MRS. MABEN WAS MADE WELL

By Lydia E. Pinkham's Vegetable Compound and Wants Other Suffering Women To Know It.

Murfreesboro, Tenn. — "I have wanted to write to you for a long time to tell you what your wonderful remedies have done for me. I was a sufferer from female weakness and displacement and I would have such tired, worn out feelings, sick headaches and dizzy spells. Doctors did me no good so I tried the Lydia E. Pinkham Remedies — Vegetable Compound and Sanative Wash. I am now well and strong and can do all my own work. I owe it all to Lydia E. Pinkham's Vegetable Compound and want other suffering women to know about it."— Mrs. H. E. Maben, 211 S. Spring, St., Murfreesboro, Tenn.

This famous remedy, the medicinal ingredients of which are derived from native roots and herbs, has for nearly forty years proved to be a most valuable tonic and invigorator of the female organism. Women everywhere bear willing testimony to the wonderful virtue of Lydia E. Pinkham's Vegetable Compound.

Why Lose Hope.

No woman suffering from any form of female troubles should lose hope until she has given Lydia E. Pinkham's Vegetable Compound a fair trial.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

Guide-Advocate

Watford, Ont.

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HARRIS & CO.
Proprietors

Guide-Advocate

HARRIS & CO. Proprietors.

WATFORD, SEPTEMBER 18, 1914.

NOTE AND COMMENT

A mortatorium, we take it, means that a country needn't settle up until it settles down.—Columbia State.

Do not let news of defeat frighten you. History teaches that defeat only serves to make Britons more resolute and confident of ultimate victory.

Port Arthur News :—Men who would seek to ruthlessly increase their profits when their country is at war are traitors, and traitors are worse than open enemies.

Among the remembrances, ranging from cheese to private yachts, which Great Britain has received from all parts of the earth recently, the handsome contributions of Germany, including an Atlantic liner and a few perfectly good colonies, should not be overlooked.

War is threatening the coal industry in the eastern States through the withdrawal of miners, who are largely foreigners, for service in the European armies. Coal trade authorities, however, discredit predictions as to an increase in anthracite prices, although they hint that a stiffening of soft coal quotations may be expected.

It is understood that the Canadian Government is at present considering the advisability of barring from the mails of Canada and prohibiting the sale of certain United States publications which are anti-British in tone and which have been publishing highly sensational accounts of German victories for which there is no foundation.

Don't be one whit discouraged because you are beginning to find the going a little bit hard. This is the experience of everyone, in fact, all others are meeting with the same disappointments and handicaps which you yourself are encountering. Steady persistent plodding is going to win so be not dismayed but fight manfully onward.

Detroit Journal: Have you observed the warlike attitude of our neighbors? Canada is seething with bellicosity. Always more loyal than the king, she takes to Mafeking in anticipation of battle. No need now to speculate as to what Canada would do in the event of Britain's going to war for whatever cause or without cause. Transplanting only makes the British stock the sturdier.

"One of the most significant signs of the effect which the scourge of war is having in turning men's minds to more-solemn things is the unexpected manifestations of the old religious spirit, which seemed dead among the vast majority of Frenchmen," says the London Mail's Paris correspondent. "Many men who had not entered a sacred building since long before the separation of Church and State in France have been seen going again to confession, mass, or prayer before rejoining the army for the front."

Beware of Ointments For Catarrh That Contains Mercury

as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do is ten fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co, Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists. Price 75c per bottle.

Take Hall's Family Pills for constipation. m

The Men Leaving Home and the Men Who Beat It For Home

It is really offensive, to the moral sense of the rural readers of the Toronto dailies to see almost every day long interviews with strong able-bodied men telling wonderful tales of how they escaped from the war zone and were chased by German war ships and cruisers right to the mouth of the St. Lawrence.

To read these articles as published one would think that each and every one of these escaped tourists were heroes who had nearly died for his country, while on the contrary they beat it for home at the first opportunity and got as far away from the scare zone as quickly as they possibly could.

What the readers of our big newspapers want is news of our own boys who compose the troops on the firing line and in the concentration camps preparing for our defence, and not how some influential tourist made his escape to safety.

The humble private in our Canadian militia who has not yet left our shores has already seen more hardship and endured more real privation than the escaped tourist who is so anxious to rush into print as soon as he sets foot inside of the safety zone.

We do not blame the tourists who left the European danger zone and arrived home in safety, but as readers of the daily papers we suggest that they simply be thankful and put the soft pedal on their braggadocio manners as it is repugnant to the great majority of readers.

