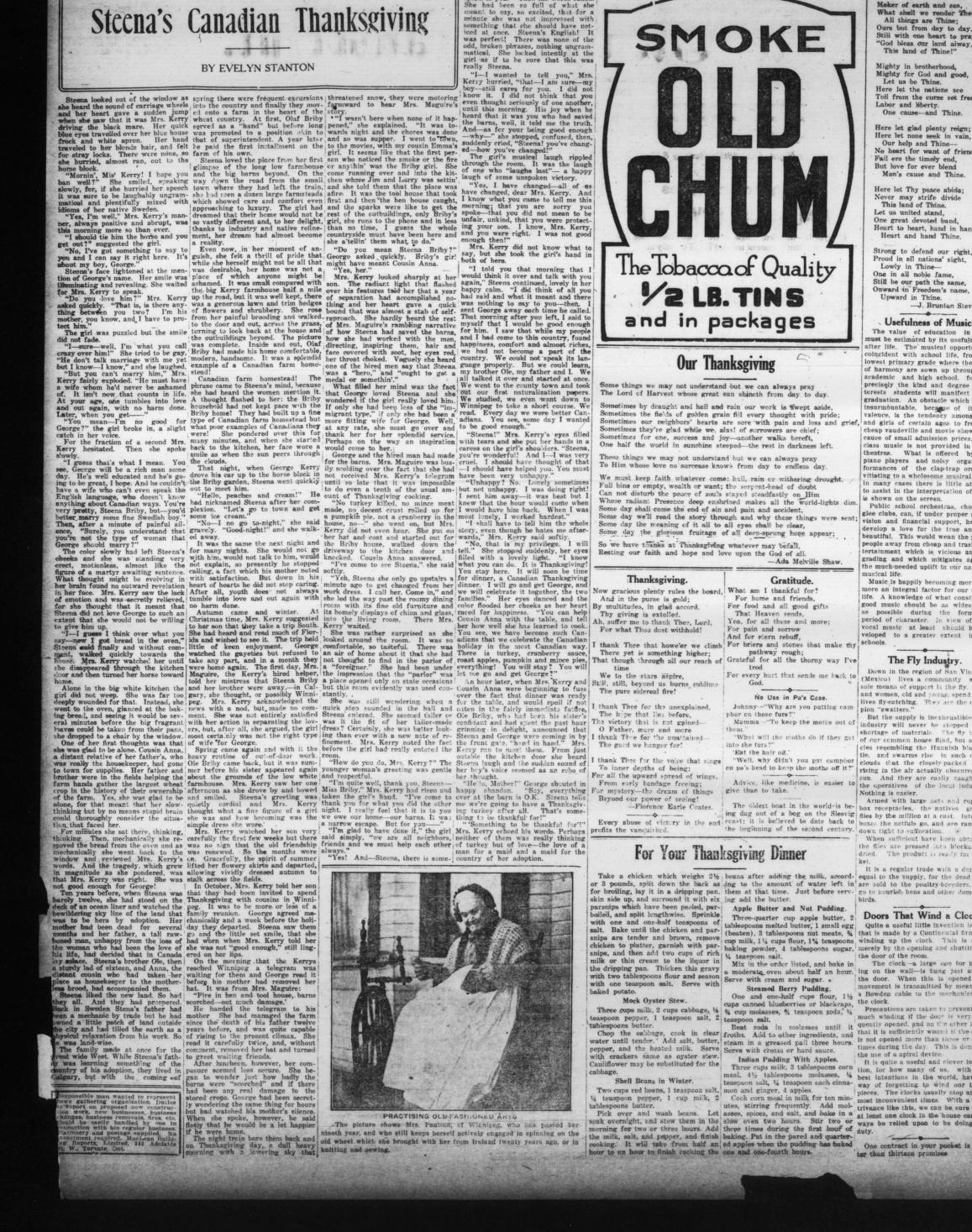
Steena's Canadian Thanksgiving



thing else about which I wished to speak to you." Then the words failed. She had been so full of what she meant to say, so excited, that for a minute she was not impressed with something that she should have noticed at once. Steena's English! It was perfect! There was none of the odd, broken phrases, nothing ungrammatical. She locked intently at the girl as if to be sure that this was really Steena.
"I—I wanted to tell you," Mrs.

