

mind, and convince the judgment that the views advocated are according to truth." We give the following extract from another letter :

"The *Day-Star* I received, and my heart was truly warmed up while I read and meditated on the precious pieces it contained, and the very name led me back to the days while I walked in spiritual darkness, for it was a volume of the *Day Star* that first began to dispel the cloud, and to exhibit the Sun of Righteousness. I trust the *Canadian Day-Star* may be blessed in leading multitudes out of nature's darkness into the light of the glorious gospel of Jesus Christ. I expect to become a subscriber for the little monthly, and have got other two who wish to have one each, and I am going to try if I can get a few round here to become readers of it. I do wish that every family would but begin to read such. I know it would as truly lead many to the Saviour as the star in the east led the wise men of Jerusalem to the discovery of the infant Saviour.

My heart's desire and prayer is that you may be guided and directed by the spirit of Jesus, to breathe through the *Star* the light of life as revealed from on high in such simplicity and plainness that the mountains of gross darkness and theological barriers may be dispelled from myriads of minds that the Sun of Righteousness may shine into their hearts and bring forth a harvest of glory unto him who loved us and gave himself to redeem us from all iniquity, and to purify unto himself a peculiar people zealous of good works."

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Rest.—Rest consists in all the wants of our nature being met. We are thinking, emotional, and will-endowed beings. That we may be at rest we need suitable objects of thought, proper objects on which to place our affections and in which our desires may be gratified, and a sphere of action. There is true solid rest for our souls only in God. He is an object of knowledge whom we may study by reading the volumes of creation, providence, and grace. He is a Being infinitely loving and lovely, whom we may love and adore, and in whom our yearnings after enjoyment may be fully satisfied. His will as expressed in his just and good and holy law is our duty in conformity to which we find our bliss. There is rest in God for man as a sinful being. God has revealed himself in Christ as our Saviour-God. By Jesus we return to God as our rest. Hence the kind invitation of the Redeemer, "Come unto me all ye that labour and are heavy laden and I will give you rest." The atoning sacrifice of Jesus is the way by which our souls return to him. O wanderer from God in quest of happiness, speak to thy soul—say, "Return to thy rest, O my soul, for the Lord hath dealt bountifully with thee."