

"All Worked Out"

What hosts of women there are who feel that these words exactly suit their case. "They are all worked out." They have spent their nerve force and vitality in the care of their children, in the daily grind of house work, in nursing the sick and suffering, in attending to social duties and church work, and in spite of headaches, weakness and feelings of weariness and depression have kept going.

But there is a limit to human possibilities and sooner or later there must come a day of reckoning. With some it takes the form of nervous collapse and prostration, with others serious feminine disorders set in and often there are weary months and years of helplessness and infirmity.

But why neglect the health until the vitality is so far depleted, Dr. Chase, the woman's friend, has put within the reach of every woman a preparation which restores wasted nerves and builds up run down systems. Dr. Chase's Nerve Food is, on account of its mild and gentle action, especially suited to the needs of women. It supplies the body with an abundance of pure, rich, life-giving blood and puts new vigor into every organ.

By reading the letters published in this book from women in all parts of the country you will find that Dr. Chase's Nerve Food has proven a great blessing to them. It is altogether different from any medicine you ever used because it cures by building up the system and restoring lost strength and vitality.

It will prove interesting to you to weigh yourself while using this great food cure and to note the increase week by week as new flesh and tissue is added and the form rounds out to healthy proportions. You can feel yourself getting better while using Dr. Chase's Nerve Food. Vim and energy is restored, ambition revived and hope and confidence take the place of discouragement and despondency.

Why Beauty Fades and Sufferings Come

Real beauty is rare. It belongs to perfect health. Just as soon as the blood gets thin and watery and the nerves become exhausted beauty fades, wrinkles show themselves, the beautiful curves give way to leanness and angles. Nervousness quickly destroys beauty of face and form. The female organism becomes deranged and there are sufferings almost unbearable at the monthly periods. Too often women come to believe these mysterious pains and aches a part of their existence. They fail to realize that by keeping the blood and nerves in perfect health they can preserve youth and beauty and avoid an endless amount of suffering.

Dr. Chase's Nerve Food, the great blood builder and nerve restorative, is woman's greatest blessing from youth to old age. It helps her over the trying periods of her life and prepares the system in every way to perform naturally the duties of womanhood.

System Broke Down from Overwork

A widow woman whose efforts to provide for herself and family brought on physical exhaustion.



MRS. MCPHERSON.

Mrs. D. McPherson, of Forrester street, Truro, N.S., is a widow who earns a livelihood for herself and family by keeping books. After the work of the day is over she has the cares of a home on her mind, and under these circumstances it is little wonder that her health gave way and she found it necessary to use a restorative. The success of Dr. Chase's Nerve Food in her case is another example of the wonderful power of this preparation in building up the system and making the weak strong.

Mrs. McPherson, says:—"Last summer I got all run down from overwork, my nerves were unstrung and I had peculiar feelings in my head for which I could get no relief. Being advised to try Dr. Chase's Nerve Food, I did so and must say that I never used anything in the way of medicine that did me so much good. In fact this food cure built up my whole system so that to-day I am fully restored to good health. My head is entirely better, I sleep well and have been wonderfully benefitted by this preparation."