JANUARY 80, 1915

CHATS WITH YOUNG MEN

A SUMMIT START

How to get a start upward towards access, is what puzzles some young ten. Here is a fine suggestion for

"All I need is a start in life," said "All I need is a start in inte," said a young man who thought more of himself than other people thought of him, and who complained daily of how little "luck" he had. "Give me that, and I will soon show the world of the Jesuits than as a great duke. "Use remember that the general of "What is in me!" "Why not take a summit start, to

then?" said his listener. has that in his power, you Anyone

Anyone make that the line best of the second ditions of men. It is such a valuable motto that it ought always to e written in capitale:

"'THE HIGHEST POINT OF ACHIEVEMENT OF YESTERDAY, IS THE STARTING POINT OF TO-DAY.

"You see, the more you do one day, the better start you can have the next, and no one can hinder you. There's no luck about it—it's as sure and scientific as anything can be. Better try it."

The young man did. The first day, he discovered—for he was not by any means a fool-that yesterday's summit was almost un to sea level. He could hardly discovers tell it from a hole in the ground. That was illuminating, and did him good, though it hurt. He went to work at once to make to day into a better yesterday when its turn came. better yesterday when its turn came. Then to morrow became a better yesterday still to start from. Soon the whole dead level of his days be-came a varied set of ascents. He was mountain climbing, and nobody could stop him from going up in the world, because, as the other man had truly remarked, he furnished his own mountains as he went along, and was beholden to nobody.

The motto that gave him his start good motto for every-It belongs to everybody. body. No one can monopolize it. Everyone's opportunity to make a summit start is bound up in his own place and personality. It can-not be taken away, or even limited except by his own will and action.

There is always some best point of departure in every yesterday. There is some better moment than the rest, some glimpse of possibility, some act of kindness or self control. That is yesterday, and try to pick out its best and highest summit, is an exercise of real moral value. It may humiliate a man to find that his highest bit of yesterday was only a hairbreadth above failure. Never mind-a hairbreadth will do to begin with. It's the highest thing there, anyhow, and so it is the best thing

to start from in sight. Once started, the nearest possible summit is the one to make for and conquer, and have ready to start from to morrow. There are no air castles on this practical route; everything is solid and substantial, what there is of it. The smallest hillock on which one has actually stood yesterday is better than all the cloudland peaks of to morrow that ever were imagined, as far as actual never lift life's level. They only make it look more dreary and dusty, and set people to complaining and longing baselessly for vague and un-deserved happiness. Firm ground half a foot high is better, every time. "He never does less than his bess," was the explanation given of the steady rise and success of a young man, the other day, "and he betters his best most of the time." What had luck to do with such a marcher as that? He outpaced it up the hills. And the lives of earth's great men, indeed, emphasize the summit start.

"Happy is the father who is happy in his boy, and happy is the boy who is happy in his father."—Catholic Columbian. OUR BOYS AND GIRLS

SAINT FRANCIS BORGIA

You will be attracted toward this of the Jesuits than as a great duke. You remember that the general of the Jesuits, Father Wernz, died a few weeks ago or just after the death of Pope Pius X. You see, from the first founder, Saint Ignatius, down to the present day, there has been an unbroken line of generals of the Order of Jesus. Many of them have been canonized.

nized. been canonized. Saint Francis Borgia was given the name Francis, after Saint Francis of Assisium. His pious parents had great love for Saint Francis of Assi-sium, and at an early age the little child was taught to honor him. He are alreaded and shid and

He was taught to honor him. He was always a pious child and grew in love of God. As he grew to manhood this love increased. His companions were carefully selected by his night y his pious parents; and when he grew to maturity he had no desire to associate with the vicious. One of his dear friends was Garcilas de Vega, a famous poet, who is honored to day by all who know his writings.

