BEFORE THE FOOTLIGHTS.

The cultivation of music is a matter of vital importance in a young community like ours, and any encouragement given it deserves to be made as public as possible. Instead, therefore, of devoting this week's column, as usual, to diverse topics connected with music and the drama, I think I shall be doing a service by publishing full particulars of the Montreal Musicat Jubilee, or competition opened to all the several corps or Bands of Music of the Dominion. As the ILLUSTRATED NEWS circulates through every part of the country, it may prove the medium of making this scheme more widely known than it would otherwise be.

The competition has been divided into two classes :

1.- The Class of the Regular Corps or Bandof Music formed and organized in Canada; that is, those which are composed of Regular Soldiers, and are under the control and authority of the Government.

11 .- The Class of the Independent Corps or Bands of Music. The Class of the Independent Bands of Music has been sub-divided into First Class and Second Class.

The Regular Bands of Music shall have no right to compete in the classes of the Independent Bands of Music, but the bands of music competing in the first class of the Independent Bands of Music shall have the right, if they so desire, to compete in the class of the Regular

Bands of Music.

The Bands of Music competing in the first class of the Independent Bands of Music shall have no right to compete in the second class, neither those competing in the second class shall have the right to compete in the first

Lastly, no Band of Music shall have the right to compete in other classes than those in which they shall have entered for competition.

The prizes are munificent.

Five Prizes in Gold Coin, forming altogether the sum of Two Thousand Dollars, and each prize, together with a Banner, has been granted to this competition.

1.-Class of the Regular Bands of Music Prize, \$600, with Banner.

11 .- First Class of the Independent Bands of Music ; First Prize, \$600, with Banner. Second Prize, \$400,

III. Second Class of the Independent Bands of Music: First Prize, \$300, with Banner.

Second Prize, \$100, "These prizes shall be awarded by Five Jubges chosen as well in the United States as in the Dominion of Canada.

The banners shall be presented by LADIES of different nationalities.

The rules and conditions of the tournament are that each band shall have

1-Been formed and organized in the Dominion of Canada.

II-Existed at least since the first of September last (1877). A musician being a member of any competing Band of Music cannot be replaced under any pretext whatever from the first of April next ensuing (1878), until the competition is ended and closed; and each Director of the several Bands of Music competing shall then be sworn to testify that each musician has been a member of his Band of Music at least three months before. Any executing member of a Band of Music competing shall not be allowed to play in any other Band of Music, unless he should be a teacher of other Bands competing.

111 - Dressed in uniform.

IV-Paid the entrance-fee fixed for the class

in which he is wishing to compete, to wit: Class of the Regular Bands of Music, \$20,00. First Class of the Independent Bands of Music,

Second Class of the Independent Bands of Music, \$10,00.

The entrance-fee is payable to the Secretary, as follows:—half with the application, and the other half before the opening of the competition, and on the reception of the half of the entrancefee, the piece for competition will be sent gratis,

V-To make application to the Secretary between the first and the twentieth days of March next ensuing (1878), (both days included), mentioning therein the name of the Band of Music, of the teacher, also the names of all members, and lastly the place where they

VI-To execute three pieces of music, one of their own choice, one the choice of the judges (which piece shall be sent gratis on reception of the half of the entrance-fee), and lastly, one at first sight, but very easy, and according to the classes of the competition.

VII-To be present at Montreal, on the twentieth or on the twenty-first day of June next en-suing (1878), at 0 o'clock A.M., the latest, and also present at the render-rous which shall be appointed in the city of Montreal, to take part in a grand procession.

VIII .- This competition shall take place on the twenty-first and twenty-second days of June next (1878), in the city of Montreal.

The presentation of the prizes shall take place on the twenty-fourth day of June next (1878). I shall add in conclusion that this Jubilee is in honourable and responsible hands, it being sufficient to mention that Judge Coursel is Preeident, and Messrs. A. W. Ogilvie, M.P.P., and M. C. Mullarkey, Esq., are Vice-Presidents of the committee of organization.

Piccolo.

HOUSEHOLD CONFERENCES.

Ι.,

SLEEP AND RISING.

The subject which I have been called upon to treat, under this heading, is rather a wide one, ranging over many topies, and, in some respects, rather arbitrary so far as a proper selection goes, but there can be no great mistake in beginning with the very commencement of a working day, as that interests every body, and as on it depends much of the success which the waking hours are expected to bring with them. Hence I open with a few thoughts on sleep and rising.

