

Classified
PROFESSIONAL

DR. J. D. MacMILLAN
DENTIST
Over H. S. Miller's Store
Telephone 73

Dr. J.E. Paré, M.D.C.M.
PHYSICIAN AND SURGEON.
Office at Residence formerly the
R. R. Call Property.
Office Phone 188 Newcastle, N. B.

Insurance!

Representing strong Companies,
I will be pleased to attend to any
business I may be favored with.
O. NICHOLSON
Hanover St.
Near Court House
18-26

GRANITE
SHERARD
WORKS
MONCTON, N. B.

Fall Term
at
FREDERICTON
BUSINESS COLLEGE
opens
TUESDAY, Sept. 2nd 1924
Write for full particulars at
once, and ask to have a place re-
served for you.
ADDRESS
F. B. OSBORNE, Principal
Box 928 FREDERICTON, N. B.

Trucking
I am prepared to do any and
all kinds of trucking which you
may require. Quick service and
moderate charges. Phone 228 or
arrange with me personally.
FINLAY COPP,
30-Pd. Newcastle, N. B.

NEXT
Who will it be?
If it is your turn to be in
an Accident have you your
income assured.
\$25.00 per year is not
much, yet when applied to
an Accident premium it
means \$25.00 per week as
long as you are disabled.
Insure today and be sure
W. E. RUSSELL
AGENT
Newcastle, N. B.

Notice
All persons are warned that tres-
passing on Beaubear's Island is
strictly prohibited and any person
who is found on the Island will be
prosecuted.
G'BRIEN LTD.
July 13th, 1922. Nelson, N. B.
19-26
To "Union Advocate"

Frost & Wood's
Machinery & Repairs
OF ALL KINDS
ALSO
FORD CARS
Call and see the 1924 models
and get prices and terms
Gordon Davidson
Phone 44 Newcastle, N. B.

For Sale
To the ratepayers of Sillikers
School District No. 7 1/2 in the parish
of South Esk, we hereby give notice
that all unpaid taxes must be paid
on or before the 15th day of
August or proceedings will be taken
to collect them.
BY ORDER OF TRUSTEES
Edward Travis, Sect.

FOR SALE.
The Estate of Joseph Whedden of
Curvinton, Northesk, N. B. Con-
sisting of 100 acres more or less of
Lumber and Farm land; House of
10 rooms with sheds and furnish-
ings, (running water in house
and at barn;) farm machinery;
one cow; one yearling; hens, yard
and coop. Hay, potatoes, oats
planted also a good garden. Farm
well fenced with wire.
Would prefer to sell complete
but will sell furnishings separate.
JANE S. WHEDDEN
Per Joseph Whedden,
Curvinton Post Office,
30-2 North Esk, N. B.

Teacher Wanted.
A first or second class female
teacher for Sunny Corner, School
District No. 6, Parish of North Esk.
Apply stating salary to:—
ALLEN TOZER,
Sec'y of Trustees,
Sunny Corner, N. B.

50c PER HOUR FOR LIMITED NO.
Of men while learning to operate a
repair auto and tractors, battery work
oxy-acetylene welding, tire vulcanizing
taxi and truck driving. Special terms now
on. If you want big pay and a successful
future, apply at once to Hemphill's Em-
ployment Service, 163 King St. W., Tor-
onto, Ont.

Teacher Wanted.
First or second class teacher
wanted for District No. 2 Parish
of Derby. Apply stating salary to
ALEX. DAVIDSON, Sect'y
Upper Derby, N. B.

NOTICE
Notice is hereby given that unless the
undermentioned rates and taxes assessed
in School District number Six in the
Parish of Chatham in the County of
Northumberland with expenses of ad-
vertising are paid within Two months of
publication of this Notice the real estate
of such ratepayers will be sold or other
proceedings taken for the recovery of the
rates.
Name Year Amount
Thos. Keenan Estate 1920 \$2 50
" " " 1921 2.00
" " " 1922 2.5
" " " 1923 2.60
Dated at Douglasfield in the County
of Northumberland this Twenty-first
day of June in the year of our Lord one
thousand nine hundred and twenty-four.
Sec'y of the School Trustees.
26-9 IRA BREHAUT

WOOD FOR SALE
I am hauling mill wood from
Fraser's this summer. Let me
have your order now. First-come
First served.
Phone 162-21. E. E. BENSON

NOTICE
Professor F. J. Liscombe has
opened a Studio in St. James'
Hall and will take a limited num-
ber of pupils in Voice Culture and
Piano. Enquire at Mrs. J. H.
Troy's residence, t. f.