The death of the pious emprets, Isabel, was indirectly the cause of making Saint Francis Borgia give up the world. He was one of the friends of the emperor, who was asked to accompany the body to Granada. When they arrived at Granada those who had charge of the body had to who had charge of the body had so vouch that it was really the body of the late empress. When the coffin of lead was opened, instead of the beautiful face they had seen so often, beautiful face they had seen so often, there was before them a face decayed and quite unlike the face of the beautiful, brilliant woman they had known during life. Our good Duke of Borgia could testify only that he was sure the coffin before him contained the same body as the one

entrusted to his charge. This proof of the nothingness of this life so affected the Duke of Ganda that he turned his whole attention to preparing for his eternal salvation. His duties towards his people were afterwards performed with more carefulness, his life was moulded more and more after that of Saint Ignatius Loyola. To aid him he placed himself under the instructions of Father Peter Le Fevre, who was t one time associated with Saint Ignatius.

He began making his preparations to leave the world, or to retire to some Order. An account of how he prepared for this new life would be most interesting. He left Gandia in 1640 mith a source of income his line 1549 with a song of joy on his lips. He was ordained a priest of God in the year 1551. Ever after when it was possible he chose the most difficult tasks, the most lowly places in the Order. Often he went the streets ringing a bell and calling the children to study the catechian What a grand teacher he must have Father Laynoz, second genera of the Jesuits, die in 1565, and Saint Francis Borgia was elected superior of the Order.—Sunday Companion.

WHAT THE ALTAR BOY SHOULD REMEMBER Nothing can be small or unimport. ant which is connected with a dig-nity the angels covet. The first re-quisite is punctuality. Who would keep royalty waiting his own con-

apart a language for this purpose. In the House of God our mother-



The Catholics of Mexico have appealed to the Catholics of the United States. Down from the caves in the mountains, out from the dismantled and polluted temples, up from the ruins of the desolate convents they are calling for help. There are tears in the voices of their bishops and priests, their religious and nuns. They are homeless and hopeless and hungry. They who chose a single day in the house of the Lord above a thousand years in the dwellings of

sinners have been driven forth from the abode of their desires. Mass is the abode of their desires. Mass is not said at many an altar, the light has gone out of their sanctuaries, the door of the tabernacle stands open, and they are exiles from their churches and convents. And all this has come to pass because they love God. They have been tried in the fire and not found wanting, they have given proof of their faith, they have shown their fidelity in suffer-ing. They have been persecuted for

ing. They have been persecuted for justice's sake. Theirs has been a glorious part, and like the Christians of old they are proud to have been found worthy to suffer something for Christ. So much for them, but what

of ourselves? What of ourselves ? What have we done in the matter? Oh, we have expressed our indignation, but indignation is cold comfort to those in sorrow. We have felt undoubted shame that we should even unwit-tingly have had some share in the wrong, but our shame has affected only ourselves. Sympathy, too, has welled up in our hearts, but with some notable exceptions it has re-mained in our hearts, it has borne no fruits; and we know that by its fruits it shall be tested. So far we have done little for the Catholics in Mexico, and this although we are wrong, but our shame has affected Mexico, and this although we are certain that they are the suffering members of Christ. They are those

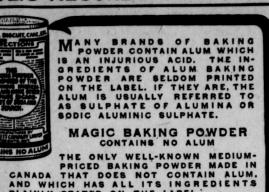
members of Christ. They are those of whom Christ said, "Amen I say to you, as long as you did it to one of these my least brethren, you did it to me." Surely we should be happy to give our Lord to est and to drink, and to take Him in, if He were a stranger without a place whereon to lay His head. What a mysterious thing it is, that what we do for His friends, He counts as done to Himself, as a personal favor writ-ten down in the book of life against the dread day of judgment! And the converse is true as well, if we re-

fuse. In both cases He says, did it to me." The appeal of Mexico is not, indeed, so urgent or so in-In both cases He says, timate that it involves for us the extreme penalty or even the slight displeasure of Christ; but it is a retusal all the same to do it for Him And if our reason for doing so is mere thoughtlessness or selfishness, ought we not to be ashamed? We have given Christmas presents to our friends. Why not offer a present now to the Christ Child, to be given to His brethren who are in bitter

need? A blessing will come from the Master for all those who put it in His power to say, "You did it for me." Nor is it only the rich who should take this to heart. We know should take this to heart. we know that our Lord rejoiced exceedingly over the widow's mite. Children, too, might do something, for Christ is the children's King, and little babes are dying in Maxico of hunger

and pestilence. Some slight act of self denial, a pleasure foregone, a luxury deferred, will mean little to

BLAISE



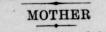
E. W. GILLETT COMPANY LIMITED

WINNIPEG TORONTO, ONT. MONTREAL.