1. As to the amount of sleep required. That is a question which is amenable to no set rules, and the sanitarians who would lay down a law only prove their ignorance of physiology. In general, however, it may be set forth that a healthy man requires from seven to eight hours of sleep. A healthy woman from eight to nine hours. Children should be allowed to take all they can get. At least, up to the age of ten, a child should not be subjected to any rule cur-

tailing its sleep.

11. As to the hour of rising. The old rule is "up with the lark." A much better rule is, "up with the lark." A much better rule is, however, "up with the sun." That would That would make five o'clock in summer, and seven in win-Nature and common sense seem to prescribe this, as, while it is shameful for a healthy man to stay in bed after daylight, so it seems unnatural that he should rise while it is yet dark, and begin his day's work by candle or gaslight. But the most sensible way is to rise only when you awaken of yourself, as, whether well or ill, you will sleep just so long as your body

requires and no longer.

Valetudinarians, and women especially, after waking normally in the morning, stretch out a little, roll over and fall to sleep again for a couple of hours. That is all right and proper, so long as it reposes them. But the experience of many my own included is that these two extra hours rather tire than freshen. One gets up after them with weary eyes and warm hands.

111. As to brisk rising. A general rule is not to lounge in bed after awakening. Jumping right up is not advisable, as it may prove a shock to the nerves. The effort may likewise produce weariness, which is very discouraging and a bad sign at the beginning of the day. Good sense demands that one shall awaken thoroughly before rising, and that means that his eyes must be allowed to open fully, his limbs to distend, and his whole consciousness to return. Then deliberate rising, dressing and washing complete the restoration. On the other hand, after these conditions are fulfilled, no one should lie inle in bed. This applies especially to the young, for obvious reasons not

necessary to mention here.

IV. As to dressing. Altogether the best mode is to dress at once. This applies parti-cularly to females who generally dawdle over that initial business of the day. In no case should the young folks be allowed to come down to breakfast unless thoroughly dressed, and the girls should be fully combed. Father and mother will, of course, set the example, though the former may be allowed slippers and dressing gown at his coffee, and the latter a morning robe and cap.

Thus, rising at a proper time, and in a proper manner, and dressing at once, one is in spirits to start out for the day.

o. U.C.

BRELOQUES POUR DAMES.

THE reason why the young ladies like naval officers is because they belong to the marry-time

Now let us sit down and consider why woman invariably curies a bundle as though it was a baby.

In Spain at a dinner party the oldest lady is always seated first. He who would try the fashion here must expect a stale dinner.

Dip you ever sit down before the grate and cross your legs and wonder how it comes that a dear little toddling youngster, too small to lift a dictionary, can ask questions that would send a coll ge professor to the foot of the class?

THE Danbury Man's book, "They All Do It," says the most difficult thing to reach is a register If the author a fashionable milliner's establishment on a pleasant afternoon he will change his opinion. A woman's head enables her to find her pocket with wonderful alacrity.

THE landlady brushed back the boughten curl from her alabaster brow, as she asked her favorite boarder on Christmas, if he would have some of the spring chicken; and true to its name the fowl sprung from the dull points of the carving fork like a rubber ball, into the lap of the young man with yellow pantaloons on. The spring chicken proved to be an infringement on the Goodyear patent.

The wife of a New York banker distinguished herself the other night at a Washington party. Her dress was covered on a skirt, so as to make it appear one piece, with one hundred and five hundred dollar bills. The waist and sleeves were \$1,000 bonds sewed in, and her fingers and ears blazed with diamonds. The tiars was said to have been worth \$50,000, and the notes and diamonds were \$260,000. Two pages carried her train, and watched lest the jewels and greenbacks should fall to the floor.

THE FREE LANCE.

When you are in an exceedingly great hurry to get to your office or to return to your home, dways make it a point to wait for the street car. This will teach you the useful philosophy of never being in too great a hurry.

It may turn out that the Dominion Board of Trade will not acknowledge the corn. That will happen if it declines to accept the withdrawal of the Montreal Corn Exchange, on the score of want of previous notice.

The best of jokes is that of a lawyer sending his curt and menacing collection letters right and left, and sneing for debt, while he himself is head over heels in debt, and receives bushels of "lawyers' letters" to his own address.

