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 THE WHITEST LIGHTEST
 The kind that pleases the people
 COSTS NO MORE THAN THE ORDINARY KINDS
 COMPLIES WITH ALL PURE FOOD LAWS
 Does NOT contain ALUM
 FULL WEIGHT ONE POUND CANS 25¢
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Christmas Shopping!

HAS ITS PLEASURES,
 Also, Its Worries and Perplexities.

It is our endeavour to make your Xmas Shopping as pleasant to you as possible, and we do it by good attentive and courteous service, quick delivery of purchases, and the selling of pleasing and useful Goods, for Gifts, at reasonable prices. You will spend your time and money well if you spend them in our store.

We suggest to you now some articles which we stock and which can make acceptable and welcome gifts:—

Men's and Women's Silk and Imit. Silk, Initial and Plain Handkerchiefs, Women's Fancy Lace Edge and Hem Stitched and Embroidered Lawn Handkerchiefs, Men's Silk Mufflers, Women's Silk and Ice Wool Motor Scarves and Vests, Men's and Women's Lined and Unlined Kid Gloves, Men's, Women's, Boys' and Girls' Wool Gloves, Women's Long Heavy Wool Gloves (of these we have extra special variety), Men's Tweed Caps for Winter Wear, with Fur Lined inside, storm band, Men's Ties, Braces, Hose Supporters, Cuff Links, Studs, Pipes and Watches, Women's Blouses, Golf Jerseys, Spats, Gaiters, Motor Caps, Hat Pins, Beauty Pins, Brooches, Side Combs, Back Combs, Belts, Hand Bags, Purse, Fur Collars and Muffs, Children's Wool Hoods and Toggles, Children's Spats and Gaiters, Children's Fur and Imitation Fur Sets, Children's White Imitation Bear Coats, Children's White Embroidered and Lace Trimmed Pinafores and Dresses.

In Fancy and Household Goods we suggest:—

White Hem Stitched and Embroidered Tea and Tray Cloths, Fancy Embroidered Table Centres, Cushions, Tea Cosies and Cushion, and Tea Cosy Covers, Axminster and Oriental, and Skin Hearth Rugs, Mohair Rugs and Mats, Fancy Work, Jewel, Handkerchief, Glove and Trinket Boxes, Mirrors, Photo Frames, Pin Cushions, Vases, Writing Books and Blotter, Paper Ornaments, Garland's, Baskets and Chinese Lanterns.

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 - Dolls, undressed, from 2c. to 50c.
 - Dolls, dressed, from 15c. to \$2.50.
 - Battles in great variety, from 5c.
 - Rubber Figures and Dolls, from 15c. to 50c.
 - Rubber Balls—Gray and Colored, from 5c. to 75c.
 - Plush Covered Animals, from 15c.
 - Bears—Black—from 25c.; Teddy, from 40c.
 - Certainly the greatest variety of Toys on display in this City.
- GARLAND'S BOOKSTORE, 177 and 353 Water Street.**

The Evening Chit-Chat

By RUTH CAMERON



A rather suggestive story of one woman's Thanksgiving dinner came to me to-day.

The woman in question is a seamstress. She does plain sewing and that delightful conglomeration of renovating and fixing over known as "odd jobs."

She also has a wee income from some stocks and, therefore, makes quite a decent living. For some reason the quarterly check, which should have reached her some time before Thanksgiving, was delayed this year. Two days before Thanksgiving, after waiting as long as she dared for the check, she was writing a letter to her brother in a distant city, asking him to lend her a few dollars, when a customer came in with an "odd job" she wanted done. It was an old waist to be made over and it was to be done at half-past seven, the night before the holiday.

When the customer had gone, the little seamstress reckoned thusly: "I have money enough to last me until Thanksgiving. My check will come directly after that. With the money I get for this job I will go out and treat myself to a Thanksgiving dinner at the hotel. That will be a nice change from my own cooking for me. And I don't believe I'll need to bother my brother for money. Goodness knows, he has none too much, anyway." And she tore up the letter.

