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...........6oc Bread and Butter different flower 90c, our price

our values, we ny not patronize in the City.

ham

## MIDDLE LIFE

A Time When Women Are Susceptible to Many Dread Diseases-Intelligent Women Prepare for It. Two Relate Their Experiences.

The "change of life" is the most critical period of a woman's existence, and the anxiety felt by women as it draws near is not without reason.

as it draws near is not without reason.

Every woman who neglects the care of her health at this time invites disease and pain.

When her system is in a deranged condition, or she is predisposed to apoplexy, or congestion of any organ, the tendency is at this period likely to become active—and with a host of nervous irritations, make life a burden. At this time, also, cancers and this time, also, cancers and this time, also, cancers and tumors are more liable to form and begin their des-tructive work.

Such warning symptoms as sense of suffocation, hot

as sense or sunctactor, not flashes, headaches, back-aches, dread of impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, continuing variable superities. ation, variable appetite, eakness, inquietude, and dizziness are promptly heeded by intelligent wo-men who are approaching the period in life when an's great change may

I took it for five months and then off and on until the critical period had passed, and it restored me to perfect health. My advice to suffering women is to try your Vegetable Compound, and they will not be disap-pointed."—Mrs. E. Powless, Deseronto, Ont. be expected.

Lydia E. Pinkham's Vegetable Compound was prepared to meet the needs of woman's system at this trying period of her life. It invigorates and strengthens the female organism and builds up the weekened pervous system. the weakened nervous system. For special advice regarding this im-

Another Woman's Case. For special advice regarding this important period women are invited to write to Mrs. Pinkham, at Lynn, Mass., and it will be furnished absolutely free of charge. The present Mrs. Pinkham is the daughter-in-law of Lydia E. Pinkham is the mother of three children grown to womanhood, and have safely passed the change of life, and feel as young and as strong as I did twenty years ago, and I know that this is all due to your woman is friend, Lydia E. Pinkham is Vegetable Compound. I used it wenty years ago, and I know that this is all due to your woman is friend, Lydia E. Pinkham is Vegetable Compound. I used it wenty years ago, and I know that this is all due to your woman is friend, Lydia E. Pinkham is the home in the low of the compound. I used it before my children were born, and it greatly assisted nature and saved me much pain during the change of life. I took it, off and on, for four years, and had but little trouble and sickness that most women have to endure."

—Mrs. James K. Mann, 806 Bathurst St., Toronto, Canada.

What Lydia E. Pinkham's Vegetable Dear Mrs. Pinkham :-

Dear Mrs. Pinkham:—

"In my opinion there is no medicine made for women which can compare with Lydia E. Pinkham's Vegetable Compound, and you have no firmer friend in the Dominion than I am. At the time of change of life I suffered until I was nearly crazy, and was not fit to live with. I was so irritable, irrational and nervous that I was a torment to myself and others.—I surely thought that I would lose my reason before I got through, when fortunately an old friend recommended your Vegetable Compound.

Lydia E. Pinkham's Vegetable Compound Comp

Half-Sick

When your nerves are weak, when you are

easily tired, when you feel all run down, then

Ayer's Sarsaparilla. Your doctor will tell you

why it has such power over weak nerves, why

it makes the blood rich, and why it gives

courage and strength. Ask him if it is not

We have no secrets! We publish

the formulas of all our medicines.

Made by the J. C. Ayer Co., Lowell, Mass.

AYER'S HAIR VIGOR—For the hair.

AYER'S CHERRY PECTORAL—For coughs. AYER'S AGUE CURE—For malaria and ague.

REAL ESTATE FOR SALE.

Good house and lot on Park St.

Price only \$950.

Large house on Lorne Ave., all modern conveniences.

Twelve room house on Amelia St. All modern conveniences. \$1900

Property for sale in all parts of

For particulars apply to SMITH & SMITH, Fire, Life and Accident Insurance Agents.

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just the medicine you need.

BARGAINS

A good eight room house, with two large lots, pleasantly situated, just off Queen St. **Price \$900.** 

MONEY TO LOAN

FIRE INSURANCE.

E. E. PARROTT & SON,

is the time you need a good strong tonic -

Lydia E. Pinkham's Vegetable Compound Succeeds Where Others Fail.

Mrs. E. Powless

be around, after a long and severe

DAWN VALLEY.

