

'After the birth of my baby'

To gain thirty pounds in three months, and win back health and strength was the happy experience of Mrs. Margaret Brethour of Cornwall, Ont., who gives all the credit for it to Dr. Williams' Pink Pills.

"After the birth of my baby, I was in the hospital four months," she wrote, "and came home weighing only sixty-five pounds. I began taking Dr. Williams' Pink Pills and it wasn't long until I weighed ninety-five pounds and my general health was of the best. Every Spring since then I take the pills as a tonic, and wouldn't be without them, no matter what they cost; I strongly recommend them to all mothers."

Buy Dr. Williams' Pink Pills now at your druggist's or any dealer in medicine or by mail, 50 cents, postpaid, from The Dr. Williams Medicine Co., Brockville, Ont.



Dr. Williams' PINK PILLS
A HOUSEHOLD NAME IN 34 COUNTRIES

British Motor Exports

London Times Trade Supplement: American manufacturers have a huge outlet at home for standardized products that are as suitable for the conditions in most export markets as for those in the United States. They begin, therefore, with the initial advantage of an assured protected home market which justifies mass production quite apart from export requirements. This production in volume has enabled certain American firms to extend costs on each unit to an extent impossible for smaller makers to emulate. American firms have also had a great advantage in being able to develop the comparatively new manufacturing and exporting business while other industrial nations were at war. They made the most of their opportunity and established their service agencies and advertised their cars aggressively all over the world. That is the position which the British manufacturer and exporter have to face. After the War they had a great deal of leeway to make up, and naturally concentrated attention on the relatively small British market. In luxury cars and in commercial vehicles the British have nothing to fear anywhere in the world, but their small light car has been made to suit British conditions, including the British system of taxation. No motor engine in the world is as efficient as the British high-compression engine, which gives a much better mileage per gallon of spirits than the American; but the car is built for good roads, and to get the best results fairly frequent gear change is necessary on hills.

Two Languages

Winnipeg Liberté (Ind.): It is all very well being bilingual but we should not be so to our own cost. We should know enough to speak out loudly and clearly in French when occasion demands it. This is not merely a question of our pride of race, but even more so of our own very best interests.



Acid Stomach

Excess acid is the common cause of indigestion. It results in pain and sourness about two hours after eating. The quick corrective is an alkali which neutralizes acid. The best corrective is Phillips' Milk of Magnesia. It has remained standard with physicians in the 50 years since its invention. One spoonful of Phillips' Milk of Magnesia neutralizes instantly many

times its volume in acid. It is harmless and tasteless and its action is quick. You will never rely on crude methods, never continue to suffer, when you learn how quickly, how pleasantly this premier method acts. Please let it show you—now.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any drugstore.

Reformers Get Scant Following In South Seas

Natives of the South Sea Islands Hard to Move from Old Customs

CLOTHES? RIDICULOUS!

Wear such ugly clothes? Go to all that bother? Not on our lives, said the South Sea Islanders. And the chief who had been struck with reforming zeal almost lost his leadership in the same way that King Amullah found trouble in Afghanistan when he tried to modernize his people. The chief had come back from a mission station with a stock of European clothes, Jack McLaren tells us in an article in the New York World Magazine on the South Sea Islanders lacking of desire to change their ways. The chief intimated "that henceforth the people were not to run around more or less nude, as they had always done, but were to wear clothes 'all-same white men,' including boots and hats." At first all seemed to go well, but finally, we read:

The people declared against the scheme, giving as their reasons that washing the clothes would be more laborious than washing the body; that boots merely impeded the action of the feet; that a man did not need the protection of a hat when he had a great thick head of hair, as all the natives had; and that, altogether, European clothes were strikingly ugly, especially the trousers, which looked ridiculous besides.

Hinting that they doubted whether a chief who sought to inflict such things on his people really had their interests at heart, they threw away most of the hats and boots and ripped the other garments into ribbons wherewith to decorate themselves at the tribal feasts and dances. And the chief was wise enough to drop his reforms and let matters go as they had gone on before.

