EXHIBIT 6A - INSTRUCTIONS FOR COMPLETING A TYPICAL TRUCK BILL OF LADING

- 1. Shipper's name and address.
- 2. Shipper's reference.
- 3. Point of origin.
- 4. Carrier's reference.
- 5. Date of shipment.
- 6. Consignee's name and address.
- 7. Place of final destination.
- 8. Name of second and third carrier(s) (if applicable).
- 9. Number of packages and type of packaging.
- 10. Description of goods including marks.
- 11. Gross weight.
- 12. Freight rate (as quoted by carrier).
- 13. Total freight charges.
- 14. Select box as applicable.
- 15. Mark "x" if applicable.
- 16. Value of shipment.
- 17. Shipper's name, signature and date.
- 18. Carrier's name, signature, date and trailer number.
- 19. Consignee's name, signature and date.