TAINS NO ALUN True enough," said the otherruel torments, died at the hands of his executioners and is honored by the Church as a martyr, his feast be-ing celebrated February 8. The candles used in the ceremony on that day are specially blessed for the purpose, the formula translated into English being as follows: "Almighty and most merciful God, Who by a single word didst create all the various things in the world ; and Who didst wish that that same Word through which all things were made his executioners and is honored by

PLAINLY STATED ON THE LABEL.

"true enough. You are the most circumspect informant I ever met in all my life. Here's a coin for a smoke and a glass of wine, when you're through with your day's work." And as the learned professor con-tinued his journey he kept repeating to himself : "A most uncommon stamp of mind. I maintain that."-Ave Maria.



Backward, turn backward, O Time in Thy flight : Make me a child again, just for to

derful things, for the confession of whose faith the glorious martyr and bishop Saint Blaise, despising differnight. In what has not at some time ed the haunting refrain of that ent kinds of torments, did happily sweet old song, bringing with it may. attain the palm of martyrdom; and be, the half forgotten accents of a voice long hushed and turning and Who among other graces, did bestow upon him the special gift of curing by Thy power all ills of the throat, we humbly beseech Thy Majesty that the light again to the tear dimmed pictures that have hung so long on the walls of the past. And as the regarding not our guilt, but rather appeased by his merits and prayers. Thou wouldst deign to bless and sanctify this war candle, imparting to it Thy grace, in order that all where therefore a touched by it in wizard, Memory renews the scenes of the long ago, how we long "for touch of a vanished hand and the sound of a voice that is still."

Though the frosts of many win-ters have falled upon our heads and Time's relentless fingers have graven whose throats are touched by it in the spirit of faith, may be delivered, by the merits of his sufferings, from all ills of the throat; and restored their records upon our faces the burden of the years falls away 85 8 glance is backward cast o'er the well-remembered forms that lie in to health, may with joyful hearts give thanks to Thee in Thy Holy the silence of the past." In the cen-Church and praise Thy glorious Name which is blessed forever and ever. Through Our Lord Jesus Christ, Thy Son, Who livest and reignest with Thee in the unity of the Holy Ghost, God, world without ter of every picture, the light of every scene, there stands forth one face and one form, that of "Mother." The source of every flood, the center of all the love and consolation and lessing of childhood, the inspiratio end. Amen." All who wish to receive the benefit of the vigorous years of hopeful youth and of manhood's time of of the blessing assemble in the church at an appointed hour; when the achievement, the tender memory of life's autumn years, the love of mother is born earliest, lives longest priest, bearing two of these candles, lighted, and fastened together in the

form of a cross, places them under the chin of the child or person to be and dies last. It may be that we can thank God that no word of ours ever added to her burdens caused her a heartlessed, pronouncing in Latin the ache; if so, even God Himself By the intercession of St. Blaise, bishop and martyr, may God deliver could give no greater consolation to declining years. But if remorse brings back the record of cruel word thee from disease of the throat, and from every other ill. In the name of the father, and of the Son, and of the Holy Ghost. Amen."-Church Proor unloving act only God's forgiveness can wipe it out.