Mill Wood For Sale
Slabs & Edgings at \$1.00
per load, Cash with order
Orders must be left at office.
D. & J. RITCHIE Co. Ltd.;
223-

AGENTS WANTED.
Men with or without sales experi-
ence make big money handling our
line of 75 family necessities.
Exclusive territory.
J. R. WATKINS COMPANY
379 Craig West.
Montreal, Que.

The Fatigue Habit

Oftentimes one can look back and
discover what in the first place was
the real cause of the fatigue which
has settled down upon one and be-
come chronic. But the strange
thing about it all is that although
the cause has totally disappeared,
yet the tiredness persists.
Now there is such a thing as the
fatigue habit, just as there are other
bad habits—the habits of losing
one's temper, of faultfinding, of
taking the easiest way, of being
curious, et cetera. If one is sure
that fatigue is due to genuine
physical causes—a digestive system
that is not working well and taking
thorough care of the body waste,
or to overstrain from too much work
or unfavorable surroundings—then
it is well to have a day of reckon-
ing in order to decide whether the
tiredness is the result of an acquir-
ed bad habit.

The acquisition of a bad habit is
easy and swift. Once started, you
get to the bottom of its badness be-
fore you know you are there. Now
what do you suppose has most to
do with making the descent so
swift? It is that great power be-
hind the throne of habit: An IDEA.
And what do you suppose an idea
is? Well it is an act making up
its mind to be born.
Then it is rather important, is
it not, to have the right kind of
thoughts? All the more so, since,
frequently, these ideas do not seem
to be particular about asking leave
to be born.

There is a vast deal of force in
that little thought which pops in-
to one's head, often uninvited, from
goodness knows where. Its power
is almost endless, but there is
one way of using it of which we
seldom think; turning it upon our
selves, reversing our ideas, telling
ourselves that we are not tired,
not silly, not week-kneed.

We hear much about houseclean-
ing, street cleaning, civic clean-
ing, but what about a housecleaning
time for ideas, thoughts and habits
—in short, mental hygiene and sa-
nitation, cataloging and fil-
ling and stock taking—which will
end in the summary ejection of
unclean or vicious thoughts, silliness
false ideals or useless and bad
habits.
The moments of half-sleeping
and waking at night time and
in the morning are the most impor-
tant in all the twenty four hours.
They are fallow field for whatever

**"Tired and Worried
Nervous and Despondent"**

Mrs. M. Chevalier, Belle River, Ont., writes:
"For eight years I suffered from despondency and nervousness.
Sometimes I could not sleep at
night for worrying and the next
day I would be so tired that my
work was a burden to me. I be-
gan using Dr. Chase's Nerve
Food and can say I am now en-
tirely relieved of the nervousness
from which I used to suffer, and
things do not worry me as they
used to."
"Dr. Chase's Ointment also re-
lieved me of eczema on my arms,
which had bothered me for three
years. My house is never with-
out Dr. Chase's Medicines."
Dr. Chase's Nerve Food
60 cts. a box of 60 pills, Edmanson, Bates & Co., Ltd., Toronto



