when you moved forward it was gone. Who will reveal the secret of this thing which all men seek and none seem to find? It is like seeking gray trout in the lake and finding none, and then sailing day after day in search of them and never gaining the object of your pursuit; but years afterwards there remained the remembrance of the rocky caves, the deep cool waters, the glowing sunset, and the singing of the birds. The secret of gladness is in the keeping of Christ, and you will obtain the joy by not seeking it, but by following Christ. The Saviour never set gladness before Himself as the object of His pursuit, though it is said, "Who for the joy that was set before him, endured the cross." He was not inspired by an ambition for posthumous fame. As a mother toils and cares for her children, never thinking of her own interests, but inspired by love, and finds her supreme joy in ministering to them, and the joy that is set before her is the prospect of their future comfort and prosperity, so the joy set before Christ was the prospect of seeing the end of His work in the blessings it procured for the redeemed race, their deliverance from sin, and their future blessedness and eternal salvation. method of giving joy to others is in union with himself. He said: "These things have I