HOUSEHOLD.

For Bruises.

Active children are very apt to tumble about in summer, when they have free privilege to roam out of doors, and they sometimes sustain serious bruises. While these lege to roam out of doors, and they sometimes sustain serious bruises. While these are too trivial to require a physician, it will save pain and black and blue spots, to keep a soothing lotion in the house, which will reduce the local inflammation. The most simple and effective remedy is one part arnica to five parts water. When a serious bruise has been sustained, of course, clear arnica may be applied, but this is not necessary for ordinary cases. It should be remembered, however, that arnica is poisonous, and for that reason should be kept labelled and safely locked out of reach of people who make mistakes and of meddlesome children. some children.

Before it is Too Late.

If you have a grey-haired mother In the old home far away, Sit down and write the letter You put off day by day.

Don't wait until her tired steps Reach heaven's pearly gate, But show her that you think of her Before it is too late.

If you've a tender message Or a loving word to say,
Don't wait till you forget it,
But whisper it to-day.
Who knows what bitter memories
May haunt you if you wait—
So make your loved ones happy
Before it is too late.

We live but in the present, We live but in the present,
The future is unknown,
To-morrow is a mystery,
To-day is all our own.
The chance that fortune fends to us
May vanish while we wait.
So spend your life's rich treasure
Before it is too late.

The tender words unspoken, The letters never sent,
The letters never sent,
The long-forgotten messages,
The wealth of love unspent.
For these some hearts are breaking, For these some loved ones wait,
So show then that you care for them
Before it is too late.

Selected Recipes.

Croquettes.-Boil until very tender chick-Croquettes.—Boil until very tender chicken or veal. To two pounds of meat add three raw eggs, butter, salt, pepper, nutmeg and onions, a little celery salt is good. Add the juice boiled down to about one-half cup, thickened a very little. Make into small pyramidal forms, roll in egg and cracker and fry in hot lard. Serve hot.

About 'World Wide.'

REV. PRINCIPAL MACVICAR, D.D.

Presbyterian College, Montreal,
Feb. 9, 1901.

The Editor 'World Wide,' Montreal: I have read 'World Wide' for several I have read World wide for several weeks, and cordially recommend it as fitted to be eminently useful in the homes of the Dominion. I wish the publishers all success in this new venture.

D. H. MACVICAR.

PROFESSOR DE MILLE.

King's College, Windsor, N.S., Feb. 14. Messrs. John Dougall & Son, Montreal:

Gentlemen,—I have carefully read the first six numbers of 'World Wide,' and write to express my appreciation of your admirable little waying

write to express my appreciation of your admirable little review.

Your general plan is excellent, and the various selections are made with taste and judgment. At a time when there is so much self-praise among the magazines one reads with pleasure the modest announcement of your paper, followed as it is by so useful a synopsis of the trend of current thought. Your success should be sure.

Very truly yours,

A. B. DE MILLE.

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S. B. ROGERS

Charlotte, Mich.

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FRED. J. CASS.

London, Ont., Feb. 8, 1901.

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