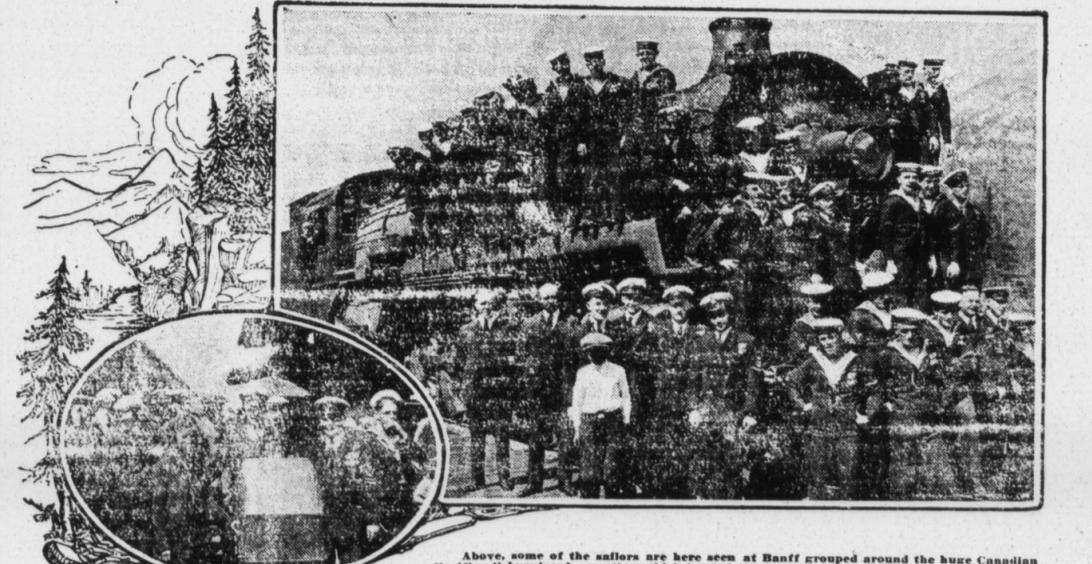
**The Quality Is Much Higher Than
The Price**
Let Us serve your needs in
Hardwood Flooring
B. C. Douglas Fir
Windows And Doors
Mouldings Etc.
Ask for Our Prices.
GEO. BURCHILL & SONS
WOODWORKING FACTORY
Phone 108-6 South Nelson, N. B.

Grapple with them! Don't
hesitate! Toss them out, head
over heels!
Remember, it was partly your im-
agination that brought upon you the
miserable habit of tiredness and
made you in the end really ill. Its
power must now be reversed until
it has restored vigor and health and
brought happiness with it. Simply
to assure yourself that you are
NOT tired is one of the best first
steps to take.
You want to be vigorous, fresh,
dynamic. It will mean love,

WILSON'S
FLY PADS
Kill them all, and the
germs too. 10c a packet
at Druggists, Grocers
and General Stores.
The Advocate \$2.00 Yr.



Visiting Sailors Tour Canadian Rockies



Above, some of the sailors are here seen at Banff grouped around the huge Canadian
Pacific oil-burning locomotive which headed them through the Rockies. Inset—Peran-
bulating at Revelstoke.
Through the courtesy of the Dom-
inion Government twenty-five offi-
cers and two hundred and twenty
men of the British Service Squadron
on tour were given a trip from Van-
couver through the Rocky Mountains
as far as Calgary by special Canadian
Pacific train, returning by way of
Edmonton. The men were selected
from the Flag Ship H.M.S. Hood,
H.M.S. Repulse and H.M.S. Adel-
side. All through the mountains the
train was given most enthusiastic re-
ceptions from people lining the sta-
tions wherever it stopped and shout-
ing their greetings from the smaller
ones as it passed. During a stop of
two hours at Revelstoke the entire
crowd was taken to the top of Mount
Revelstoke in automobiles. At Field
it seemed impossible to get the train
away, so anxious were the people to
heap flowers and congratulations on
the men. Banff citizens met them
with automobiles and showed them
around at night on arrival and again
in the morning when they visited the
bathing pools. The reception at
Calgary was equal to that accorded
the visiting sailors all along the line,
and all day they were entertained at
receptions and banquets, closing the
day with a ball at the Palliser Hotel
for the officers and a smoker at the
armoury for the men.
Throughout the trip the sailors
were as busy photographing as being
photographed. All of them have
travelled far and viewed the scenery
of many lands, but they are unani-
mous in the opinion that the beauty
of the Rockies—Banff National Park,
Albert Canyon and so on, is superior
and more grand by far than anything
else they have seen.