The Governor of Massachusetts signed the bill to prohibit the use of plaster of Paris and such stuff

n making bread. The Johnson homestead at Stratford. Conn., cannot be rented and. olished because of will be demolished because of spooks of the 1776 period. Salvatore Bosco, chef of a Pitts-

burg hotel, was sent to an asylum for distributing dollar bills to children on the street. Since the sinking of the Lusitania the numbers of Germans becoming naturalized in New York has in

creased 300 per cent. Ernest Missland, a German sail-

or, who escaped from a camp in Australia, was arcested at San Francisco as a stowaway.

Chas. Sebastian is again chief of police of Los Angeles. He was ac-quitted of serious charges, and will run for Mayor later.

Breaking her arm did not deter 13-year-old Jean Mattice of Pon-tiac, Mich., from her school exams. She trained her left hand. George Donovan, big policeman

at Camden, Chicago, got stuck un der a bench trying to get a hiding lad out from under church property and had to be rescued.

Burton Smith, Atlanta attorney when his client was jailed for act-ing on his legal advice, vainly wanted to serve the sentence fo

Vegetables, Fruits, and Honey. Bulletin No. 184, on "The Uses of Vegetables, Fruits, and Honey," has just been issued in revised

Ier, quitted Sing Sing for another jail to be away from the "rough associates." A \$1,600 cluster diamond ring was kicked around in rubbish at Frederick, Md., before Mrs. Evard Kepner got it back.

The Same Teeth. Among some recruits waiting to be passed by the doctor for a Tyne-side battalion was a miner from a local colliery, a fine strapping youth. After a good many had been examined it came to Georgie's turn, and everyone pre-sent thought him a likely recruit. The the conflict is thus rapidly becoming MOTHERS OF LITTLE ONES MOTHERS of LITTLE ONES No mother of young children should be without a box of Baby's Own Tablets. The Tablets are good as a doctor in the house. The record shows that more than 105,000 horses were exported during the first three months of 1915. Later local colliery, a fine strapping youth. After a good many had been examined it came to Georgie's turn, and everyone pre-By the time a flirt gets tired of the game there is seldom a man the first three months of 1915. Later exports are not yet ascertained, but are estimated at 35,000 hears are not yet ascertained, but are estimated at 35,000 hears are not yet ascertained, but are estimated at 35,000 hears are not yet ascertained, but are estimated at 35,000 hears are not yet ascertained, but are estimated at 35,000 hears are not yet ascertained, but are estimated at 35,000 hears are not yet ascertained, but are estimated at 35,000 hears are not yet ascertained, but are estimated at 35,000 hears are not yet ascertained, but are estimated at 35,000 hears are not yet ascertained. The total exports last year were, in orund numbers, 93,000 head, as compared with 29,000 head in 1913. Practically all of the horses shipped to Europe last year were purchased for military purposes. France, England, Italy, Switzerland, Roumania and perhaps other count ries, have been among the buyers. It is estimated that they have paid of strife shut out, a world of shut in. Home is the blossom from thes are some conset of which heaven is the fruit. The solution of the or there, is pretty good proof that we can keep on supplying horses for the gratest war in history as long as the true free term of the conset of the conset of the conset of the conset of the small of the sentence on the sente sent thought him a likely recr The doctor, after looking Georgie's teeth remarked sadly looking a "I'm sorry, my lad, I cannot pass ou; your teeth are too bad." Wey, if this isn't a licker," replied Georgie. "Ye passed th' same teeth visterday wi' Bill Smith

"Automobiles are paradoxical

Mabel: "How are you getting on at college, Percy?" Percy: "Oh, all right. I'm trying awfully hard still more satisfactory from the standpoint of health and efficiency. There should be an interval of about five hours between meals so to get ahead, you k.ow." Mabel: "Well, goodness knows, you need as to give the digestive organs am

Minard's Liniment Lumberman's Friend Cleopatra's Needle weighs 180

ity and dilatation during all the waking hours and part of the time allotted to sleep. No food of any kind should be taken between meals The common habit of tak-