Though far may be separated the scenes of early years, though our eyes may first have opened upon the un of the south or the snows of the north, we have in common the love of home and mother. If she The ordinary agnostic has got his facts all wrong. He is a non-believer for a multitude of reasons but they are untrue reasons. He doubts be-cause the Middle Ages were barbaric. He is a non-believer gone before, and is watching and waiting our coming, let us pla derly where her dear dust lies the garlands of our loving memories but they weren't; because Darwinism is demonstrated, but it isn't; because dedicating to her the white flower of miracles do not happen, but they do; because the monks were lazy, but

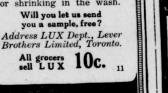
purer living. If her presence still adds its light to our lives let us not keep back the flowers to place upon her tomb, but give them into her living hands that nder grace of loving deeds may

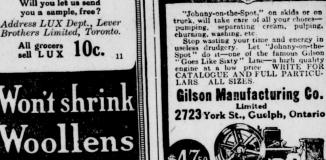


The Grand Cross is conferred only

SEVEN

LUX is a wonderful life lengthener of all woollen and flannel garments. It absolutely prevents them from matting, thickening or shrinking in the wash.





MADE IN CANADA

oh<u>nny on s</u>, the Spot

MADE IN GANADA.



THE CATHOLIC RECORD

2

MAGIC

BAKING

POWDER

priest,

gress.

following invocation :

through which all things were made

should become Incarnate for the re

formation of mankind ; Who art great

and immense, terrible and deserving

of all praise, and the Maker of won

THE GENTLEMAN BOY

An eminent educator, addressing an assemblage of parents, said in

part : "Let your boy with the first lispings of speech be taught to speak ac-curately on all subjects, be they triv-ial or important, and when he becomes a man he will scorn to tell a

"Early instill into your boy's mind "Early instill into your boy's mind decision of character. Undecided, purposeless boys make namby pamby men, unless to themselves and to everybody else.

"Teach your boy to have an object in view, the backbone to go after it, and then stick.

'Teach your boy to disdain revenge. Revenge is a sin that grows with his strength. Teach him to write kind. ness in marble, injuries in dust.

" There is nothing that improves a boy's character so much as putting him on his honor—trusting to his honor. I have little hope for the boy who is dead to the feeling of honor. The boy who needs to be continually looked after is on the road to ruin. If treating your boy as a gentleman does not make him a gentleman, nothing also will.

Let your boy wait upon himself as much as possible. The more he has to depend upon himself the more manly a little fellow he will show himself. Self . depend-ence will call his talents. The wisest obsrift is to help a how to help him charity is to help a boy to help him-

When one is invited to a dinner. much party he dresses, not to gratify his own vanity, but to honor his host. You recall the fate of one who negties of life.-America. A WORD ABOUT ST. lected to clothe himself in the wed. ding garment. There should be no carelessness or untidiness in the

berson of the King's page. Every article worn by the priest when saying Mass has a deep religi-It is at this season of the year when "the grippe" is so generally prevalent, that the devout Catholic ous significance : so too, have the garments of the server a special meaning and are to be treated with nother, with a sigh of relief, antici pates the approaching feast of St. Blaise, through whose intercession she trusts her flock of little ones may the reverent care due to sacred things. Punctuality and proper atbe preserved, during the coming year, from ailments of the throat. tire are only the preparation for pub-lic worship — which consists out-wardly of reverent attitudes and of

rom aliments of the inroat. Yet, nothwithstanding the prompt-ness with which the children, at the proper time, are hustled off " to have their throats blessed," it is likely adoring and supplicating words placed upon the lips by Holy Church herthat but few, even of the saint's cliente, know anything about him, or All this, the altar boy, in his conspicuous place in the sanctuary, should consider, and remember the origin of the custom of blessing especially when making the responses in the Mass. So great is the care of Holy Church

throats in his honor. Alban Batler, in his "Lives of the Saints," tells us that St. Blaise lived n Armenia, towards the close of the

to treat the Word, when He becomes flesh and dwells among us, with proper deference, that she has set third century, and in the earlier part of this life and its transient pleasures and while practising the medical profession, God revealed to him the utter emptiness of this life, inspiring him with the resolution to devote his

tongue is forgotten, and the noble Latin language is used. Respect for a superior can be remaining years to the pursuit of sanctity, and the salvation of souls. shown in no way so manifestly as in the tone and manner of our address. In the course of time he was made a bishop, and won the affection of his people by his shining virtues and the We strive to speak deliberately, gramatically, distinctly. With an equal one may use contractions and colloquialisms; but when God is many miracles he performed in be half of the ill.