The cheapness of Mother Graves' Worm Exterminator puts it within reach of all, and it can be got at any druggist's. m

Experiments in cotton production in southern Spain have been so successful that it may become one of the country's most important crops.

Every Woman

is interested and should know about the wonderful MARVEL Whirling Spray The new Vaginal Syringe. Best —Most convenient. It cleanses instantly. Ask your druggist for it—

If he cannot supply the MARVEL accept no other, but send stamp for illustrated book—sealed. It gives full particulars and directions invaluable to ladies.

WINDSOR SUPPLY CO., Windsor, Ont. General Agents for Canada.

Talk Up Your Town

If you live in a town you should believe in it. If you do not believe in your town you should move out of it. Like other places it has advantages that other places have not, and your modesty should not prevent you from making the fact known whenever the opportunity presents itself. At home or abroad, whether pursuing pleasure or engaged in business, do not neglect to give those with whom you come in contact to understand that you live in a live town, populated by enterprising, go-ahead, progressive people and one that is advancing instead of retrograding.

If you can truthfully speak in commendation of the ability of your professional men, the square-dealing methods of your merchants, the excellence of your mechanics, the superiority of your churches, schools and public institutions and the industry, energy and sobriety of your citizens in general, let nothing prevent you from excerising that privilege. You should learn to believe, if you do not already, that WE have all these and in addition the best located town, the finest country surrounding it, with the most fertile farms tilled by the most intelligent class of farmers to be found in Canada.

If there are any drawbacks it will not be necessary to mention them. The people and newspapers of the competing towns will relieve you of that task by attending to that part themselves.

Strangers seeking a location are always greatly influenced in favor of any place whose citizens are enthusiastic in its praise. No city or town can expect to attain prominence over its rivals unless its inhabitants appreciate the excellence and virtues of each other and will collectively spread abroad their faith in the present prosperity and future greatness of their own locality.

And when you are talking up your town, see to it that you live up to what you are talking. If you don't, the stranger to whom you are talking will think, although he will not say it, that the town may be all you say it is, but that YOU had very little, if anything, to do in the building of it. Do as well as TALK. Then the place will be sure to go ahead.

Say Something Kind

Make a habit of telling all the good things you hear. If you have a neighbor who is inclined to be blue, tell him something kind that someone has said of him. Yes, you can think of something, for no one is all bad; and if you say kind things of your neighbor to others, they'll say kind things of him too. Don't you remember how good you felt when some friend told you a kind remark he had heard someone make about you and how, deep down in your heart, you thanked the one who told you? How much brighter everything looked. And you had so much more courage to take up the burden; and to this day your heart beats quicker when you think of it. Now, others are just like you. Forget all the bad things you hear said of a man, but if you have heard something good said, go at once and tell him. Try this plan one month and see if you don't hear many nice things that have been said of you. "As ye sow so also shall ye reap."

IT WILL COME

You have had a good time. You have done pretty much as you pleased with your life and have not so far been overtaken by the nemesis you have been told reaches after the doer of evil. You have been a wonder to yourself in this respect. You have cheated and have not been found out. You have followed and taken the innocent in your snare and up-to-date you have been able to maintain your place in society and even the church. "Because sentence against an evil work is not executed speeeily, therefore the heart of the sons of men is fully set in them to do evil." It is over confidence that always gets the criminal behind the bars. It is boldness born of constant escape that finally undoes the scoundrel. You can't escape the law that says "Whatsoever a man soweth that shall he also reap." The day of reckoning will come to you as sure as the morning sun follows the shadow of night. You can't do what you have been doing and get away with it scot free.

FREE WAR MAPS

Every Reader of the Guide-Advocate May Have a War Map Free

A Map 3 1-3 x 2 1-2 feet, showing clearly every boundary, every city, every town, village, hamlet and river in the whole European War area. Each map in a neat folder of convenient size.

The Family Herald and Weekly Star of Montreal has secured exclusive rights for the War Map prepared by the celebrated map firm of G. W. Bacon & Co., Ltd., of London, Eng. It is beyond question the most comprehensive map printed.

The Guide-Advocate has completed arrangements by which our readers can secure a copy of this excellent map free of charge.

Here is Our Offer

Good For 30 Days Only

The price of The Family Herald and Weekly Star, Canada's Greatest Newspaper, is one dollar a year,

The price of The Guide-Advocate is one dollar a year.

We now offer both papers for one year each, including a copy of The Family Herald's War Map, size 30 x 40 inches, in a neat folder of convenient size, for only $1.75.

This offer applies to all subscribers, new or renewal, who pay for the two papers inside the next 30 days from this date.

To follow the war situation intelligently The Family Herald War Map is necessary. It should be in every Canadian Home.

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