

Mange Bien

by Etta Lott

Here is a recipe that will delight everybody.

- Fruits delight
 3 bottles of vodka
 2 baskets of apples (red)
 3 bags of marshmallows
 1 lb. grapes
 1 teaspoon full of vinegar
 1 lb. peanuts
 3 bags of jellybeans
 1 bottle of Abby Wine
- Instructions:
 Mix ingredients in five gallon bucket and crush until contents are gooey. Simmer gently. Then

serve.

Stuffed Camel
 From: Miss Bawn Forde, Tripoli, Libya:

Ingredients: One medium size camel

Four lambs or goats — the lambs should be of medium size or alternatively three sheep may be used.

Twenty chickens.

One hundred and twenty eggs.

Approximately twenty kilogrammes tomatoes or twenty tins of tomato paste.

Approximately fifteen kilogrammes onions.

Salt and seasoning to taste.
 Method: Kill, skin and eviscerate the selected animals.

Take the livers, kidneys, hearts and tongues and chop these into fine pieces. Kill, pluck and eviscerate the chickens adding their hearts and livers to those of the animals.

Place the eggs in boiling water until hard boiled then place in cold water until required.

Peel and chop up the

onions and mix in with the chopped offal and if using tomato paste mix in this too.

Add seasoning generously and bind the mixture together with ground millet, oil and any spare eggs you have.

Remove the shells from the hard boiled eggs and squeeze the eggs into the cut tomatoes, wrapping the whole in the above prepared offal mixture. If fresh tomatoes are not at hand, then wrap the eggs in the offal-paste mixture.

Stuff the chickens with wrapped eggs and grill

slowly, turning frequently. The camel and the sheep or goats should also be mounted on spits and the grilling of these should commence with the chickens. When the chickens appear to be well cooked through, they should be quickly stuffed inside the sheep or goats together with some surplus wrapped eggs to fill up any spaces. Continue roasting the sheep or goats until the meat is cooked in depth and then quickly transfer into the camel avoiding any undue cooling. Cooking is continued over a slow fire until done.

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AROUND HALIFAX

SATURDAY, MARCH 6
 — Opera. Cohn.

SUNDAY, MARCH 7
 — Opera. Cohn.

TUESDAY, MARCH 9
 — "Civilization". Cohn.

WEDNESDAY - SUNDAY (MARCH 10-14)
 — Arts Symposium. Cohn.

THURSDAY, MARCH 11
 — Issac Stern Concert.

SUNDAY, MARCH 14
 — Hamburg Chamber Concert, Cohn 3:00 p.m.

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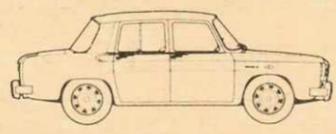
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