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HOLE OR GROUND COFFEE PURE, Tyler's, 355½ Clarence. R SALE - SILVER CAMPINE cockerels, \$2 each. Apply 107 Marley Place, evenings. Phone 5342. 79c SITCHEN RANGE, MEDIUM SIZE wo IRON COLUMNS, WITH BASES lington. Spot cash buyer. Apply of Satt and caps. 941 Wellington street north.

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Mr. Webber, 1151 Richmond street
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need men's and women's clothing, furs, sweaters, furniture and housefurnishings. Drop me a card or phone 4214 NN'S FISH MARKET—FISH, OYS-TERS, poultry, twice daily. 143 King street, opposite market. Phone 1206.

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BROWNLEE'S

McPherson's Lightning-Hitch HOCKEY SHOES

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DELIVERY NEW YEAR'S

MORNING. SILVERWOOD'S, Limited

Valkers, blue and white stripe, \$2.19. ASK FOR THEM.

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A. Oleomargarine 35c
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Aylmer Tomatoes, per tin 19c
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Try a pound of our Bulk Tea at 50c.
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Mixed Wood \$4.50 Load

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w is the time for popping. Pop-and Popper, only 35 cents. Gold-Canaries, Ferns and Flowering

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SPECIALS FOR SATURDAY.

ONDON PURE FOOD MARKET.

WONDER COAL OIL BURNER any stove; cheaper than gas of See it at Lewis', 1011/2 King. ABOUT YOUR NEW SUIT.

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collar and muff, also mink tie, a nearly new. Apply Box 104, Advertiger. ldermen-Ward One THE JOYFUL SMOKE - SMITH'S "Joy" 10-cent cigar. S. Smith, manufacturer, London. McKIM'S AUCTION ROOM—SOME new mattresses and springs, splendid violin, square plane, and mostly any-thing you may need. 257-Talbet street, Phone 4820.

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NO HONEST PERSON IN LONDON need be poorly dressed. If you cannot pay full cash, see me about my convenient terms. Suits, coats, dresses, skirts, waists, furs. A visit to the store will convince you, as it has others, or will bring samples to your home. Phone 1987. W. Goldenberg, 761 Dundas. Open eyonings. Idermen—Ward Three John Colbert G. B. Drake F. R. Watkinson H. A. Winnett ldermen-Ward Four

CAN SELL YOU ANYTHING IN the line of wearing apparel for ladies, men and bovs on easy payments; also furniture and house furnishings. My reputation in the city is your guarantee for fair treatment. Gall, write or phone. L. Wolfe, 769 Dundas street. Phone 6112. D. H. Flannigan E. S. Little fembers of Board of NORDHEIMER PIANO — LATEST model, practically new; special price to spot cash buyer. Apply 613 Wellington. Henry Hayman A. A. Langford W. T. Strong

cedars for decorating, thousands of evergreen trees, many sizes, from 25c up. Shade and ornamental trees, flowering shrubs, many kinds, rose bushes, Christmas roses. Three varietles maple trees, basswood, mountair ash, horse chestnut, Charles Baker nurseryman, Ridout south, Phone 2222 LADIES' PLUSH, VELOUR COATS, suits, dresses, furs, men's, boys' suits, overcoats, housefurnishings, woolen shaker flannel blankets, comforters, rugs, at one dollar per week. A telephone call will bring to your house anything you need: no obligation to buy. Satisfaction guganted I

SKIDMORE APPEAL TO BE HEARD BY CANCERS CURED BY PLASTER method—Established 40 years. Henry method—Established 49 years. Edwards' Cancer Hospital, Eldout street Phone 2666. GLENWOOD PRIVATE HOSPITAL

for Office for 1919

DEPARTMENT OF EXTERNAL AFFAIRS.

Department of External Affairs Ottawa, Dec. 17, 1918.

DEPARTMENT OF EXTERNAL AFFAIRS.

Owing to the sudden extraordinary increase in the demand for passports it will be necessary for applicants to allow for a delay of two weeks after the receipt of the completed application before the issue of their passports.

W. H. WALKER, Assistant Under-Secretary of State for External Affairs Ottawa, Dec. 17, 1918.

D. 25, 27, 30

CHIROPRACTIC MEN'S HEAVY ALL-WOOL UNDER-WEAR, all sizes; also bargains in new and second-hand shoes at Sis-kind's, 338 Richmond and 375 Clar-ence \$2-tf BELTING, REPAIRING AND LEA-THER belting. Phone 1061. Mills, belt manufacturer, 152 Carling for sale. Apply 412 Princess avenue

CIAN—Chiropractic, electro-therapy, X-rays, etc., 267 Piccadilly, Phone DR. A. W. MACFIE, CHIROPRACTOR Dominion Savings Building, corner King and Richmond, has resumed practice.