C. H. King, Percy and Stanley Jennings, formerly of this place, Harvey and James Coubrough and Chas. Harrett left last week for the Northwest.

Malcolm McDermid had a very successful sawing bee last Wednesday, and Melvin Harrett had a buzzsaw bee on Friday and Saturday. Mrs. Smith Hazzard and son, of Fesserton, Ont., were recent visitors at the home of Mr. and Mrs. Will king. Farmers say the recent fall of snow will do the wheat much good. Mrs. J. Fleming was quite ill all ast week for the North-cwest.

There have been a number of farm changes here recently. John Moallister, Con. 2, has purchased Andrew. Fred Hart and family have moved back to Dawn and will occupy Hugh Eugenee has purchased John Moallister's place, Con. 2; Jas. Carr, 50 acres from Chas. Babcock, in Con. 3: and Jonathan Pretty has exchanged his farm for that of David Wise, at Thorqeliffe.

Mrs. Will King and infant son have been ill. Both are better.

Mrs. Will King and infant son have been ill. Both are better.

Mrs. Will King and infant son have been ill for some time, underwent a critical operation and is now much better.

Mrs. Albert Wills is now able to

Malcolm McDermid had a very saw where that week and Melvin Harrett had a buzzsaw bee on Friday and Saturday.

Mrs. Samith Hazzard and son, of Fesserton, Ont., were recent visitors at the home of Mr. and Mrs. Will whether much good. Mrs. Albert week, but is better now.

Fred Hart and family have moved back to Dawn and will occupy Hugh bunlop's house, next the school. Mr. Hort week, but is better now.

Fred Hart and family have moved back to Dawn and will occupy Hugh bunlop's house, next the school. Mr. After the Express Companies.

After the Express Companies.

After the Express companies under the jurisdic to amend the Rallway Act.

The first section provides for putting express companies under the jurisdic to of the rallway commissioners.

The first section limits the maximum passenger rate on rallroads to wo cents a mile.

Mr. Malcolan spoke strongly in favor of his bill, and the debate was continued by Hon. Mr. Emmerson in reply, and Dr. Sproule, Barker (Hamilton), Lancaster (London), Lennox (Eligin), Lancaster (London), Lennox

## A POPULAR RIGHTS DAY ABSOLUTE

Telephone Companies Subject to Railway Commission.

Minister of Justice Gives Grudging Consent That Express Rates Should Be Under the Control of the Government - Member After Member Declares His Adherence to the Principle of a Two-Cent Fare.

Ottawa, March 29.—Yesterday was a Little Liver Pills. terday adopted the principles that tele-phone companies should be subject to the railway commission. The Minister the railway commission. The Minister of Justice gave a grudging consent to the proposition that the express rates should be subject to the control of Government. So, too, member after member declared his adhesion to the member declared his adhesion to the principle of a maximum two-cent fare, and for regulating express charges, although one excuse after another was found for opposing the bill introduced by W. F. Maclean to amend the Rail-

way Act.

A petition was presented by Mr. Bureau (Three Rivers), in which the Bell Telephone Co. asked feave to incorporate its capital stock to \$50,000,000.

Another bill on behalf of the Grand

Another bill on benalf of the Grand
Trunk Pacific sought permission to do
a telegraph business in connection
with its railway line.

Mr. Emmerson's Bill.

Mr. Emmerson's bill is entitled "an
act to amend the Railway Act, 1903."
There are in it several clauses dealing
with the railway complision and with act to amend the Railway Act, 1903."
There are in it several clauses dealing with the railway commission, and with appeals from their decisions, but the essential features are those which concerned the placing of telephone business under the control of the commission. The section to be inserted with regard to allowing the entry of telephone companies into railway stations read: "Notwithstanding anything in any act heretofore passed, the board, in determining the terms or compensation upon which any such connection are and said:—"Do you not see that tion upon which any such connection or communication is to be provided for, shall not take into consideration any contract, lease or agreement now or hereafter in force, by which the company has given, or gives, any ex-clusive or other privilege to any com-pany or person, other than the appli-cant, with respect to any such station or premises."

Power to Regulate Tolls. Another important clause is that which gives the railway commission power to regulate tolls. It says: "Notwithstanding the provisions of any act, heretofore or hereafter passed by Parliament, all telephone tolls to be Parliament, all telephene tolls to be charged by the company shall be subject to the approval of the board."