Though not a year has gone by since the shipment of horses to the European war zone set in, approxi-mately 250,000 have already been pur-chased in America. They are now go-ing out at the rate of about 35,000 a month. or 420,000 a year, with no sign of a let up until the war ends, so that anybody can readily see what may 

 Frederick, and, before area with and strength. Sold by all Crawfish made holes in the Brushy Creek dam near McAlister, coal mines flooded.
 health and strength. Sold by all bealth and strength. Sold by all control dealers or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co. Brockville, Ont.
 Inst nunger in between by sold by all tobacco.
 of a let up until the war ends, so that anybody can readily see what may happen if the struggle goes on until one side or the other stops from ex-haustion. The possibility that we may happen if the struggle goes on a structure tor at the time could only observe that no man had brighter eyes or a clearer voice.

Health), and there is little doubt but that the vast majority of peo-ple would find two meals a day still more satisfactory from the standpoint of health and efficience.

CLEAR-HEADED

as to give the digestive organs am-ple opportunity to do their work, and have a brief rest between meals. This is particularly true of the stomach, which should not be kept in a state of constant activ-ity and dilatation during all the waking hours and part of the time allotted to sleep. No food of any since, to the entire exclusion of tea and coffee. It happened in this way:

ISSUE 23-'15

Corns Applied in

Corns Applied in 5 Seconds Sore, blistering feet of rom corn-pinched toes can be cured by Putnam's Ex-"Putnam's" southes away that drawing pain, eases instant by, makes the feet feel good at once. Get a 25c. bottle of "Putnam's to-day.

merable wires of affection, many of which, though extending thousands of miles, are never disconnected

and word ten inficult things; this would be unreasonable and very wrong. Neither should mother or father nag at the child; this will do more harm than good, as the poor little mortal becomes bewildered, and then hervous and frightened. Make it happy while you gently enforce obedience. When you have over come its obstinate fit a warm kiss and word of approval will not be out of place.
Few men are envied because of their wealth.
Few men are envied because of their wisdom; many because of their wealth.
Few men are envied be

-+-

### Monotonous.

"Black specks dance before my res, doctor," complained the soiety patient. 'That is very annoying and mon

'Yes; they never have any nev dances.

Keep Minard's Liniment in the hous

## Knew Their Appetites.

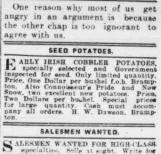
Knew Their Appetites. Mrs Docherty: "Anything fresh about the war this mornin", Mrs. Malone " "Nothing much." re-plied Mrs. Malone. "The position is practically stalemate alorg the whole front." "Stale maye, is it." exclaimed Mrs. Docherty. "Troth, just wait till me two lodgers and our Patrick get to the front; there-won't be a bit of stale mate left. won't be a bit of stale mate left These are the bhoys to shift th grub

ZAM-BUK AND OUTDOOR LIFE.

Every tennis or ball player, every swimmer, every canceist, every man or woman who loves outdoor life and exercise, should keep a box of Zam-Buk bandw.

handy. Zam-Buk is a purely herbal prepara Zam-Buk is a purely herbal prepara-tion, which as soon as applied to cuts, bruises, burns, sprains, blisters, etc., sots up highly beneficial operations. First, its antiseptic properties render the wound free from all danger from blood polsoning. Next, its soothing properties relieve and ease the pain. Then its rich, herbal balms penetrate the tissue, and set up the wonderful process of healing. Barbed wire scratches, insect stings, skin diseases, such as eczema, heat rashes, ring-worm, bables heat sores, chafed places, sore feet-are all quickly cured by worm, bables' heat sores, chafed places, sore feet—are all quickly cured by Zam-Buk. It also eases and cures

piles. All druggists and stores. Us Zam-Buk Scap also; 25c. per tablet.