I am assured that there are many advocates in this town, young, middle-aged, and old, whose only source of revenue consists in sending "lawyer's letters," and pocketing the one dollar fee before a cent goes to the creditor.

Life is full of contrasts.

Yesterday a friend of mine received a polite note from a leading lawyer inviting him to dine

To-day he received a note from the same lawyer asking for a collection from a creditor, and threatening all sorts of things in case of delay.

Two gentlemen were reviewing their expeiences on New Year's Day. One of them said : "I have been a lucky fellow. I have gone the rounds of all pleasurable sensations in life, with a solitary exception."
"What is that?"

"I never enjoyed the delicious luxury of having a street car catch up with me.

At a New Year's reception in this city, among many untesteful costumes, there was one of a lady, fair, fat, and forty, who was sleeveless from the arm-pit to the wrist. Her complexion was really fine, except that the appearance was rather too spermy, or, as the French say, circe. A friend, noticing a little scar on her left arm, said:

'She is vaccinated.'

"Waxinated, you meen," was another friend's

Blondin, the celebrated rope-walker, is now back in his native country, and the Parisians are making a great deal of him. Recently, during

one of his vertiginous exploits, he invited Cham, the inimitable caricaturist of the Charirori, to accompany him. "How will I go !"

"I will carry you on my back." Cham made a wry face.

"Are you afraid of falling!" "Yes ---- into ridicule !

The City Passenger Railway is making a sad exhibition of its conductors. They are not allowed to handle a five cent piece, under penalty of instant dismissal. The passenger must drop his fare himself into the silver alit of a box which the conductor carries in front of him, while he looks meekly on and presses a sounding spring. What is the plain English of this Vankee patent mode of procedure? That the conductor is not to be trusted. That is a very rough thing to put before the public, and quite conducive to the general morality.

I have been asked to give my views about the weather. I am told that I ought to know as much about it as Vennor or anybody else, and I in-cline to that belief myself. In delivering my prognostics, however, I do not wish to be under the suspicion of subterfuge or ambiguous language such as allows Vennor and the other fellows to sueak out of the failures which befall them. My forecastings are built upon science only. Here

I. Spite of all croakings to the contrary, the present winter will last the full hiemal term. 11. The river will "take" as soon as the glacial period is determined, and not before.

III. The quantity of snow that is to fall is in direct ratio with the niveous condition of the atmosphere.

LACLEDE.

THE GLEANER.

CASTELAR thinks he will live to see a Spanish Kermblie.

RESTING dress coats for parties is a lucrative Yew York idea.

LORD BEACONSFIELD has just celebrated his eventy-second birthday.

It is estimated that the English budget will show a deficit of one million pounds sterling. THE Marchioness of Lorne, unlike the rest of

SOTHERS says the stories of the Prince of Wales foodness of green rooms are all untrue. He is a devoted husband, and enormously and

Queen Victoria's married daughters, is child-

deservedly popular in England. The Saturday Review says that the present age is an age of primers and manuals, in which the intellectual pabulum of former ages is condensed into essences to suit all tastes.

J. W. MACKEY, the California millionaire, who has lately bewildered the Parisians by the extravagance of his living, is said to be about to buy a Papal earldom and become Il Conte di Mackey.

The students of Pesth are subscribing for a silver crown to be presented to Osman Pasha, inscribed "The homage of the true Hungarians to the hero of Plevna.

THE latest explanation of Mine, MacMahon's surrender to the Republicaus, which resulted in the formation of the present Ministry, is that under the pressure of his vexations the Marshal had become prevish and irritable, and occasionally talked as if he had lost his wits. His brother and a nephew had both died insane, and she feared the same result to her husband. To save him, she gave up.

A Double Aurtst. - Mile Sarah Bernhardt, in Paris, is occupied modelling the statue of a child playing on a flute, beside the bust of Felicien David, for Versailles. Her sculpture is carried on without prejudice to her other artistic occupations. As many as seventeen parts in different plays have been submitted to her since her successful personification of Doan Sol; and she is also busy studying the character of Blanchs in " Le Roi S'amuse." At the banquet given by Victor Hugo to Sarah Bernhardt, the latter wore a light dress of creps de chine, literally embossed with ornaments in pearl. It hung upon her-for her figure lacks fullness, and its tint heightened to strong contrast her dark dewish

HUMOROUS.

