

teaspoonful of lemon juice to rt of water will make rice

D. GRAUEL

as Goose

Lecturer.)

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A bit of cloth or chamois should be tept in the sewing machine drawer to ripe off the machine before beginning to

A good mixture to set color in cotton naterials is one tablespoonful of turpen-ine, a handful of salt and a pail of cold

A few drops of parafilin added to shoe lacking will impart a good polish to amp shoes and also help to preserve

The ground about a plant or shrub hould be frozen to a depth of at least we inches before winter protection is

After boiling or frying, if any fat has pattered on the stove wipe it off with aper immediately, and the stove will e clean.

Warm towels are a great comfort in the bathroom, and may be had by hav g a pipe rack connected with the heat

Time will be saved if a frying pan or, iddle is wiped with a piece of news-iper to remove the surplus grease beit is washed.

When hats have become grayish and tabby, they can be brightened by rub-ing over them a flannel sprinkled with few drops of kerosene.

small sewing bag with needles, ad, thimble, etc., and hooks, eyes buttons, is a great convenience to occupant of the guest chamber.

Marks that have been made on paint matches may be ren

acid will clean wicker cha tables. Apply the acid will thbrush after stains are the article thoroughly, r warm water and then in

To Women Who Dread Motherhood on How They May Give Birth althy, Children Absolution No woman need H. Dye de

to Dr. I. H. Dr 111 St. to happy, healthy chil-out fear of pain, also h er. Do not delay but write TO-DA

qualified to represent the Indian point of view. "On the other hand, we disassociate ourselves as completely from Bhownag-gree's attempt to revive again the gen-eral controversy over the exclusion of Indians from the dominions. Every community has the right to select the material upon which its future depends, and Indians who claim free admission to all parts of the empire in the name of British citizenship only prove their total fack of understanding of the prin-ciples on which that citizenship is based."

Reflections. (Detroit Journal.)

The prodigal son is about the only (figure in history that really ever came Quite naturally, is isn't the man with level head who does the most but-

a never need who have the how our ting in. Of course, we should all love our neighbors, but the trouble is our wives are apt to object.

The Conqueror's Return. (Chicago Record-Herald.) "I was rather embarrassed," the an ateur hunter confessed.

"Why so?" "When I got back to camp after my first day out the fellows greeted me by singing ' See the Conquering Hero Comes." And all I had done was to shoot off my guide's left car."

Family Man

you should save part of your earnings. There's no telling when a severe sickness may lay you up, or you may find yourseif out of employment. Have you made provision for your family in such a case r

An account in our Savings De-partment would be an emergency fund which will grow into a tidy investment for the benefit of those dependent on you. 19

The Bank of Nova Scotia

Capital and Surplus \$17,000,000 Total Resources over \$75,000,000 BRANCHES OF THIS BANK to every Canadias Province, and in Newtoundland, West Indies, Boston, Chicage and New Totk

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Borrows on His Prospects. Rich Father-I fear that young man f yours is living beyond his means. Daughter-O, no, paps, he hasn't any.

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