## Only January

## The intramural schedule

	Hend.	I-12 a.m. Dent te Hockey 7-8 p.m. Com 3-9 p.m. Law	Forum n B. TYP		8-10 p.m. Ph Mon. Jan. 15 Ice Hockey 7-8a.m. Sn		Hend. SMU Cameron	Tues. Jan. 16 Ice Hockey 6- 7 a.m. 7- 8 a.m.		SMU Comm. B TYP
6- 7 a.m. Bronson vs	Pine Hill M.B.A.	Inte	amur		******			Thurs. Jan. 1 Ice Hockey 6- 7 a.m.		SMU Geo. Bio.
9-10 p.m. Med. B Ed	vic duc.		amor					Fri. Jan. 19 Ice Hockey		SMU
		Basketball on / Eddy 20	0 Fenwick Towers		MBA	Def. Den		6- 7 a.m. 7- 8 a.m.	Dent. Comm. B	Med. B. Law B
Sat. Jan. 13 Ice Hockey Fo 2- 3 p.m. Law A vs	Pharn Came	nacy 30 ron / Shirreff 32 Volleyball		10	Med. B Pharmacy Med. A Men's Basketball	Def. TYP win 2 Che 2 Den	Def. loss mistry 1	Co-Ed Broom		Dent. II Ocean Comm.
Sun. Jan. 14	Came		ef. Smith House		Law B	22 MB/ 36 Com	A 28 nmerce 42	Sat. Jan. 20 Ice Hockey		Forum
	Pharm. Studi	ey	1 Henderson	2	Eng. Geology	17 Che	mistry 28	2- 3 p.m.	Bron.	Henderson
10-11 a.m. Med. vs	P.E. Brons	on III D	ef. Pine Hill B	Def.	Law A	33 Pha	rmacy 30	3- 4 p.m.	Pine Hill	Cameron



## Leisureness and beyond

The Division of Athletics and Recreation Services is offering a continuing program in Leisure Activities.

Yoga classes will be held at the SUB on Tuesday evenings and Thursdays on the noon hour for those persons who desire some relaxation on their lunch break.

Beginning and intermediate ballet will be taught in Studio I of the Arts Centre and the Art College.

By popular demand Disco will be taught at Shirreff Hall and partners are not necessary.

Arabic (Belly) dancing and swimming classes will also be included in the program along with Ladies Fitness Classes.

## Ski champs in Wentworth

by John Tonus

The Atlantic Provincial Championships of Cross-Country Skiing will be held this year at Wentworth, Nova Scotia on February 3rd and 4th. Skiers from throughout the region are invited to attend. Individual races will be held on Saturday, February 3rd at 12 noon and the Relay races will be held the following day, Sunday, at 11 a.m. It is very important that all skiers be registered at Wentworth one hour at least prior to start of the race. No late entrants will be accepted.

Races will range in distance from 15 km to 5 km depending upon the division that racers fall into based on their age. When at Wentworth, entrants can obtain information on where to register at the Hostel.

This year's Championship promises to be the best ever since a new system of trails is now available for use at Wentworth and since new trail grooming equipment was recently made available by a grant to promote Cross-Country skiing in Nova Scotia.