BERYITY of restame is the soul of burlesque

Propte who make their living by falling on slippery walks, breaking their legs and soing the corput ation, are not getting a fair show this year.

Tur world may never know what unutterable things a hotel water thinks when he fulls his some and learn against the wall to gaze down upon you in mouriful silence with dreamy eyes.

BEKEIRE'S idea that there is no hell is had for newspaper publishers, as so many subscribers may now utterly refuse to pay up, if they have the remotest suspicion that Herether knows a but for is talking about.

Wisk people who love to dive into apparently infathomable mysteries are requested to explain why a pencil lend always breaks just when you have finished labouriously constructing a point with a shift

"AH, my deat," said Dan to his wife, "it's An, my deat. Said Dan to his wife, "It's all right, and I'm sure I'm much obliged to you sen know, but dyou hado't given me that text of elegant eights, I has thinking of swearing off on New Year's Day."

THERE may be no such word of fall in the bright lexicon of youth, but when a young man, and dering home at one a.m., trees by put out a street lamp by stepping on it with his foot, he were some leaders that there are some things that even youth early do.

A MAN down in Bradford, Pennsylvania, cured himself of the dyspepsia by chasing a chromo-agent over a mountain nine railes high. We look to see this remedy more generally adapted. The only trouble with it is that there may not be enough mountains to go

Tun umbitious wathler who is trying to chimb to glory by don-ling our waste basket with someta-written in pale red tak, will have to get there by some other route. Brick coloured manuscript has about the same effect on a near righted editor that a crimson share

THE voice of the starlit car never sounds to better advantage than in these troaty, clear, and select winter nights. Sometimes it is difficult to distinguish a prolonged note on the upper register from the clearing wall of a trompet solo. The cat lasts longer and has a tride more power, and will stop quicker for a brick than the trumper will.

ROUND THE WORLD.

GERMANY.—Thirteen persons have been arrested in connection with the charge of treason against Bishop, who is said to have endoavoured to obtain plans of the fortifications of Metz.

OBITUARY Vittorio Emmanuel II , King of Italy, died on Wednesday, 6th inst., aged 57.—Francis. Vincent Raspail, the French chemist and politicism, after A stormy Haspan, the rector Commission and positioned as a stormy life of severity four years,—dispersion than Ambient Count de Palikao, who took his title from the Angle-Count de Palikao, who took his title from the Angle-Count de Palikao, at the Chinese war of 1866. Rulgaris, the oil time Greek politician —The Italian General and statesman La Marmora.

FRANCE, M. Greevy and the Dake d'Au-FRANCE.—M. Greevy and the Dirke d'Au-diffret Pasquier were elected Presidents of the French Chamber of Deputies and Senate respectively—the fur-mer by 335 votes out of 336, and the latter by 172 against 61 blanks. In a speech recently delivered at Marseillias Gambetta satisfied a holt in the Republican advance until 1880, in order to furify the positions already wen by the party, and to support the Ministry until after the Senatorial elections next year.

Senatorial elections next year.

ITALY,—Immediately upon the death of his father, King Humbert of Italy issued an address to the Italian people, in which he assured them of his attachment to the liberal principles advisented by his father. The nows of the late King's death has created much anxiety in France and Germany—in the latter country as likely to affect, the stapility of the Triple Alliance, and in the former, as causing the loss of a staunch friend of France. The Italian Parliament is to be summoned in mediately, and the new King took the out on Wednesday last. Expressions of sympathy from hit the Sovereigns of Europe and from Marshal MacMahon were received at Rome. ceived at Rome.

THE EASTERN WAR. The two principal THE EASTERN WAR.—The two principal points this week are the Russian victory in the Balkana, and the armistice. At Shipka Pass the Russians captured 28,000 nen, 1,000 horses, 12 mortars, 12 siege guns and 80 held guns. Two Russian columns from Kesanlik have arrived, one near Yeal Sagbra and the other near Tatar Bazardjik. The Tyombedi Railway is threatened. The civil population has been ordered to quit Adrianople, and 8,000 persons have already gons. The civil government has been transferred to Rodosto. The garrison of Nisch surrenitered to the Servians numbering 8,000, with 90 camaon. 12,000 rifles and a number of flags. The armstice is not yet tully concluded. The Prince of Montenegro, baying applied in Russian headquarters for instructions relative to armistics, has been informed that he need not send an envoy, as the Grand Duke would also charge of his interests.