Gerald Calvin, who lately returned don. Money to assist in the legal fight is being raised by the Workers' Politual Polituation of Contario, and wounded leg, and expects to remain there all winter for treatment.

Wounded legical Defence League of Ontario, and its being raised by the Workers' Politual Defence League of Ontario, and its have already been sent to many Ontario towns and cities.

DR. BARKLIE, OSTEOPATH AND chiropractor. Magnificent electrotherapeutic equipment; fourteenth lists have already been sent to many Ontario towns and cities.

DAILY PAGE FOR EVERYBODY

Secrets of Health and Happiness

Fresh Milk Among the Most Precious Vitamine Bearers

> By DR. LEONARD KEENE HIRSHBERG. A. B., M. A., M. D., (Johns Hopkins University.)



DR. CATON, OSTEOPATH, 171 KENT street—General practice. Lady attendant. Phone 1573.

Obviously, if fresh milk will ward off the severity of disease as well as a liability to be either a weakling or a chronic sufferer from nearly every disease which comes along, then a liberal supply of that food will contribute richly to body's growth. flour or other cereals, frozen meats, canned vegetables, refined, granulated sugar and similar fare all lack a suffied in various cases For instance.

Answers to Health Questions

MY SOLDIER HUSBAND ADELE GARRISON'S CONTINUATION OF

REVELATIONS OF A WIFE CLARA KILBOURNE, UNIVERSAL College of Chiropractic graduate.

Office, 321 Queen's avenue. Telephone

CLARA VILBOURNE, UNIVERSAL College of Chiropractic graduate.

Office, 321 Queen's avenue. Telephone

Professor Hopking What Madge Remembered. As I drew back, a bit ashamed of my master," his lips twisted wryly, "and I impetuous exclamation, a whimsheal look have a mighty hard time minding my flashed into the expressive countenance of Mr. Stockbridge.

There was amusement in the glance, but underneath it I had a glimpse of something else—the poignant bitterness which must always be this man's portion, no matter how bravely he masked it. If Fd had any doubt of his identity, his face would have confirmed my guess. Would never do to have the first assisting and Daddy Hop Toad!" exhausted in the stairs to the attic. "I hate to get old clothes ready for the ragman, it's so much trouble."

"Hum—Pegs!" squeaked a tiny voice at her side, and Pergy turned to see her ittle elfin friend. Squeedee, smiling at her.

"I am very glad, indeed, to find that you aren't quite as—shall I say dignitied—as your letter led me to expect. It was the one fly in the ointment. For it was the one fly in the ointment. For it was the one fly in the ointment. For it was the one fly in the ointment. For it was the one fly in the ointment. For it was the one fly in the ointment. For it was the one fly in the ointment. For it was the one fly in the ointment. For it was the first assistgood fairy's wand and restored health Two Vitamine Types. his face would have confirmed my guess. Would never do to have the first That he recognized and accepted the appellation so involuntarily uttered I Vere manner." nd various sorts of substitutes

I other such exercises help to rece fat legs.

H. A. Q.—Kindly give me a good ir tonic.

A.—Use the following as a hair tonic Quinine 1 tablespoonful Sage 10 ounce Sulphur 1 tablespoonful Rain water 1 pint Steep the sage over night after pourage the pint of boiling water over it itrain and add the other ingredients, et this stand two days, strain and see with massage every night, applying directly to the scalp. If the scalp is very dry, two ounces of glycerine is a good addition.

E. S. X. Q.—Kindly advise what to do for a dry skin.

A.—Banner Reader, Q.—Kindly give me a good addition.

A.—Rosewater and glycerine is very good for dry skin.

A.—Massage the hands with a little A.—Massage the hands are a massage the hands with a little A.—Massage the hands are free facily and hand hopped upoh a toadstool accept t

A BANNER READER. Q.—Kindly give me something for dry hands.

A.—Massage the hands with a little glycerine and rosewater.

Dr. Hirshberg will answer questions for readers of this paper on medical hygienic and sanitation subjects that are of general interest. He cannot always undertake to prescribe or offer advice fer individual cases. Where the advice fer individual cases. Where the acceptance of the position with which I has suit a quick jerk pulled first on acceptance of the position with which I has suit a quick jerk pulled first on acceptance of the position with which I has suit a quick jerk pulled first on acceptance of the position with which I has suit a quick jerk pulled first on acceptance of the position with which I has suit a quick jerk pulled first on a control his trousers then the other cases are suit of his trousers.

Good Night
Stories

"Oh, dear!" exclaimed Peggy, as "Mama and Daddy Hop Tood!" ex-



FRANK H. SIMONDS

Will Report Peace Conference For Advertiser

This noted war critic, whose reviews of the war have been a feature of The Advertiser since the conflict started, has sailed for Europe. The Advertiser has arranged to continue his service until peace is signed.

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