

It was after Abraham had patiently endured that he obtained the promise. Dr. Moffat, after his long missionary experience, and from the height of his ninety years, was bidding Godspeed to a young missionary just going forth, and he reiterated this one charge: "Have patience, have patience, have patience." St. Paul named patience first among the signs of his apostleship. The "signs and wonders and mighty deeds," which attested to his character as a true ambassador of Christ, took the second place. He could say to Timothy, Thou hast known my patience.

And when Paul gloried in the churches of God over some of his converts in foreign lands, it was first for their patience and then for their faith.

We can do nothing better than to follow those early disciples as they followed Christ, in His divine endurance of the contradiction of sinners against Himself. We are to be their companions not only in tribulation, but in the kingdom and patience of Jesus Christ. Let us run with patience the race that is set before us. Let patience have her perfect work. In all things approving ourselves as the ministers of God in much patience.

Great rewards are promised to this virtue, so humble yet so high. It is the patient soul that is acceptable to God; He knows its temptations, gives it support in affliction, faith amid discouragement, and final victory.

"Now the God of patience and consolation grant you to be likeminded one toward another according to Jesus Christ: that ye may with one mind and one mouth glorify God, even the Father of our Lord Jesus Christ."—*Life and Light*.

FOREIGN DEPARTMENT.

TRINIDAD.

Extracts from Letters from Miss Blackadder.

As our prayers this month are specially on behalf of the work in Trinidad, we are glad that, through the kindness of friends, recent