Another reaction against ill-timed progress took place in one of the Torres Strait islands, off the New Guinea coast, and the disturbance was caused by the Australian administration nominating native councillors to manage the island—a plan to teach the islanders self-government. Many of the islanders objected to certain of their fellows being raised above them by an outside authority, and there were violent quarrels, often ending in bloodshed. In fact, a blood-feud arose and became so acute that half of the villagers shifted their belongings and started a village on a different part of the island. Peace was restored in the end, however, and the scheme of self-government was eventually accepted. The native councillors nowadays are respected and rather pompous persons who see nothing ridiculous in the fact that usually their sole costume consists of a red guernsey bearing across the chest in large white letters the word "Councillor."

Then there is the case of a New Guinea chief I knew who after a trip to civilization, which taught him much about vermin and their relation to personal cleanliness, ordered the people of the village to cut short their hair. Now, New Guinea natives, particularly the young men, are intensely proud of their hair, which in many cases makes a mop two feet or more across, and the chief's order caused a great uproar. The people threatened him with all kinds of violence, from sudden death to slow torture, and the village sorcerer was employed to threaten him with various mysterious ills. They even set fire to his house. His pet pig was found one morning mysteriously slain, and two of his dogs were poisoned.

At another island I stepped right into the middle of a revolt caused by a native missionary having insisted that the people sleep in beds instead of on the floor or on the ground, as was their custom. They were gathered about the missionary, telling him angrily that, being accustomed to rolling freely about the floor, they continually fell off the beds and hurt themselves. They declared emphatically they would not sleep on such dangerous scaffoldings any more. I suggested they put sides to the beds

DO YOU STAMMER?

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like those of a ship's bunk, and in the end they agreed to do it.

At Cape York, in far-northern Australia, where, the only white, the writer spent eight years establishing a coconut plantation, he thought he would try his hand at improving the lot of the exceeding primitive blacks. He tried it in this way, we learn:

I decided I would cure them of their habit of living by the chase, change their nomadic ways in general and make agriculturists of them. To this end I gave them plots of land, and seeds and plants, and taught them tillage. I put a lot of time and effort into the undertaking, but it was a complete failure. After a very little while the people refused to go on, saying that hunting was a quicker means of obtaining food than waiting for it to grow, and that it was foolishness to take all this trouble to make things grow when the jungle was full of fruits and things which could be had for the picking, and that they were very angry with me for introducing such a scheme. And that was the end of that. In setting out to change the habits of such well-established nomads, I had attempted the impossible.

At times the would-be reformers when there were women. In the mountainous interior of New Guinea I came across one such. Her special brand of reform was the abolition of a new tribal dance which had been introduced from the coast and was rapidly becoming popular. When I first saw her she was standing on the high verandah of a thatched house in the center of a village, vigorously telling a mostly naked crowd of about 200 squatted on the ground below that the old dances were quite good enough for the proud people of the hills, and that there was something evil in this new dance, as it called for the women to be completely clothed, which was not the right way for women to dance! For hours she kept it up, stamping and gesticulating all the time, and when the attention of the crowd seemed to waver, she signaled to a number of grotesquely painted persons near her to beat loudly on the drums. She was definitely magnetic, and I learned later she was the daughter of a long line of fighting chiefs. Her efforts resulted in creating considerable disfavor for the new dance for a time. But after a while her influence waned and the dance was taken up again.

At a blacks' camp in a remote part of tropical Australia, an aboriginal girl who had been employed as a domestic servant at a distant town conceived the idea of teaching her brethren to live as she had seen white people live. The tribes took no heed at all of her advice.

In one of the lesser known of the Solomon Islands, "where sorcery is a highly lucrative form of blackmail, practiced exclusively by males," a native woman caused a tremendous sensation by announcing she had "discovered" a new and infinitely more powerful form of the art." Quoting further:

The other sorcerers denounced her as an impostor, and the villagers took sides. There were many fights. Finally a test of skill was arranged, the male sorcerers to use their charms and spells to destroy the woman, the woman to use her charms and spells to destroy the males. News of the contest spread widely, and crowds of natives from distant villages came to watch. But just when all was ready, a government patrol arrived and announced that a charge of murder would follow the mysterious death of any one on either side. That ended the contest, and the visitors went home with a distinct grievance against the patrol, who, they considered, had cheated them out of a legitimate entertainment and caused them to make a long journey for nothing.

The Individual

Democracy means nothing if it does not mean the realization by the individual of his responsibility. If the individual fails, the body of which he is part will become corrupt, and democracy will perish. In religion, if the individual fails the body will fail, because the individual in religion goes right back to the New Testament. He is the salt; he is the leaven; he is the grain of mustard seed. And it is only in so far as the individual, whether he be in religion or in politics, can live the life that is demanded of him for the health of the whole, that that whole can live at all.—Rt. Hon. Stanley Baldwin, M.P.