There are provisions requiring telephone companies to submit their tariffs to the board, and to keep such tariffs posted for public information.

A third clause gives the board power to order that a connection be made between trunk telephone lines and the independent lines owned or operated by any province, municipality or body

## BANK MANAGER MISSING.

Whereabouts of F. A. Bethune of Smith's Falls Cause of Speculation.

Smith's Falls, March 29.—The where-abouts of F. A. Bethune, manager of the local branch of the Union Bank, since March 19 are stated to be unknown to the bank authorities. On Friday, the 16th, he left here in company with Inspector Billet for the head office in Quebec, and on Saturday night paid his bill at the Chateau Frontenac and

his bill at the Chateau Frontenac and left, ostensibly for home. For a time his continued absence did not cause anxiety, the office here thinking him still in Quebec and the head office supposing him to have returned home. It is understood that Inspector Billet, when here, had occasion to find fault with some of the manager's work, instructions having been disobeyed, but evidently nothing serious, as the bank states all his accounts are absolutely correct and there appears to be no reason whatever for his mysterious disappearance.

Honor For Dr. Bell.

London, March 29.—(C.A.P.)—The King has signified his approval of the recommendations of the Royal Geo-graphical Society for the award of the royal medal to Dr. Robert Bell, director of the geological survey of Canada, in recognition of his great work of exploration. It is said Dr. Bell has extended the knowledge of the geography of Canada more than any other living

Waterioo, Iowa, March 29.—The water in the Cedar River rose over 11 feet Tuesday night and early yesterday broke the levee and flooded the business district of Waterico. Hundreds of families were rendered homeless.

Hazing at R. M. C. Kingston, March 29—An investigation is likely, in the case of Cadet Marshall of London, alleged to be fit there owing to hazing at the Royal Military College. Marshall has been laid up for three weeks with brain fever.

Cenuine

# Carter's

Must Bear Signature of

Breutspood See Pac-Simile Wrapper Below.

Very small and as easy to take as sugar.

CARTER'S FOR HEADACHE FOR BILIOUSNESS. FOR TORPID LIVER. FOR CONSTIPATION FOR SALLOW SKIN. Price 25 Conts Purely Vegetable. Sun Hood

CURE SICK HEADACHE.

fession of teacher was then held. Miss Anthony, amid an astonished quiet, arose and said:—"Do you not see that as long as society says women have not brains enough to be doctors, lawyers or ministers, but have plenty to be teachers, every man of you who condescends to be a teacher tacitly admits before all Israel and the sun that he has no more brains than a woman." The discussion ended shortly thereafter in some lassitude. after in some lassitude.

DO YOU KNOW

Good Sealing Season.

Montreal, March 29.—A special from St. John says that the Bloodhound, the first sealing steamer, has reached port and reports all the steamers well filled. The Virginian Lake has 18,000 seeds.

Becomes Chancellor.
Kingston, March 29.—The chancellorship of the diocese of Ontario is again filled, Judge McDonald being appointed to fill the office made vacant by the death of Dr. R. T. Walkem, K. C.

COUGHERS, HAWKERS, SPITTERS Public expectoration is against the common law, against the laws of health also. When the throat tickles, that's the time you need "Cakles, that's the time you need "Catarrhozone"; it soothes away the irritation, outs out the phlegm and loosens the tight feeling. You'll quickly cure that catarrh and throat trouble with Catarrhozone. It postitively prevents new attacks and cures catarrh forever and for all time to come. Don't take our word for it; try Catarrhozone yourself. Once used you'll be delighted with its pleasant and helpful influence.

The people who are unable to make a living are most expert at making

SORE THROAT AND COUGHS. A simple, effective and safe remedy for all throat irritations is found in CRESOLEME ANTISEPTIC TABELTS.
They combine the germicidal values of cresolene with the soothing properties of alippery elm and licorice, 10c. All Druggists.

Rags are no proof of righteousness

## THE MARKETS.

Liverpool and Chicago Wheat Futures Close Lower-Live Stock Mar-kets-The Latest Quotations.

Tuesday Evening, March 27.
Liverpool wheat futures closed to-day ¼d to ¼d lower and corn futures ¼d lower than yesterday.
At Chicago May wheat closed ¼c lower than yesterday; May corn ¼c lower and May oats %c lower.

WINNIPEG OPTIONS.