The waist was done the night before Thanksgiving. There had been more work than she quite expected and the little seamstress had to sit up until twelve the night before, but that, of course, was an unimportant detail. What mattered was that the waist was done to the very last hook and eye and even to a fresh ruching (both of which the little seamstress had paid for herself, leaving her a sum total of cash on hand, eleven cents).

The customer came for the waist, and only an hour and a half after the time appointed, and was delighted with the work. The bill, too, which came to two dollars and a quarter, she

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 No Alum, No Lime Phosphate

addressing the Women's Canadian Club chose the story of Cecil Rhodes and his work for the Empire as his theme this naturally led him to speak as the ardent protagonist of Imperial sentiment and work which has long been his life effort. After dealing at length with Rhodes' life, personality and career, as well as the work which he planned to go on after his death, Dr. Parkin said that while in Montreal and this Province he must deal with two subjects, anti-naval sentiment and the so-called "Nationalist" movement which later he intimated might with better justice be called Provincialism.

He plainly warned Mr. Bourassa and his followers that if they succeeded in isolating Quebec from the rest of the Empire, it would be the rest that would be sorry for them, and, further, that such a course would mean that Sir Wilfred Laurier would be the last of his race who could ever rise to his present commanding position as Premier of Canada and its representative in the Empire.

As to anti-militarism, Dr. Parkin said that the whole idea was too ridiculous to need much discussion. He pointed out the position of other Dominions of the Empire and their needs in the way of self-defence with the obvious inference that Canada should not be the only portion to hang under the shadow of the Mother Country for her protection.

"I had a talk," he said, "with Henri Bourassa the great protagonist of the antimilitarists. He said that Great Britain must keep up her fleet since her food necessities demand it, therefore why should Canada have a fleet? The more so, as the United States with its millions would never let Japan or any other country touch Japan or any other country unless a self-respecting Canadian could grow up under the shadow of Britain's necessities and American patronage and protection. If I thought they felt that way I should be ashamed to call myself a Canadian. If Quebec isolated herself you can never again have a Laurier. It would be impossible to have such a man at the head of Canada or of an Imperial possession. My Nationalist friends in this matter are really treading upon the most dangerous ground it would be possible for any people to tread upon in this country."

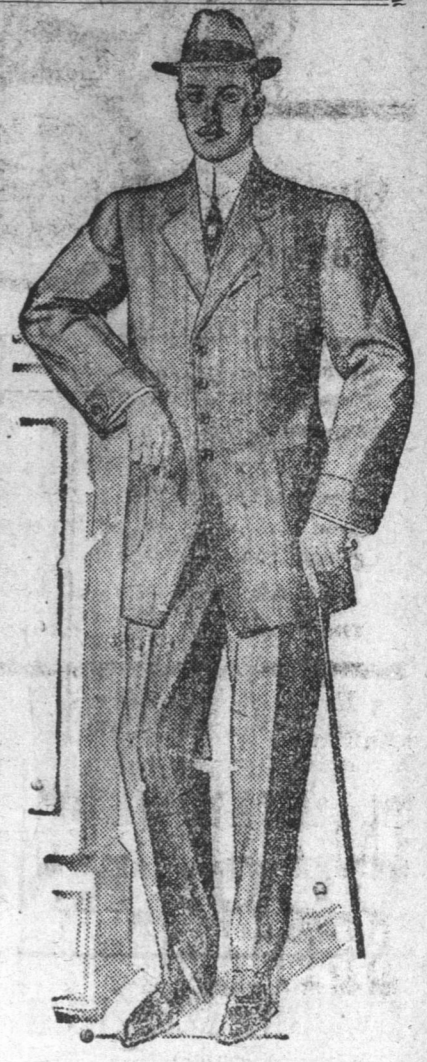
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Woman's Power Over Man

