

Health and Home.

Table oilcloth is a sanitary substitute for wall paper in the kitchen.

Newspapers wrapped around ice will prevent it from melting too rapidly.

A small piece of salt pork boiled with fricasseed chicken will impart a richness to the gravy.

Absorbent cotton, if quickly applied when milk or cream is spilled on cloth, will prevent a stain.

Never clean an oil painting with soap. Go over it very carefully with a piece of wool saturated with linseed oil.

Devised Crackers.—Split water crackers, spread with butter, sprinkle with grated cheese and cayenne, place in a hot oven until the cheese is melted and serve hot.

Toasted Brown Bread.—Cut a plumb loaf in thin slices. Butter and place in the oven ten minutes or until slightly crisped. Serve hot on a warm plate.

Lettuce or celery may be kept fresh and crisp for several days by wrapping in a cloth wrung out of cold water and then pinning the whole in a thick newspaper.

Potato Dressing.—Potato stuffing may be used for any fowl, though it is better for ducks and geese. Take 3 cups of mashed potatoes, 1-2 cupful of cream, 3 tablespoonfuls of butter; season with pepper; whip thoroughly, adding 2 egg yolks.

Dainty Crullers.—Four tablespoons melted butter and lard, 2 eggs, 1 cup milk, 1 teaspoon cream of tartar, 1-2 teaspoon soda or 1 heaping teaspoon baking powder. Flavor with the grated outside of an orange, salt to suit taste. Fry evenly, and they never fail.

Cream Pie.—Stir to a cream 1-2 cup sugar, 1 tablespoon butter, 2 well beaten eggs, 2 tablespoons flour, 2 cups milk, flavor to suit. Bake with one crust. Or, stir to a cream 1-2 cup sugar, 1-4 cup flour, 1 egg, a pinch of salt, 1 pint good cream, flavor to suit. Bake with one crust.

Savory Ham Sandwiches.—Chop lean cooked ham fine and beat into each cupful of the minced meat a tablespoonful of salad oil, a teaspoonful of vinegar, a saltspoonful of French mustard, six olives, chopped fine, and a teaspoonful of minced parsley. Work all to a paste and spread on thin slices of white bread.

Cheese Cups.—Cut slices of bread very thick, pare off the crusts and press a round cake of butter half way through the middle of each slice. Take out the crumb enclosed in this circle. Butter the bread and set it in the oven until dry and crisp. Now fill the hollow in each slice with a mixture made of a tablespoonful of butter, four tablespoonfuls of grated cheese, a tablespoonful of cream, a pinch of salt and pepper. Set for five minutes in a hot oven. Serve.

Tomato Soup Without Stock.—Press one canful of tomatoes through a colander, add a tablespoonful of butter, salt and pepper to taste, a half pint of boiling water, and cook fifteen minutes; add half a saltspoonful of soda, and when it has done foaming remove the scum and add a quart of very rich sweet milk. When it boils add a tablespoonful of flour smoothed in a little cold milk, stirring constantly to prevent lumps. Boil two minutes, remove from the fire, and serve.

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