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towns.

has just been issued in revised form by the Ontario Department of Agriculture, for distribution to the members of the Women's Insti-butes, although anyone desiring a Gopy will receive one free upon application. It is packed with in-formation of a most useful and valuable nature to women who de-sire to be successful housekeepers. The uses of vegetables are given a very wide treatment, and some of very wide treatment, and some of the recipes under this heading will the recipes under this heading will surprise as well as delight the thrifty and tasteful woman who reads them. Instructions on cook-ing, salad making, and dressings are fully given, attention being well divided between the plain and fancy divided between the plain and well divided between the plain and fancy dishes. It is the same with fmuits. Hints on handhing fruits raw, cooked or in combination form and as canned or jellied, are many, and some of the receipts are among the very best. Housewives may also learn much that will be new to them regarding the culinary uses of honey, especially in cake-mak-ing. Any woman with this bulletin at hand can at any time of the year bring forth out of her domestic treasure things new and old for both the hungry and the dainty.

### Very Much Alike.

The minister who acted as the visiting chaplain to the local prison visiting chaplain to the local prison was just emerging from the gates when he met a lady of his congrega-tion. "Good morning, Mr. B.—," said she. "You have been in pris-on, I see. Now, what sort of peo-ple are there in prison?" "Ma-dam," he replied, "they are very much like ourselves, only-they have been found out?". A HIGH

'In what way ?'

one

tons.

"You have to get under them to overlook them."

YOUR OWN DRUGGIST WILL TELL YOU Try Murine Eye Remedy for Red, Weak, Watery Eyes and Granulated Eyelds; No Smarting-iast Eye Cemfort. J Write for Book of the Eye by mail Free. Marine Eye Bemedy Co., Chleaga

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CHESEBROUGH MFG CO. (Consolidated) 1880 CHABOT AVE., MONTREAL meals The common habit of tak-ing sweets, cakes, pastries and fruit at any and all times is not conducive to good digestion and sooner or later brings trouble. Adults as well as children very often give way to this habit, but character in consequence soon-

often give way to this habit, but always suffer in consequence soon-er or later. Nothing but water or lemonade or some similar drink should be taken between meals. Rapid eating is another common means of encouraging dyspepsia, and would be impossible if people took pains to masticate their food as nature intended. To eat to re-pletion is a mistake.

The Idea.

our Co. s branch house here is of a very confining nature. During my tea and coffee drinking days I was subject to nervousness and the 'blues' in addition to my sick spells. These have left me since I began using Postum and I can conscien-tiously recommend it to those whose work confines them to long hours of exercise mental exertion " Many are the changes that have been wrung on the stolen-umbrella joke, and a fresh one has been printed in the Tatler. On the notice board in an Ipswich reading room there recently appeared the following appeal: "Will the gentleman who took a of severe mental exertion." Name given by Canadian Postum Co., Windsor, Ont. Read "The Road to Wellville," in pkgs. horn-handled umbrella from the stand on Wednesday kindly return it to the librarian?' Some one. Postum comes in two forms: Postum Cereal — the original form-must be well boiled. 15c and 25c packages. Instant Postum—a soluble powwrote beneath in pencil, "Certainly not; weather still unsettled."

Dad Could Tell.

"Where," said the land agent addressing an audience of possible purchasers, "where else on the face of the globe will you find in one place copper, tin, iron, cotton, hemp, grain, game—" A voice replied: "In the pockets of my youngest son."

Instant Postum—a soluble pow-der—discolves quickly in a cup of hot water, and, with cream and sugar, makes a delicious beverage instantly...30c and 50c tins. Both kinds are equally delicious and cost about the same per cup. "There's a Reason" for Postum. —sold by Grocers. ED. 7.

Minard's Liniment Co. Limited. Gents.--l have used your Minard Liniment in my family and also in m stables for years and consider it th best medicine obtainable. Yours truly, Yooprietor RoxLDFRED ROCHAV. Proprietor RoxLDFRED ROCHAV. Livery Stables. in my Miss Passe : "Have you heard of ny engagement?" Miss Cutting :