The following were the closing quotations to-day at this market: March 75%0 bid, May 76%c bid, July 78%c sellers. LEADING WHEAT MARKETS.

Detroit
St. Louis
Minner polis
Duluth
Teirde TORONTO PRODUCE MARKET.

LIVERPOOL GRAIN AND PRODUCE. Liverpool, March 27.—Wheat—Spot nom-nal; futures steady; May, 6s 7%d; July,

Liverpool, March 21. The data of 12/4; July, 48 61/4d.

Corn—Spot American mixed, new firm, 48 3d; American mixed, old quiet, 48 7d; fut res steady; May, 48 31/4d.

Broon—Clear bellies steady, 478 6d.

Flour—St. Louis fancy winter steady, 88 6d.

8s 6d.
Riceipts of wheat during the past three days 76,000 centals, including 74,000 centals of American.
Receipts of corn during the past three days 28,800 centals. NEW YORK DAIRY MARKET.

New York, March 27.—Butter—Steady, unchanged; receipts, 11,231.
Cheese—Firm, unchanged; receipts, 3279.
Eggs—Steady, unchanged; receipts, 38,-482.

CATTLE MARKETS. Cables Unchanged-Cattle Slow.Hogs

Higher at Chicago. London March 27.—Cattle are quoted at lo to 12½c per lb.; refrigerator beef, 8½c).; sbeep, dressed, li4c to 14½c per lb.; mbs, 15c to 15½c, dressed weight. TORONTO LIVE STOCK.

TORONTO LIVE STOCK.

Toronto, March 27.—Receipts of live stock since last Friday, as reported by the railways, were 64 car loads, consisting of 1079 cattle, 566 hogs, 114 sheep and 395 calves. The quality of fat cattle was fair in comparison with those received on this market for several markets past, although there was an over-supply of half fat steers.

Exporters.

Exporters.

an over-supply of half fat steers.

Exporters.

Outside of those exporters bought for butchers' purposes there would not be more than a couple of loads which sold at \$4.85 to \$5.00 per cwt. Export bulls sold from \$3.50 to \$4.25 and 1 extra quality at \$4.30 per cwt.

Butchers.

Choice picked lots of butchers' cattle, under 1200 lbs, in weight, sold at \$4.75 to \$5.10 per cwt.; loads of good at \$4.75 to \$4.70 per cwt.; medium at \$4 to \$4.40; common at \$3.50 to \$4; cows at \$3.25 to \$4.10 per cwt.

That Dr. Pierce's Favorite Prescription is the only medicine sold through druggists for woman's waknesses and peculiar aimments that does not sontain large quantite especially prepared for the cure of the delicate diseases peculiar to woman, the maker of which is not a father to your periodical properties.

Choice picked lots of butchers' cattle delicate diseases peculiar to women, the maker of which is not a father to your periodical periodical diseases peculiar to women, at the ingredical properties of the alcoholoc of practice, recommend of which have the unqualified endorses several schools of practice, recommend of which have the unqualified endorses several schools of practice, recommend for which have the unqualified endorses several schools of practice, recommend of which have the unqualified endorses several schools of practice, recommend for which have the unqualified endorses several schools of practice, recommend for which have the unqualified endorses several schools of practice, recommend for which have the unqualified endorses several schools of practice, recommend for which have the unqualified endorses several schools of practice, recommend for which have the unqualified endorses several schools of practice, recommend for which have the unqualified endorses several schools of practice, recommend for which have the unqualified endorses to the several ingrematic the properties of the alcohology o

EAST BUFFALO CATTLE MARKET East Buffalo March 27.—Cattle—Ra-ceipts, 100; fairly active and steady; prime steers, \$5.35 to \$6; shipping, \$4.75 to \$5.40; butchers, \$4.50 to \$5.25; heifers, \$3.50 to \$5.10; cows, \$3 to \$4.75; bulis, \$2.75 to \$4.65.

\$4.65. Veals—Receipts, 100 head; alow, \$5 to \$8.25. Hogs—Receipts, 3800 head; fairly active, shade lower; heavy, mixed and Yorkers, \$6.65 to \$6.70; pigs, \$6.65; roughs, \$5.90 to \$6; sings, \$4 to \$4.50. Sheep and Lambs—Receipts, 1800 head; steady; unchanged. NEW YORK LIVE STOCK.

NEW YORK LIVE STOCK.

