

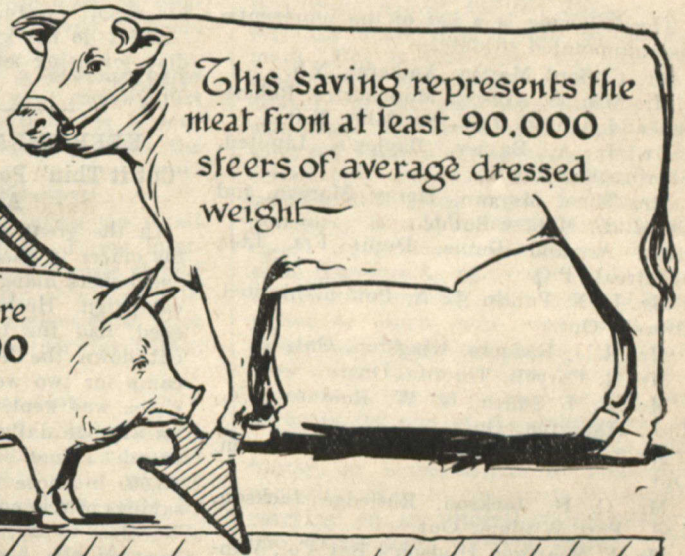
One ounce of edible meat
lean meat, fat and lean, suet or
fat, trimmed from steak, chop or
roast

A One-inch cube of meat weighs about One Ounce.

If saved every day by each of the
1,600,000 families in Canada
would mean a daily saving for the
soldiers and our allies of 100,000
pounds of meat,

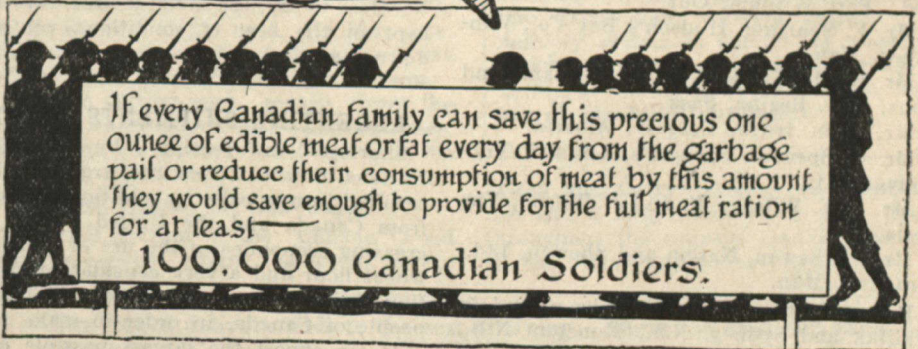
or a saving in one
year of

36,500,000
pounds of valuable
animal food.



This saving represents the
meat from at least 90,000
steers of average dressed
weight

or from more
than 290,000
hogs,



If every Canadian family can save this precious one
ounce of edible meat or fat every day from the garbage
pail or reduce their consumption of meat by this amount
they would save enough to provide for the full meat ration
for at least

100,000 Canadian Soldiers.