Canada a British Country

Ottawa Journal (Cons.): (President Hoover complains of the record of crime in the United States.) In this Dominion we are still largely imbued with those high ideals of culture and civilization and civil and religious freedom for which Britain has always stood and from which the American Republic cut itself off over one hundred and fifty years ago. This is not to deny that the United States contains millions of as fine people as are to be found on the face of the earth. The trouble is that it also embraces so many of the other kind of which Mr. Hoover complains.

Use Minard's for the rub down.

Looking Three Ways

A poor man who had achieved an enviable reputation among his neighbors for a happy, contented disposition, was asked for an explanation. "It consists in nothing more than making a right use of my eyes," was the reply. "In whatever state I am, I first of all look up to heaven, and remember that my principal business is to get there. Then I look down upon the earth and recall how small a place I shall occupy when I am done with life. Afterwards I look about me and observe how many there are who are in all respects more unhappy than I."

Unquestionably your eyes have much to do with the matter of our soul's contentment. If we used them as wisely as the poor man of this incident, contentment would cease to be with us less a matter of possession and more a matter of making the most of that which we already have.

THE RESPONSIBILITY OF EVERY MOTHER

The child in the home is a never-failing source of joy, but, at the same time a never-failing responsibility to the fond mother. It not infrequently happens that minor ailments of the child distress and puzzle her. She does not know just what to do, yet feels them not serious enough to warrant calling in the doctor. At just such times as these it is found that greatest help and friend.

Most childhood ailments arise in the digestive tract—the bowels become clogged and the stomach sour. Baby's Own Tablets are a never-failing relief for this condition. They are a mild but thorough laxative and through their action on the stomach and bowels they banish constipation and indigestion; break up colds and simple fever; allay the pain accompanying the cutting of teeth and promote health-giving sleep. Concerning them Mrs. W. Jenning Mackay, Ont., writes:—"I have used Baby's Own Tablets and think so highly of them that I would not be without them. Please send me your little booklet on the care of children."

Baby's Own Tablets are sold by medicine dealers or by mail at 25 cents a box from the Dr. Williams' Medicine Co., Brockville, Ont.



"Do you think by bathing suit is forward?"
"Well—about 50-50 forward and backward, I'd say."

The Christianization of China

Stephen Gwynn in the Fortnightly Review (London): Europeanization has at least to some considerable degree meant Christianization among the leading Chinese. It is easy to be cynical about Kellogg's Pacts and the rest; indeed, it is difficult not to be. But a China whose governing persons were even partly Christianized should find it easier to come to reasonable terms with a somewhat demilitarized Europe. In the old disputes between Imperial China and militarist Christian Powers it was very difficult for any man to establish a common ground of justice, mutually understood.

Faults

Don't make too much of the faults and failings of those around you—even be good to yourself, and don't harry your soul over your own blunders and mistakes.—Ada C. Sweet.

SMART'S LAWN MOWERS

CANADA'S BEST!

It isn't possible to build a better lawn mower than SMART'S. Smart's Mowers have proved their superiority wherever grass is grown. Easy running, keen cutting and absolutely guaranteed.

ASK YOUR HARDWARE MAN FOR JAMES SMART PLANT BROCKVILLE ONT.

Red Rose Tea comes direct to us from the finest tea gardens, then straight to your grocer—brimful of flavor and freshness. Every package guaranteed.

RED ROSE TEA

"is good tea"

