



The thirsty steed loves to be let loose from the harness. Then he enjoys the fresh air.

occupation. If a man is not ashamed of his profession or work, there is no reason why a woman should be ashamed of hers.

Any girls who try to live up to a creed like the above, deserve a good husband in every way.

Well, now, I must stop my pen lest this should be too long. Hoping to see this in print, I will say adieu. Thanking you for so much space and wishing you all the season's greetings.

Bookworm.

#### Does Not Fancy the Prairie

Jan. 1st, 1915.

Dear Friends—When I wrote before, setting forth my ideas on various things,

little did I foresee what I was in for in the way of answering letters. They just rolled in by every mail. I take this opportunity of thanking all who wrote and of wishing you all, including the editor, a very happy New Year. You Westerners are certainly good correspondents. Is it the vast distances or the loneliness or just warm hearts?

Well, girls, I received three long-distance proposals of marriage. Got 'em down in black and white. So you see it does not hurt to speak your mind occasionally. To tell the truth, I was surprised that the boys looked favorably upon such a cross-grained old maid of 22. However, I am not made of the heroine stuff, so couldn't possibly accept any of the three and go and live away

out behind sundown on a prairie homestead. Brrrr! Think of the dreadful winters and the discomforts, etc. Excuse me, all lovers of hardship and drudgery, but me for the village and town every time.

One thing that strikes an Easterner like myself (have only been transplanted a few years and can't as yet wax enthusiastic over the treeless prairies), is the way the Western bachelor can cook. One chap writes that he cooked a full-course Christmas dinner all by his lonesome, and "it wasn't half-bad either." I should imagine they would make ideal husbands, because they would know just what a woman is tied down to after she is married. You know the Eastern men think all there is to housework is meals.

Bless us, wouldn't a woman get off easy if all she had to do was cook three meals? My brother, whenever he had to "bach it," never washed the frying pan. It seemed to go against the grain with him, but he always washed the dishes. Then you know the Eastern man can't sweep worth a cent. He will whisk the broom about a few times in the centre of the floor and scatter the dirt into the four corners of the room where it can't be seen—or so he fancies.

How many have been skating? I've been out four times. The ice up our way is in splendid shape and our hockey team is a crackerjack. We are the candy team.

How does the Englishman like our national winter sport? Such a number

# KIDNEY AND STOMACH

**Troubles and Nerve Breakdown--Dr. Cassell's Tablets, the Great British remedy of World-wide repute, prove of inestimable value.**

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"I kept trying all sorts of things, but it was all of no use—nothing helped me—until at last I got Dr. Cassell's Tablets. The result amazed me and all who knew me. I could positively feel new health and strength growing in me, and to-day I am exceptionally strong and fit.

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Mr. H. S. Morgan.



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