New York March 27.—Beeves —Receipts, 971, all for exporters and slaughterers. Nothing doing. Feeling steady, with moderate receipts reported for Wednesday. Exports to-morrow, 3000 quarters of beef. Calves—Receipts, none and none for sale; feeling steady for good and prime calves.

Skeep and Lambs—Beceipts, none; 2½ cars beld over yesterday; market steady, dulf for heavy lambs; sheep, \$4 to \$5.50; Irmbs, all heavy; culls, \$5.75; yearlings, \$6.50.

Hogs—Receipts, 3015; all for slaughter; feeling weak, State and Pennsylvania hogs quotable at \$6.90 to \$6.90; choice light at \$7.00.

CHICAGO LIVE STOCK. CHICAGO LIVE STOCK.

Chicage, March 27,—Cattle—Receipts, 4500; steady; common to prime steers, \$3.85 to \$6.40; cows, \$3.65 to \$4.60; heifers, \$2.75 to \$5.35; bulls, \$2.60 to \$4.25; calves, \$5 to \$7; stockers and feeders, \$2.75 to \$4.75.

Hogs—Meceipts, 12,000; 5c to 10c higher; choice to prime heavy, \$6.40 to \$6.45; imedium to good, heavy, \$6.35 to \$6.40; butchers' weights, \$6.35 to \$6.47½; good choice, heavy, mixed, \$6.35 to \$6.42½; packing, \$6 to \$6.40.

Sheep and Lambs—Receipts, 17,000; sheep firm; lambs weak to 5c lower; sheep, \$4.50 to \$6.25; yearlings, \$5.75 to \$6.40; lambs, \$4.75 to \$6.70.

Drowns In Pool of Water Quebec, March 28.—At St. Zacharie Liniere Maheu, aged 22 years, was selx-ed with epilepsy, and, falling, face downward in a pool of water, was suf-focated before the body was discovered.

# Shining your own shoes with 2 in I is both a luxury and an economy. 2 in 1 Black Polish is known as "Black Light-ning." Your shoes are est, glossiest blackshine with blacks... only an instant s rub. Don't take aubstitutes or Black and Tan

RAILWAYS

White in 15c. Glass

CANADIAN PACIFIC

GOING WEST GOING EAST 

W. E. RISPIN, W. P. A. 115 King St., Chatham.

PERE MARQUETTE BUFFALO DIVISION

FOR
Blenheim and West
Blenheim and East

7.35 a.m. 8.55 a.m. 8.55 a.m. 4.20 p.m 5.35 p.m 6.45 p.m Arrive in Chatham

All trains run by Eastern Standard time H. F MOELLER, G, P. A., Detroit W. M. HOOD! Frt. Agent, Chatham. E. . DOWNEY Ticket Agent. Chath

Is the short and true route from Canada to Texas, Old Mexico, California and Cuba. Passengers leaving Chatham 6.45 a.m. Friday, arrives at Havana Cuba, Monday morning, via St. Louis and Mobile.

Special low one-way Colonist Rates on sale daily until April 7th. to Texas, Old Mexico, Arizona, California, Oregan, Washington, British Columbia and other Pacific Coast points.

There is nothing more assuring to the traveller than his knowledge of the fact that he is travelling over the Great Wabash System. The Great Through Car Line.

For full particulars address any Wabash Agent, or J. A. Richardson, District Passenger Agent, North East Cor. King and Yonge Sts', Toronto. and St. Thomas, Ont J. C. PRITCHARD, Depot Agent, W. E. RISPIN City Pass.

Avoid the Disagreeable Winter Weather by Spending:a Few Weeks in the Land of Summer's Sunshine. California, Florida, Mexico, Cuba.

See G. T. R. Agents for full particulars and tickets.

Tickets and full information call on W. E. RISPIN, City Agent, 115 King Street; J. C. Pritchard, depot

CANADIAN PACIFIC ANOTHER CHEAP TRIP

BRITISH COLUMBIA NOW \$39.75 is the low rate in effect until April 7 for a second class one-way ticket from Chatham to Nelson, Rossland, Ko

\$8.50 in addition will secure you a roomy berth in a tourist car—from Toronto without change. Fully equipped with bedding and cooking range.

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eeve with turned splendid range of ith flounce skirt each 89c, \$1.00,

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io are now on great snap for uses, doz....60c os and Saucers, e, doz....\$1.00 ers, doz....8oc