Woman's most glorious endowment is the power to awaken and hold the pure and honest love of a worthy man. When she loses it and still loves on, no one in the wide world can know the heart agony she endures. The woman who suffers from weakness and derangement of her special womanly organization soon loses the power to sway the heart of a man. Her general health suffers and she loses her good looks, her attractiveness, her amiability and her power and prestige as a woman. Dr. R. V. Pierce, of Buffalo, N. Y., with the assistance of his staff of able physicians, has prescribed for and cured many thousands of women. He has devised a successful remedy for women's ailments. It is known as Dr. Pierce's Favorite Prescription. It is a positive specific for the weaknesses and disorders peculiar to women. It purifies, regulates, strengthens and heals. Medicine dealers sell it. No honest dealer will advise you to accept a substitute in order to make a little larger profit.

IT MAKES WEAK WOMEN STRONG, SICK WOMEN WELL.
 Dr. Pierce's Pleasant Pellets regulate and strengthen Stomach, Liver and Bowels.



Household Notes.

- Boil vinegar in the fish kettle or pan to destroy the fish odor.
- New clothepins should be boiled before being used and should frequently be washed.
- Hot chocolate, unsweetened wafers and crystallized prunes form a dainty course for luncheon or supper.
- Greasing pie pans with butter instead of lard helps to brown the baking soggy.
- Sweet omelets are made by the addition of jelly or preserved or crushed fruit to a plain omelet before it is folded.
- Having several pairs of shoes and never wearing the same pair more than one or two days at a time will rest the leather and make it last better.
- Spanish waffles are made by adding cinnamon, nutmeg or other spices to plain waffle batter; lemon juice added to the batter makes French waffles.
- For a dessert prepared quickly in an emergency bake marshmallows for five minutes in a hot oven and serve with devil's food and whipped cream.
- A crust of bread is best to clean a sticky bread or cake pan. Never use a knife or anything that will scratch the surface and invite more sticking thereafter.
- Celery can be kept for many days if it is placed in a glass jar, sealed and kept in a cool place. It should be soaked in water before being brought to the table.
- Carrots should be cut into slices instead of cubes, because the outside part, which is the darkest, is the richest. If cut into slices this part is more equally distributed.
- In making cranberry jelly or jam much less sugar will be required if the sugar be not added until after the fruit is well cooked.

Improved Ireland.

Perhaps the most notable improvement seen by the writer was in the dwellings of the farm laborers. In bygone days the class of the population was housed in miserable mud cabins, the like of which were to be found as human habitations nowhere else in the civilized world. To-day the farm laborer is housed in a well built, comfortable cottage, and he is lord of an acre of land on which to raise the vegetables needful for his own table, with some left over, if he is a good farmer, for the market. For this cottage and land he pays to the Urban or the District Council a weekly rent which seems ridiculously small in American eyes. The sight of these cheery looking cottages throughout the country was a most pleasing feature of the landscape.

And if the condition of the farm laborer has improved, that of the farmer himself has been bettered also. In fact the Irish farmer as I saw him was the most contented and independent man. The only grievance he seemed to have was the present dearth of labor. There is no doubt whatsoever (I am stating what I heard from men on the spot), but that the land purchase act has been a great boon to the Irish farmer. Incidentally, it has been a wise and statesmanlike piece of legislation so far as Ireland's relation to England is concerned, for the basis of the Irish question was agrarian. With the settlement of this problem of land ownership Irish discontent is no longer so keen or so pressing as in the past. The Irish farmer has become conservative. The Government guaranteeing him the possession of his farm (after a certain number of years purchase) he is no longer, as formerly, again the Government.—(Denis A. McCarthy, in the Boston Transcript.)

New Colds Bad enough, to be sure. But old colds are worse. Better stop your fresh cold at once. Never hesitate to ask your doctor about Ayer's Cherry Pectoral. Use it or not, as he says. He knows. J. C. Ayer Co., Lowell, Mass.

"Swift" Hockey Boot.

Be among the leaders at the Rink or Lake by wearing "Swift" Hockey Boots; no slipping at the heels; no pinched toes or instep; guaranteed perfect fit. The most suitable Christmas gift for the Boy.

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