

Prayer is not a mere wish or charm, but a real fellowship of man with God; it is contact of the human and Divine spirits. Who can experience spiritual life and continue in its enjoyment without such abiding vital union?

Equally impossible is it to grow in Christian graces without studying the Bible. Divine truth is necessary to the promotion of godliness. "Thy word is truth," said Jesus, when He prayed for the sanctification of His followers "by the truth." From this and other Scriptures we learn that the effectual instrument used by the Holy Spirit to cleanse the heart from sin and purify the life from unrighteousness, is "the word." We cannot, therefore, afford to be a single day without reading and thinking of, at least, one verse of Scripture. We should have a Bible, not only at home, but in our travels, so that we could always keep this part of our pledge. Nor should its observance be a mere occasional consultation or chance reading, but regular, systematic study—a getting hold of the mind of the Spirit. We cannot "do our heavenly Father's will," or know what "Christ would like to have us do," unless we "learn" His will and see the "example" of Christ as revealed in the Scriptures. To read and study the Bible is, therefore, no less the necessary duty of all Christians than to pray. Both combined as a daily habit will produce growing, thoughtful, useful, intelligent, consistent Christians.

The motto of the Epworth League of Christian Endeavor is, "Look up and Lift up for Christ and the Church." We, therefore, declare our membership in, and assume pledged duties to the Church as a means of performing our fundamental obligation.

*Epworth League:* "As a member of the Church, I will conscientiously endeavor to be true to all my duties, especially by attending the Sunday and mid-week services and the Sunday School."

*Christian Endeavor:* "And to support my own Church in every way, especially by attending all her regular Sunday and mid-week services, unless prevented by some reason which I can conscientiously give to my Saviour."

There cannot be loyalty to Christ without loyalty to His