"There is a Tide, Etc.

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"I wish to say that I am interested in inducing people to get more of the phosphates into their bones. I am a dentist, seventy years old, and I have seen so many young people with teeth as soft as cheese, simply structures of nothing, comparatively speaking. I wish people could be educated and learn what to eat. I think Shredded Wheat comes the nearest to a perfect food." Dr. C. F. Blood, New London, Conn. Send a post card for our book of Food Facts and Food Values.

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