SMOKE

Take a chicken which weighs 2½ beans after adding the milk, according to broiling, lay it in a dripping pan. skin side up, and surround it with six parsnips which have been pesled, parboiled, and split lengthwise. Sprinkle with one and one-half teaspoons of salt. Bake until the chicken and parsnips are tender and brown, remove chicken to platter, garnish with parsnips, and then add two cups of rich milk or thin cream to the liquor in the dripping pan. Thicken this gravy with two tablespoons salt. Serve with baked potato.

Three cups milk, 2 cups cabbage, 16 teaspoon salt.

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Chop the cabbage, cook in clear water until tender. Add salt, butter, pepper, and the heated nilk. Serve with cream or hard sauce.

Indian Pudding With Apples.

Shell Beans in Winter.

Pick over and wash beans. Let asses, spices, and sait, and case in a at least one clock in the house can alseak overnight, and stew them in the morning for two or three hours. Add three times during the first hour of the milk, salt, and pepper, and finish cooking. It will take from half an ed apples when the pudding has baked hour to an hour to finish cooking the one and one-fourth hours.

At least one clock in the house can at at least one clock in the house can at least one clock in the house can at at least one clock in the house can at least one clock in the h

A National Anthem

Maker of earth and sea, What shail we render Thee? All things are Thine; Ours but from day to day, Still with one heart to pray "God bless our land alway, This land of Thine!"

Here let the nations see Toil from the curse set free,

Here let none seek in vain, Our help and Thine— No heart for want of friend Fail ere the timely end,

One great devoted band, Heart to heart, hand in hand, Heart and hand Thine.

Strong to defend our right, Proud in all nations' sight,

Usefulness of Music.

The value of education in music must be estimated by its usefulness in after life. The musical opportunities coincident with school life, from the lowest primary grade where the seeds armony are sown up through the academic and high school, forecast precisely the kind and degree of in-terests students will manifest after graduation. An obstacle which seems insurmountable, because of its pre-valence, is the tendency among boys and girls of certain ages to frequent cheap vaudeville and movie shows. Be cause of small admission prices high class music is not provided in these theatres. What is offered by Jazz piano players and noisy organ per-formances of the clap-trap order is vitiating to a wholesome musical taste. In many cases there is little attempt to assist in the interpretation of what

Public school orchestras, choruses, glee clubs, can, if under proper supervision and financial support, help to develop a love for the true and the beautiful. This would wean the young people away from cheap and trashy en-tertainment which is vicious and degrading and which mitigates against

Music is happily becoming more and more an integral factor for our social life. A knowledge of what constitutes good music should be as widespread as possible during the formative period of character. In view of this, vocal music at least should be de-veloped to a greater extent in the

Down in the region of San Vincente (Mexico) lives a community whose sole means of support is the fly. Men and women, old and young, spend their lives fly-catching. They are the cham-

But the supply is inexhaustible: the industry will never be stopped from shortage of materials. The fly is not of our common house flind, but a specles resembling the Hunnish bluebet tle, and swarms rise in such dense clouds that the closely packed mass rising in the air actually obscures the sun. And they are easily caught by the operatives of the local industry. Nothing is easier.

Armed with large nets and comou The oldest boat in the world is be-ing dug out of a bog on the Slesvig coast; it is believed to date back to boxes the netfuls go, and are rammed

When sufficient have been obtained

pepper, and the heated milk. Serve with cream or hard sauce.

Indian Pudding With Apples.

Three cups milk, 3 tablespoons corn meal, 4½ tablespoons molasses, ¼ teaspoon salt, ¼ teaspoon salt, ¼ teaspoon selt, ¼ teaspoon butter.

Two cups red beans, 1 teaspoon salt, ½ teaspoon salt, ¼ teaspoon butter.

Cock corn meal in milk for ten minutes, stirring frequently. Add molasses, spices, and salt, and bake in a slow oven two hours. Stir two or ways be relied upon to be doing its