JUST OBEY.

Do as you are told to do By those wiser far than you; Do not say, "What the use of this may be I am sure I cannot see "-Just obey'

Do not sulk and do not sigh, Though it seem in vain to try; Work away! All the ends you cannot see; Do your duty faithfully-Just oboy!

LESSON NOTES.

FOURTH QUARTER. STUDIES IN THE OLD PESTAMENT.

LESSON V.

[Oct. 29.

PSALMS OF DELIVERANCE.

Psalms 85 and 126. Memory verses, Psalm 126.

GOLDEN TEXT.

They that sow in tears shall reap in joy. -Psalm 126. 5.

DO YOU KNOW?

What is a psalm? A sacred song or hymn. Who wrote many of the psalms? King David. Where had the Jews been in captivity for a long time? In Babylon. Who had brought them back to their own land? The Lord. Why had they been punished? For their disobedience. What does the Lord want to give to all his children? Peace. Who only can forgive sin? God. How did the people feel when they came back to their own land? Full of joy. What did they say the Lord had done for them? "Great things." is the great thing God has done for us? He has given us Jesus. Who shall have joy and happiness? Those who work for him.

DAILY HELPS.

Mon. Read the first part of the lesson. Psalm 85. 1-13.

Tues. Read more of the lesson verses. Psalm 126. 1-6.

Wed. Find how we may have our sins forgiven. Matt. 1. 21.

Thur. Learn who is the Maker and Giver of peace. John 14. 27.

Find the great thing God has done Fri. for us. Acts. 13, 23, 38. Learn a beautiful verse about joy.

Sat. Psalm 30. 5. P.VICA]

Read something to make you glad. Sun. Psalm 46. 1-5.

LESSON VI.

BEHEMIAH'S PRAYER.

Neh. 1, 1-11.

Nov. 5.

GOLDEN TEXT.

Prosper, I pray thee, thy servant this day.-Neh. 1, 11.

no You KNOW?

Did all the captive Jews go back to Jerusalem? No some stayed in Persia Who was one of these ! Nehemiah. Why did he live in the king's palace? He waited on the king. Who was the king at this time? Artaxerxes. Why did Nebeminh love to hear from his old home? It was dear to him Who brought him news one day? Hanani. What did he say was broken down? The wall of the city. Why was this a sail thing? Itleft the city open to its enemies. What did Nehemiah want to do? Why was he willing to do it? What did he fear might hinder his going? The will of the king. To whom did he go first? To God, the great King. What did he ask? That God would lead the king to let him go.

DAILY HELPS.

Mon. Read Nehemiah's prayer. Neh. 1.

Tues. Read the answer to his prayer. Neb. 2, 1-8.

Wed. Find how Nehemiah was received. Neh. 2. 18.

Thur. Find how Jerusalem had been de-

stroyed. 2 Kings 25. 8-10. Learn why such trouble had come Fri.

upon Jerusalem. Dan. 9. 11. Learn that God always keeps his Sat. promises. Deut. 7. 6-11.

Find why we should love the Lord's house. Psalm 100. $\mathfrak{Sun}.$

LUCY'S BROKEN DOLLY.

"Oh! Bessie, my doll is broken! fell off the table and broke her head. Oh, dear!" And Lucy began to cry and wail bitterly.

Poor Dinah certainly was a wreck. Her face was broken right in two. One of her bright blue eyes had been knocked out by the fall, and only her wig of blonde hair kept Dinah's head from falling apart.

Sister Bessie tried to comfort her playmate.

"Never mind, Lucy, let's go tell mother, and maybe she can mend it." Lucy picked up poor Dinah and hurried off to mother.

You know what mothers do at such times. Mrs. Lee gathered Lucy up in her arms and kissed her and comforted her and promised to make Dinah well again before long.

And sure enough, two days later, when Lucy came down to breakfast, there was Dinah beside her plate, as well and as beautiful as ever. Perhaps she had a new head-Lucy was never quite sure of that -but certainly she looked just like her old self.

Lucy ran to give her mother a big hug and kiss. "Mothers can do just everything, can't they?" she said.

"No, dearie, there are many things they can't do. But God can do all things for us, and he loves to have us run to him Memory verses, 8-10, every time anything goes wrong with us."

A FAVOURITE WITH THE SAILORS.

So many gulls now being seen in London during the winter, it is interesting to hear how the birds will return to the same spot for many years running. One gull has made his winter quarters on the American lightship of Brenton reef on the Atlantic coast for the last twenty-four years, staying from October to the beginning of April "Dick" is a great favourite with the sailors, and never misses meal times. He is growing old and feeble now, and the lightship men fear the bird will not survive the winter.

WHAT DOES IT MEAN /

A good rich man in a large city put up this notice over the door. "All who have no money, and are hungry, come in here and eat.'

A great many people passed by, and said, "What a strange man to make such an offer!"

A poor man came along, looked at the sign, and said, "Well, I'm hungry enough; but then, if I can't go in without paying something, I don't want to go, and I haven't any money." So he passed on.

A poor woman stopped and looked at the sign, and said "Oh that I might go in there and eat! But, alas! I am too ragged and dirty. I am not fit, he would turn me out."

So she passed by, and so on. One had one excuse, another some other; and so, hungry, starving, poor, wretched, the crowd passed by, and did not go in to the feast.

At last a little boy came along and saw the sign. "That must mean me!" he cried. "Hungry? I'm hungry. Poor? I'm poor enough No money? Well, that means me, too. I'll go in'" And in he went, and not only had a great dinner, but was clothed, and given a beautiful home, in which he should be forever happy.

QUARRELLING.

One day a little terrier, going into the lovely grounds which surrounded his home, saw a monkey, belonging to an organgrinder, seated upon a bank. With a fierce bark he made a dash toward him. The monkey, dressed in a fancy jacket and hat, waited so quietly that the dog halted just in front of him to think what to do. Both animals stood looking for a moment at each other. The dog, recovering from his surprise, was about to spring upon the intruder, when the monkey, lifting his paw, gracefully saluted him by raising his hat. The effect was magical. The dog's head and tail dropped, and he sneaked off to the house, refusing to leave it until his polite but strange guest had departed. The little monkey teaches a good lesson. Courtesy will disarm wrath.

> "Two it takes to make a quarrel, One can always end it.