

portion of amusements. Scarcely is there a farmer who does not own a pair of horses and a sleigh, or sledge, which he employs usually, a part of the winter at least, in visiting his distant friends. Travelling here is so habitual, that a farmer and his wife think it nothing extraordinary to make an excursion of six or seven hundred miles in the winter to see their friends; neither does such a trip incur much expence; for they usually carry with them, in their sleigh, provisions for their journey, as well as grain for the horses. This may be considered as a great amusement, affording the most lively satisfaction, and forming the mind with redoubled vigour to undertake the fatigues of the following year. In point of health, I should be wanting in gratitude not to express my most hearty approbation of the climate of this country. I prefer it to any within the compass of my experience, for salubrity as well as pleasure. We hear indeed of lake fevers, but they are but little known; in truth, I believe they originate in general from indiscretion. In the warm season of the year the working people are very apt to overheat themselves, and drink profusely of water, probably sometimes stagnant water; such imprudence would produce a similar effect in any country.