RED ROSE ORANGE PEKOE is extra good

Dying Sayings of Great Men Real or Traditional

Addison. "See how a christian dies!"
"Or see in what peace a Christian die!"
Byron. "I must sleep now."
Caesar (Julius). "Et tu, Brute!"
Charlemagne. "Lord, into thy hands I commend my spirit!"
Charles II (of England). "Don't let poor Nellie starve!"
Chesterfield. "Give Day Rolles a chair!"
Cromwell. "My desire is to make what haste I may to be gone."
Franklin. "A dying man can do nothing easy."
Goethe. "More light."
Hobbes. "Now I am about to take my last voyage—a great cap in the dark."
James V (of Scotland). "It came with a lass, and will go with a lass."
Knox. "Now it is come."
Matabean. "Let me die to the sounds of delicious music!"
Mahomet. "Oh Allah, be it so! Henceforth among the glorious host of Paradise."
Napoleon I. "Mon Dieu! La Nation Française! Pète d'armee."
Napoleon II. "Were you at Sedan?"
Nelson. "I thank God I have done my duty."
Rabelais. "Let down the curtain, the farce is over."
Scott, Sir Walter. "God bless you all."
Lindsey Algenon. "I know that my Redeemer liveth. I die for the good old cause."
Socrates. "Crito. We owe a cock to Aesculapius."
Tasso. "The worst is I cannot see."
Tasso. "Lord, into Thy hands I commend my spirit!"
Vespasian. "A King should die standing."
William III of England. "Can this last long?"
Wolfe, General. "What! do they run already? Then I die happy."
—Brewer. "Reader's Handbook."

Keep Minard's in the Medicine chest.

Flattering Phrases

"Do you believe everything you see in print?"
"Sure" answered Senator Sorghum, "I'm a busy man and have only time to read my biography in the Congressional Directory."—Washington Star.

One unpleasant consequence of the swelled head is the cold shoulder.—"Boston Herald."

It May Be Urgent

When your Children Cry for It

Castoria is a comfort when Baby is fretful. No sooner taken than the little one is at ease. It restless, a few drops soon bring contentment. No harm done, for Castoria is a baby remedy, meant for babies. Perfectly safe to give the youngest infant; you have the doctors' word for that! It is a vegetable product and you could use it every day. But it's in an emergency that Castoria means most. Some night when constipation must be relieved—or colic pains—or other sufferings. Never be without it; some mothers keep an extra bottle, unopened, to make sure there will always be Castoria in the house. It is effective for older children, too; read the book that comes with it.



Classified Advertisements

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SINGLE COMB WHITE LEGHORN
Baby chicks, bred for high production for 25 years. Prices for May 14c, June 12c, July and August 10c. Delaware Poultry Farm, Stratford, Ontario. Estab. 1903.

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four varieties, price 2c up. Write for free catalogue. A. H. Switzer, Stratford, Ontario.

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local agents who are ambitious, generous commission. Lists supplied. 347 Adelaide St. West, Toronto.

ELECTRIC MOTORS FOR HYDRO,
4 horse \$15, 1 horse \$40. All sizes at low prices; 25 years square dealing. Write Left Electric Co., London, Ont.

Stains on Stockings

Try borax water to remove shoe leather stains from light-colored stockings. Soak them, then wash as usual. If this is not effectual add half an ounce oxalic acid to two cups of water. Rinse in this solution and wash thoroughly afterward. Repeat until stain disappears.

For soot stains first brush the stain, then cover with a good absorbent powder as French chalk, fuller's earth or corn meal. Work the powder over the spot until it becomes soiled, then brush it off. If the fabric is washable, sponge or wash with soap and water. If unwashable, rub gently with chloroform or gasoline.

Do not attempt to sweep soot from a carpet until it is covered with dry salt. This should be done at once, then swept off carefully.

Living within the income means living without the worry.

MUSHROOMS DAY

Earn upwards of \$25 weekly growing mushrooms for us, in cellar or other waste space. Deliver to our nearest branch. Light pleasant work for either sex. Illustrated booklet sent anywhere, for stamp.

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OUR business is to raise high egg production. White, Brown and Buff Leghorns, Barred and White Rocks, R. I. Reds, Anconas, Black Minorcas, Buff Orpingtons, White Wyandottes. 12c per egg, 2000 for delivery guaranteed. Write order for FREE CHICK BOOK. SCHWELGER'S HATCHERY 226 Northampton Buffalo N.Y.

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Burned From The Sun?

Minard's will bring soothing relief. Apply Minard's too for any skin irritation.

MINARD'S "KING OF PAIN" LINIMENT

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"I took Lydia E. Pinkham's Vegetable Compound for miserable and tired feelings and it gave me strength to do my work. My nerves are better and I feel well and strong and have a good appetite." I sleep well and am in pretty good spirits and able to work every day now. I recommend the Vegetable Compound and you may use this letter as a testimonial."—Miss DeWena Wallace, Union Street, North Devon, New Brunswick.

Lydia E. Pinkham's Vegetable Compound

Lydia E. Pinkham Med. Co., Lynn, Mass., U.S.A. 2nd Edition, Ontario, Canada.