along the dim, echoing corridor to the new door, carrying scrubbing materials-cloths, cleansing polish, and a box on which to stand, for I am only five feet six in height. My hope was not to find the enclosing sides shut, for as burning at the other end of the long corthey were fitted with spring-locks. I ridor, but it was too far away to do me should not have been able to reach the

Fortunately, my scheme was not to

What Did Little Mary Buy?

1916 Ford Touring Car For the Best Reply \$1000.00 In other Fine Prizes

Also Given



JOHN BROWN owns a process to his novel methods of creating interest in his store.

Recently, he took several lines of his regular goods, put them under cover in boxes and barrels, and wrote the name of each article on the outside. Only he mixed up the letters in each name so that instead of spelling the right name of the article, it spelled something different altogether. For instance box 9 contains Raisins, but Mr. Brown jumbled the letters in the words Raisins until they read "Si Rains." Then he

Thousands of Dollars Worth of MAGNIFICENT PRIZES

including this 1916 Ford Touring Car, \$450.00 Upright Piano, \$75.00 Columbia Grafonola, \$50.00 Clare Bros. High Oven Range, 1916 Cleveland Bicycle, Genuine Singer Sewing Machine, \$35.00 Kitchen Cabinet, Genuine Waltham Men's and Ladies' Watches, English Dinner and Tea Sets, Roger's Silverware, and a host of other grand prizes too numerous to mention here. Big Illustrated Prize List will be mailed to you direct.

THIS CONTEST IS ABSOLUTELY FREE OF EXPENSE If your answers gain 120 points you will win First Prize

If your answers gain 120 points you will win First Prize

A FEW HINTS.—The goods mentioned under each of the fourteen numbers, are staple lines such as are to be found in every grocery store and in regular use in every home. No trade-mark names or products of any particular firm or manufacturer are given,—just the regular name of each product or article. A good plan is to write down the names of all the things usually found in a grocery store and use the list as your guide. Be careful, because Mr. Brown was clever, and sometimes he made two or three words, and even more out of a name. The judges will award the prizes in this cortest, according to the points gained by each entry, and we will fully advise you of the method, when your answer is received. For instance, 60 points can be gained by sending a correct answer to each of the twelve names you can guess, there are ten points given for general neatness, ten for style, spelling, punctuation, etc., and when you qualify, 40 points additional can be gained. Take lots of time to puzzle out your answer, be neat and careful, and you can win a good prize.

THE OBJECT OF THE CONTEST.—Every loyal Canadian will approve of the object of this great contest. Frankly, it is to advertise and introduce Everywoman's World, Canada's greatest magazine, to hundreds of new homes, which should know that a magazine of such excellence and real worth is being published right here in Canada by Canadians for Canadians. You can help us to do this, when you enter the contest, but you do not have to be a subscriber nor are you asked or expected to take the magazine or spend a single penny in orderitocompete and win the touring car or one of the other magnificent prizes.

Everywoman's World in shown the established favorite in more than 80,000 of Canada's best homes. Though that is the greatest circulation ever attained by any Canadian magazine, it doesn't satisfy us. Our motto is "Everywoman's World in Everywoman's Home." Hundreds of Canadian homes which may not know it now, will welcome

Follow These Simple Rules Governing Entry to the Contest

Follow These Simple Rules Governing Entry to the Contest

1. Write your answers on one side of the paper only, and put your name (stating Mr. Mrs. or Miss) and address on the upper right hand corner. Anything other than the answers and your name and address, must be on a separate sheet.

2. All letters must be fully prepaid in postage. Do not forget ic. war tax stamp.

3. Mambers and employees of Continentifications and friends are not allowed to compete.

4. Boys or girls under fourteen years of age are not allowed to compete.

5. Contestants will be permitted to submit as many as three sets of answers to the pussle, but only one set can be awarded a prise.

6. Different members of a family may compete, but only one prise will be awarded in any one family or household.

7. Judging will be done by three Toronto geutlemen, having no connection whatever with this firm. Prizes will be awarded according to the number of points gained on each entry; 120 points, which is the maximum, will take first prize. Points will be a subscribe or on.

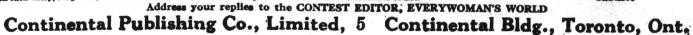
Address your replies to the CONTEST EDITOR: EVERYWOMAN'S WORLD.

1. Write your answers on one side of the paper oily, and paly your name (stating Mr. warded for each correct answer, also neathers, he contest. Prizes will be awarded for each correct answer, also neathers, here contest. Prizes will be awarded for each correct answer, also neathers, here contest.

8. Each competition will be econtest.

9. Each competition will be sent without charge, to there or four friends or neighbours will be sent with the econt of the contest.

8. Each competition will be sent without charge, to the copy of Eventwoman's World, will be copy of Eventwoman's World, will be sent without charge, to the copy of Eventwoman's world will be sent without charge, to the copy of Eventwoman's World, will be sent without charge, to the copy of Eventwoman's world will be sent without charge, to the copy of Eventwoman's World, will be sent without charge, to the copy of Eventwoman's world will be sent without c SEVENTH PRIZE



the door had been shut, but my side was in the habit of taking a look about the having not the remotest conception of still open. I put my little box platform him. in the angle, and began to apply the wet

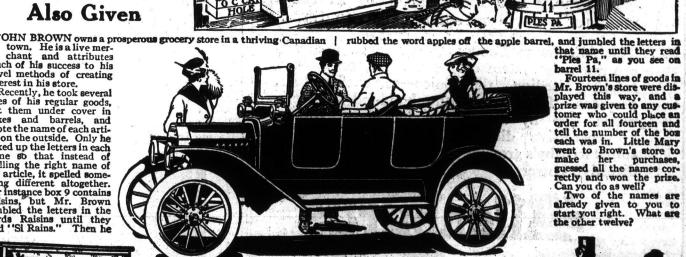
coat of cleansing polish. I was in a hurry. In the first place, it was fast getting dark, and when daylight had gone, there would be no other illumination. A single electric bulb was any good. Secondly, I wanted to finish my self-assigned task before the engineer I was wakened suddenly by a sharp went out to his supper. He was always click above me. I was in almost com-

So I worked away industriously, and finally had two panels of glass covered with the wet polish. I sat down on my box to rest and wait for the cleanser to dry. It had grown nearly dark. I was wholly inside the door-if one can get inside a door-and my back fitted com- and forward, but instead of getting anyfortably into the angle formed there. I leaned back and-I slept.

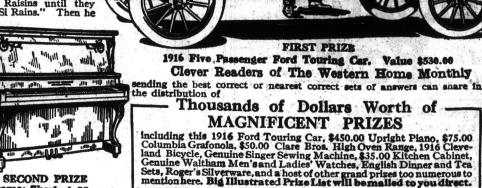
where I might be. For an instant I crouched there in panic.

In my bewilderment and half-terror I flung out a hand. It struck something hard. Then, with a surge of relief, there came back to me the realization of where I was and how I got there. I sprang up where, I came crashing against a hard, smooth obstruction.

be frustrated thus. The farther side of hall before he left, and I wanted to see plete darkness, and at first was dazed, by the roots. Try it and prove it.



















PRIZE



inside of the door.