

MIDDLE LIFE

A Time When Women Are Susceptible to Many Dread Diseases—Intelligent Women Prepare for It. Two Relate Their Experiences.

The "change of life" is the most critical period of a woman's existence, and the anxiety felt by women as it draws near is not without reason.

Every woman who neglects the care of her health at this time invites disease and pain.

When her system is in a deranged condition, or she is predisposed to apoplexy, or congestion of any organ, the tendency is at this period likely to become active—and with a host of nervous irritations, make life a burden. At this time, also, cancers and tumors are more liable to form and begin their destructive work.

Such warning symptoms as sense of suffocation, hot flashes, headaches, back-aches, dizziness, and fainting, are all indications of a deranged system.

For special advice regarding this important period, women are invited to write to Mrs. E. Pinkham, at Lynn, Mass., and it will be furnished absolutely free of charge.

The present Mrs. Pinkham is the daughter-in-law of Lydia E. Pinkham, her assistant before her decease, and for twenty-five years since her decease has been freely given to sick women.

Read what Lydia E. Pinkham's Compound did for Mrs. Powless and Mrs. Mann:

Dear Mrs. Pinkham:—In my opinion there is no medicine made for women which can compare with Lydia E. Pinkham's Vegetable Compound, and you have no firmer friend in the Dominion than I am.

At the time of change of life I suffered until I was nearly crazy, and was not fit to live with. I was so irritable, irrational and nervous that I was a torment to myself and others. I surely thought that I would lose my reason before I got through, when fortunately an old friend recommended your Vegetable Compound.

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

It took for five months and then off and on until the critical period had passed, and it restored me to perfect health. My advice to suffering women is to try your Vegetable Compound, and they will not be disappointed."—Mrs. E. Powless, Deseronto, Ont.

Another Woman's Case.

Dear Mrs. Pinkham:—As I owe my splendid health to Lydia E. Pinkham's Vegetable Compound, I am very pleased to write and tell you my experience with it. I am the mother of three children grown to womanhood, and have safely passed the change of life, and feel as young and as strong as I did twenty years ago, and I know that this is all due to your woman's friend, Lydia E. Pinkham's Vegetable Compound. I used it before my children were born, and it greatly assisted nature and saved me much pain during the change of life. I took it off and on, for four years, and had but little trouble and sickness that most women have to endure."—Mrs. James K. Mann, 806 Bathurst St., Toronto, Canada.

What Lydia E. Pinkham's Vegetable Compound did for Mrs. Powless and Mrs. Mann, it will do for other women at this time of life.

It has conquered pain, restored health, and prolonged life in cases that utterly baffled physicians.

There are provisions requiring telephone companies to submit their tariffs to the board, and to keep such tariffs posted for public information.

A third clause gives the board power to order that a connection be made between trunk telephone lines and the independent lines owned or operated by any province, municipality or body corporate, and fix the terms of such connection.

Mr. Emmerson's bill, wound up with the declaration that he thought they went as far as it was advisable to go in the public interest.

The bill was then debated by Messrs. W. F. Maclean, R. L. Borden and Hon. Mr. Fitzpatrick, and was then read a first time.

After the Express Companies.

At the evening session W. F. Maclean (South York), introduced his bill to amend the express companies act.

The first section provides for putting express companies under the jurisdiction of the railway commissioners.

The third section limits the maximum passenger rate on railroads to two cents a mile.

Mr. Maclean spoke strongly in favor of his bill, and the debate was continued by Hon. Mr. Emmerson in reply, and Dr. Sprague, Barker (Hamilton), Alcorn (Prince Edward), Ingram (Elgin), Lancaster (London), Lennox (Simcoe), Laidlaw (St. Catharines), and Broder. The bill was read a first time.

BANK MANAGER MISSING.

Whereabouts of F. A. Bethune of Smith's Falls Cause of Speculation.

Smith's Falls, March 29.—The whereabouts of F. A. Bethune, manager of the local branch of the Union Bank, since March 19 are stated to be unknown to the bank authorities. On Friday, the 16th, he left here in company with Inspector Billet for the head office in Quebec, and on Saturday night paid his bill at the Chateau de la Rivière, and left, ostensibly for home. For a time his continued absence did not cause anxiety, the office here thinking him still in Quebec and the head office supposing him to have returned home.

It is understood that Inspector Billet, when here, had occasion to find fault with some of the manager's work, instructions having been disobeyed, but evidently nothing serious, as the bank states all his accounts are absolutely correct and there appears to be no reason whatever for his mysterious disappearance.

Honor for Dr. Bell.

London, March 29.—(C.A.P.)—The King has signified his approval of the recommendations of the Royal Geographical Society for the award of the royal medal to Dr. Robert Bell, director of the geological survey of Canada, in recognition of his great work of exploration. It is said Dr. Bell has extended the knowledge of the geography of Canada more than any other living man.

Hundreds Homeless.

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