and colloquialisms; but when God is publicly addressed in the language He Himself has chosen, each word should be perfectly enunciated, drop-ping from the lips like beads of Persecutions of the Christians being renewed around him, he was finally apprehended and conducted to On his way there he was beprison

ping from the lips like beads of gold. Surely this was one of the ways in which St. John Berchmanns per-formed his duties perfectly. No un-becoming word, we know, was ever spoken by him. Words have wings, and once they are set free, like wild birds, can never be recalled. "Set a invoke his intercession in similar watch, O Lord, before my mouth, and silments, which are usually thereby spoken by nim. words nave wings, and once they are set free, like wild birds, can never be recalled. "Set a watch, O Lord, before my mouth, and a door round about my lips," was the prayer of quick tempered King David, and might well be the prayer of each

luxury deferred, will mean intre to us who have many good things, but much to those wanting the necessi-ties of life.—America. picked out in peculiarly bright colors, gay with gold; because modern science is moving away from the su-pernatural, but it isn't—it is moving towards the supernatural with the rapidity of a railway train.—Gilbert K. Chesterton.

THE AGNOSTIC

they were very industrious; because

A CIRCUMSPECT INFORMANT

A gentleman, presumably a German A gentleman, presumably a German professor, who was traveling on foot from Brussels to Ostend, by way of Ghent, had just left the last men-tioned town when he came upon an old roadmender seated, head bent, by the messide and engaged in brokhing the wayside and engaged in breaking stones. "How long will it take me to get to

Bruges, my good fellow ?" asked the pedestrian stopping beside the old

"He's deat," said the professor to himself. "The administration ought to have more sense than to hire such complexent." employees. They can't give one any information, or help one in any way." And continuing to grumble, he proceeded on his journey. Scarcely had he walked fifty yards, however, when the old fellow called

however, when the out tends cannot out to him: "Sir! I say, sir!" The surprised traveler turned around, exclaiming, as he walked back: "Oh, ho! So you are no longer deat! You've recovered your voice perfectly I see. Well, what is it? What do you want of me?" "Sir, it will take you at least two hours to get to Bruges." "Indeed ! Well, you took your

brighten life's afterglow as the shadows of evening fall.-The Casket. THE IRON CROSS HISTORY OF GERMAN DISTINC. TION FOR VALOR ON THE

BATTLEFIELD

Shortly after the opening of hos tilities the German Kaiser following the precedent established by William I, reinstituted the famous Order of

the Iron Cross. The New Yorker Staats Zeitung furnishes an inter-esting history of this coveted mark of distinction which is awarded solely for the performance of deeds of the highest valor on the field of battle. King Frederick William III. of Prussia founded the order on March

10, 1813, as a reward for services rendered to the Fatherland in the Napoleonic wars. The plainness of the iron insignia was intended to There was no reply, nor was a remind its wearers of the hard times second inquiry any more successful; that had brought into being. It was a small iron maltese cross inlaid with a narrow silver band just inside the

> mounted by a small crown, and the date 1813. As is customary in the case of royal orders, there were two classes and a grand cross, the latter twice the regular size. In 1841 a per-manent endownment was added pay ing fixed annual sums to the wear-

ers of the decoration. On July 19, 1870, the day that France again declared war on Prus sia, the order was revived by King William I. on the same conditions as originally instituted. At that time the three oak leaves were dropped and the letter W, the orown, and the date 1870 were substituted for the original marks, but the leaves were restored by an order of the Imperial Council in 1895. The decoration as

There are wheat foods and wheat foods, some "flaked," some "krumbled," some "puffed," some ground into meal-but there's only one



It is made at Niagara Falls of the choicest selected Canadian whole wheat, steamcooked, shredded and baked. It is made in little loaf form so the housewife can serve it in many ways-a staple breadstuff as well as a breakfast cereal-always pure, always the same price.

Shredded Wheat is made in two forms, BISCUIT and TRISCUIT-the Biscuit for breakfast with milk or cream, or with fruits; Triscuit, the wafertoast, delicious for luncheon with butter or soft cheese, or for any meal as a substitute for white flour bread.

